

Dakota Student

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UND Welcomes the new Nistler College of Business & Administration

/DakotaStudent

with the grand opening and ribbon-cutting ceremony last Friday

Claire Arneson Dakota Student

UND Homecoming 2022 was full of events and activities for students and alumni. We had our firstever Greek Carnival and pep rally, and we unveiled new projects in the works to former students. Particularly on September 30th, at 11 am, The Nistler College of Business & Public Administration held a ribbon-cutting ceremony. From the Alumni website, they described the building and event as, "the \$70 million, 108,000-square-foot building will be located at the heart of campus and prominently on the quad (NW corner) along University Avenue. The NCOBPA grand opening ceremony will feature words from Werner & Colleen Nistler, President Armacost, Dean Amy Henley, Mayor Brandon Bochenski, and DeAnna Carlson Zink. Complimentary refreshments and self-guided tours will be available to those who are

The ceremony opened with the Pride of the North Pep Band and the University of North Dakota Cheerleaders hyping up the crowd. The Dean of the College of Business, Amy Henley, gave an emotional speech on the history of the build-

ing. In 2019, the state board decided to name the new building after the lead donors Werner and Colleen Nistler. There are 62 named spaces in the building and many of the members of the audience were actually donors themselves. She talked of the hardships they have faced and how it was turned around. "When March of 2020 [hit], everything kind of changed, but we pivoted, the work continued, and the vision and mission of this project continued to accomplish this remarkable goal," Dean Henley said.

Werner Nistler took the stage following the Dean and talked about the symbolism behind the ribbon-cutting. "It is a new start," Nistler said. The Nistler family is a very large one. He had said that two Nistler brothers came over from Europe in 1832, and now there are 2000 descendants around the world. The soft-spoken man gave a heartwarming speech and talked about how UND is a family and how the people in the room were considered a part of his.

Next to the stage was our very own President Andy Armacost. He talked about how the building has been under construction for 2 years, and he sent a special thanks to the construction workers and tradespeople that did the hard work and gave us the building we all appreciate. After a round of applause, he said that all of their hard work was for the members of UND. "This is a remarkable place to bring a world-class education to our students," Armacost said. "Ultimately it is always about our students. Showing them the love, concern, and compassion they deserve."

Another speaker was Mayor Brandon Bochenski, who was a graduate himself of the Nistler College of Business. He recalled the groundbreaking when the weather was not cooperating, but everyone was still happy to be there. He thanked the alumni association for pushing through the pandemic and again thanked the Nistler's for their contribution. Bochenski thanked the citizens of Grand Forks for also helping through paying taxes.

Many others gave speeches at this ribbon-cutting. Mark Sanford, a State Representative, talked about the "sales pitch" that the faculty gave for the new school. DeAnna Carlson Zink, the Chief Executive Officer for the UND Alumni Association, shared her experience in gearing up for the building reveal.



After everyone finished up their remarks, the speakers and other important persons gathered on the stage to conduct the official ribbon-cutting. Two students held the ribbon while Werner Nistler cut it with giant scissors. The event ended with guided tours and more thank you's to everyone who brought the Nistler to life.

PHOTO COURTESY OF ASPEN JEWKES The Nistler College of Business & Administration held a ribbon-cutting ceremony last

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I Am Worried, Darling!

SPOILER ALERT: Florence Pugh, Harry Styles, and

Olivia Wilde dispute rumors revealed

Claire Arneson Dakota Student

I saw "Don't Worry Darling," and I cannot say that I am worried or enthralled for that matter. Not only was this movie either extremely praised or harshly critiqued, but the drama leading up to its release would also be considered a psychological thriller. Audiences wonder if the calamity was staged, if it was for publicity, or if it was real and got out of hand. After the showing of the film at the Venice Film Festival, reviews were pouring in, and they were bad. I used this month's UND movie voucher to see this film this past weekend, and I still do not get it.

Before I talk about the events pre-showing, let us talk about what happened before the credits rolled. We open in the 1950s when Jack and Alice Chambers have moved to a sunny desert where a top-secret operation called the Victory Project is underway. While Jack is at work, Alice and the other wives in Vic-

tory cook, clean, shop, and wait for

their husbands to come home. Alice starts to notice that something is not what it seems when a fellow wife starts to question what is happening when the husbands go to work. This further sets Alice off when she sees a plane crash in the one place she is not allowed to go, the desert. She encounters a mysterious building where her mind becomes warped, they say it is delusions, but it looks like old memories.

like old memories.

Peculiar events start to occur with Alice as she tries to go back to her normal life such as the eggs she bought do not have yolks and her windows start to close in on her. When she tries to talk to her friends and husband about it, they dismiss her and ask her to take medication from the doctor, but she refuses. After Jack gets a promotion -following a very weird-puppet-like dance scene- Alice invites the founder, Frank, over for dinner to confront him. Frank dismisses her claims of

his control and odd society, which

causes the dinner guests to leave

Jack to his wife. Alice asks him to leave with her saying they need to get out of town. He agrees but instead sets her up to be taken by se-

When she is taken in for electric shock therapy, we find out that she lived a completely different life before this. In a modern setting, Alice is a doctor working ungodly shifts, and Jack is an unemployed couch warmer. He is upset that Alice is the breadwinner in the family and found out about the Victory Project through a men's rights activist podcast. We see Alice get dragged away in the flashback and then jump to her reentering Victory with her memory wiped, yet it was not completely gone. She gets another flashback that reveals another twist.

Story continued on page 2



PHOTO COURTESY OF ASPEN JEWKES

'Don't Worry Darling' was released into theaters on September 23rd.

'Don't Worry Darling' story continued

It is a simulation! Alice is currently strapped to a bed, her eyes held open by a device that shows her as the perfect housewife. Jack did this to "give her the life she deserved." We further find out that when he goes to work in the simulation, he is leaving said simulation and going to work in the real world to afford it. Alice is not happy and accidentally kills him while he is begging on his knees. She runs out of the house and tries to wake herself up before Victory can catch her. She makes it to the exit, and the movie ends with a black screen and Alice's heavy breathing, insinuating that she woke up.

The movie itself was better than I thought it would be. It could have been a little

Taylor Hess Dakota Student

In a community built on supporting, playing, and

cheering for hockey, it was

no surprise that the docu-

mentary, Hockeyland, was

showcased in Grand Forks

theaters. For context, this

documentary depicts the ri-

valry between two Iron Range

high school hockey teams,

Hermantown and Eveleth,

and their attempts to make it

to the highly coveted Minne-

sota State Tournament. This

opportunity for each team is

extensively pursued thanks

to scouts attending, publicity

events, and the chance to play

on the biggest hockey stage

in Minnesota many little boys

chance at a hockey career,

they will be left to work hard

labor on the Iron Range mir-

roring many of their parents.

Their lives are put on display:

work, family, tumultuous in-

juries, triumphs, and eventual

Throughout the movie,

disappointment.

only dream of.

tighter, for example, there were a couple of plot holes that were overbearing. Florence Pugh took this role and rocked it. She truly made the movie for me. Although she was very good in this film, rumor has it she had to put up with a lot of chaos. Pugh refused to do PR for the movie, and she remained quiet throughout the press and only seemed engaged when the Venice Film Festival came around. Many speculate that she was silent due to the rumored affair between the director Olivia Wilde and Harry Styles while Wilde was still with her ex-husband Jason Sudeikis.

There was also the Shia Labeouf vs.Wilde drama where Wilde said she fired Labeouf and replaced him with Styles due to concerns of "Miss Flo." Labeouf actually released footage of Wilde begging him to stay, but he could not because of rehearsal time and scheduling conflicts. Pugh and Labeouf seemed to have a good relationship, but after the press got a hold of text messages between the two, it showed them sharing dog pictures with each other, which is something mortal enemies would most likely not do.

The drama continues when the other cast mates went for the press. Critics have pulled snippets from interviews of Chris Pine and Harry Styles speaking of the movie, and people argue that Pine is "obviously" annoyed by what Styles was saying. There is also the spit at the Venice Film Festival. Did Harry Styles spit on Chris Pine? Probably not, but it looked like it. Styles then performed at a concert where he made a joke saying, "I just popped over to Venice to spit on Chris Pine." Pine's publicists say that it did not hap-

Overall, the movie had some good points. I cannot complain about the visuals, cinematography, or the act-



ing, but I will say that it was hard to grasp. The beginning is slow, and although it picks up towards the end, it does not make up for the lacking plot. The title tells us not to worry, but I am. I am worried because it has been 2 days, and I am not sure I fully understand the movie. Why was there an airplane in the beginning of the film? If her whole life was a simulation, how does she get sustenance, or how does she go to the bathroom? Was the movies intention to focus on gender roles? Or was it an excuse to cast Harry Styles?

Through all of this, we are still wondering if the drama was a way to promote the movie or if it was all real. Either way, it did not do the movie any good. To conclude, the movie was not as bad as I thought it would be, but it has left me with questions I do not think will ever be answered. Is this what the director intended? Don't worry about it, darling.

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Hockeyland:

SPOILER ALERT: Minnesota docu-

pursuing their dreams playing hockey

mentary about life for high school boys

the rivalry between the two teams reveals that they are alike in many ways such as, they go to small schools, they have health issues that hinder their ability to play, their dreams, and their drive to play and win. Whichever way they are pitted against each other, it comes down to the way they play the game. At this point, we are also introduced to a young player's mother who has cancer. It is an incredibly touching anecdote that tells the audience it is more than just hockey and easy-going experiences in these boys' lives. To end the rivalry, Her-

It is no secret Minnesota is the state of hockey mantown bests Eveleth in producing more players on the section final game at the highly recognizable AMsmall rinks up to the NHL than any other state. What SOIL Arena in Duluth, MN. Texas has with football; Min-Watching each team face nesota has with hockey. The their coach and locker room after that final buzzer was documentary opens with the vast, tundra-like Iron Range electrifying and disheartening all at the same time. in northern Minnesota setting the stage. We are then The juxtaposition is a heartintroduced to the seniors on wrenching look at the reality both sides of the coin. Herof high school sports. Some mantown is a prominent boys stepped off the ice for dynasty having 13 all-time the final time, and some boys state appearances and two achieved a lifelong dream of championships to their name. playing at the highest level of Eveleth, however, has a rich high school hockey. The tears history. With 15 state appearthey cry, either from joy or ances and six titles, they have sorrow, echo a feeling many not returned to the state tourhigh school athletes have nament since 1998. Many of felt. It is a touching moment our parents recognize both illustrating what it means to teams as hockey monoliths play high school hockey in from their time. Each unit is Minnesota. This section final fighting for this opportunity, game is only the first stepand many of these boys beping stone towards the State lieve if they do not get their

> The thought of playing in the Minnesota High School Hockey State Tournament is where dreams are born. Each year, boys go to be treated as high school royalty; the hotel stay, TV appearances, press conferences, the extensive amount of clothing and mer-

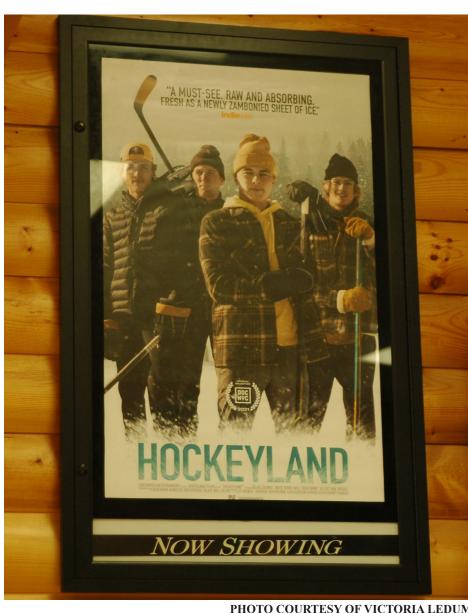


PHOTO COURTESY OF VICTORIA LEDUM

The Twin Cities 'Hockeyland' documentary was released into theaters September 9th.

chandise, the stadium reaching capacity, roaring crowds, and their chance to forever etch their names on that trophy. It is where players receive lifelong recognition and offers to continue their careers beyond high school. It is no shock to Minnesotans watching this documentary how hard each boy wants this. It creates an electric environment, feeling the sheer willpower they exude.

Hermantown fell to Mahtomedi, 2 to 3 in overtime during the final state game. The dramatics leading up to this moment shot adrenaline throughout my body even when I knew the outcome. It was power, grit, and skill showcased in each second that passed. It was the "end-all-be-all" moment we as viewers had been waiting for, and it absolutely delivered. The point of clarity was now seeing both teams, Hermantown and Eveleth, lose. They both experienced triumphs and losses at different points in their season and finally they are level with each other.

It was incredibly hardhitting to watch considering I personally managed my hometown hockey team that faced Hermantown in this documentary taking place in 2020. It can be simple to dehumanize a team that seems to have it all. I remember the pure revenge we felt going into the quarterfinals, eventually falling 7-1. Seeing these

same men, I once watched

living their lives and having the same issues we had seemed unfathomable. The quiet bus rides to and from games, windows frosted over, and heads down eerily reminded me of my four years managing high school boys' hockey. For many in Minnesota, this documentary humanized what is thought to be a "larger than life" hockey team down to a group of high school boys pursuing their dreams like we all are.

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Halloween Movies You Should Watch to Welcome October

Gabrielle Bossart Dakota Student

October is upon us, and nothing says autumn more than cozying up with a warm blanket and watching a classic Halloween movie. The following list of suggestions, while incomprehensive, is a great start to a cinematic Halloween season.

A nostalgic childhood favorite for many, the Halloweentown movies, are a must watch when the leaves start to change. These Disney Channel Original movies are a fan favorite for Halloween, but if you have never watched them, the film series follows Halloween-loving Marnie, her skeptical, rule-following brother Dylan, and their shy but endearing younger sister Sophie as they follow their grandmother into the magical world of Halloweentown. The sibling crew discovers infamous spooky creatures such as werewolves, vampires, ghosts, and more as they explore Halloweentown and embark on a mission to rescue the town from a looming curse.

There are four movies in all,

making it the perfect nostal-

gic series to binge for a family-friendly movie night.

Another unforgettable and equally as beloved movie is the one and only, Hocus Pocus. This 90's classic is another Disney Channel Original and lives on as a favorite of many. Hocus Pocus follows Max and his sister Dani as they move to Salem and accidentally awaken three eccentric witches bent on stealing the souls of children in order to obtain immortality. Hocus Pocus is equal parts comedic, whimsical, and spooky and makes for an excellent double feature movie night, as the sequel, Hocus Pocus 2, has just been released at the end of September. Arriving 29 years after the original, the sequel retains several members of the original cast, notably the famous Sanderson sisters and will take place back in Salem.

Looking for something a little more ghostly? Try Casper, the familiar friendly ghost. Another 90's masterpiece, this film follows single-dad Dr. Harvey and his willful daughter Kat as they move into an old manor and encounter a friendly presence in the form of a charming ghost, Casper. Perfect for when you are feeling sentimental about the magic of childhood, this family-friendly film is sure to get you in the mood for the upcoming spooky season. Throw this movie on in the background of a Halloween party or settle in with a bowl of popcorn and try not to let the 90's CGI scare you too

Maybe you are craving something a little more off-the-wall. If bizarre costumes, memorable characters, and great old music are more your speed, then Beetlejuice is your movie. Beetlejuice is an iconic Halloween movie complete with eccentric architecture, hairstyles, and humor. This zany film focuses on the less popular side of haunting, that of ghosts. It follows Barbara and Adam as they try to eject the peculiar family that moves into their house after a car accident leaves them navigating the bureaucratic nightmare of life after death. There is no succinct way to describe the experience that is watching this movie, but

it is safe to say that if it is



PHOTO COURTESY OF VICTORIA LEDUM

Halloweentown, Hocus Pocus, Casper, Beetlejuice, and Practical Magic are perfect for a Halloween inspired movie night.

your first time, be prepared for some strange happenings and increasingly unusual outfits.

A last suggestion involves a whimsical small town full of potions, spells, and a lingering familial curse. Practical Magic follows two witch sisters as they navigate family drama, messy love-lives, and small-town gossip. Sandra Bullock and Nicole Kidman shine in this magical film that humorously highlights the unique experience of sisterhood. The overall vibes of this movie are perfect for those rainy autumn days where motivation is hard to come by. If you have not already seen this feel-good favorite, give it a try! It makes for a fantastic addition to a Halloween movie watch list.

Any one of these films would make for a wonderfully spooky movie night. If you are feeling crazy, you could even grab your friends and some popcorn and have a marathon. If this list feels woefully short to you it is because there are far too many great Halloween movies to list in one place. So, if your favorite is not included, do not worry, any Halloween movie that you love is perfect for a movie night. However, if you have not seen one or more of these classics, give them a try because you are surely missing out on some spooktacular fun!

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BioLife, Is It Worth It?



BioLife Plasma Services is a Blood & Plasma donation center.

Taylor Hess Dakota Student

Biolife Plasma Center is a fairly familiar facility to college students. It is a plasma donation center located around the United States where plasma can be exchanged for money. It is a simple process that only takes about an hour. Many college students are full-time, which means an addition of a job can cause cramped school schedules, increase stress,

and poor academic performance, so students turn to donating plasma to fund their books, necessities, and gas among other things. The issue arises when students fall into the gimmick of donating for seemingly large amounts of money without looking into the background of their specific facility, the process, and the side effects.

If you have never donated plasma before, the process to become eligible is very thorough. At your first ap-

pointment, you will answer a long questionnaire regarding past medical history, physical health, recent tattoos and piercings along with many other topics. You will then be taken into a physical exam room. They will go over your current medication and other answers to your questionnaire. Finally, if they deem you fit to donate, you will begin donating. Also, each time you donate, you will have your weight, blood pressure, and finger pricked to you do not pass any of these physical markers, you will be turned away for that day. It is important to note that plasma replenishes itself within your body fairly quickly, so it is safe to donate twice over a seven-day period.

With this plethora of safety procedures to ensure your safety, there also come possibly side effects with donating plasma. Some donors can experience fatigue, bruising, bleeding, or dehydration. Additionally, they may feel dizzy or lightheaded, sometimes causing fainting. Also, donors may have serious infections or reactions, which is rare, but they can be treated. It is safe to say if you have class or an important obligation after your first donation, you may want to clear your schedule to see how your body reacts.

I have been donating plasma with Biolife since March of 2022. I donated in Maple Grove, Minnesota where the facility was spacious and clean. The nurses were kind and attentive, addressing my every worry. I donated a total of 15 times until I moved to Grand Forks, North Dakota for college. I decided to return to donating plasma to pay for my extra expenses and textbooks, much like any college student. When I ar-

rived, it was virtually empty

the man next to me was dealt with, a nurse began to feel for my vein, and I passed out soon after. Later I found out they had "blown" my vein meaning they had completely pierced through it. Eventually, they sat me up and walked me to the front lobby to wait. You may think the story is over, but you would be mistaken. As I sat in the lobby sobbing in pain, the man next to me fainted. The nurses are calling out for 911, and soon, the fire department, police, and an ambulance are waiting outside. They had effectively forgotten about me, so I just left. It is important to note that this is my personal experience and is quite rare. However, there are many risks that go with donating plasma. As aforementioned, many students jump at the opportunity to donate in exchange for money without looking into

the process as I did. Since plasma donation is an easy way for college students to earn an income, I decided to speak to my peers who have donated at BioLife in Grand Forks. First year student Haley Kackman states, "I have been going to Biolife since March 2022. I began in Fargo and now up here since I have been attending UND. In Grand Forks, the center is a lot different from Fargo. The nurses are nice, but they do

test your hemoglobin, and if at 4:30 in the afternoon. After not make me feel as connected as I did in Fargo. In Fargo, they would get to know you. It feels like they are slow, and I always have a way longer wait than I should, which is probably because there is not enough help, but it is annoying. I have never had any real problems, but I always feel a little more nervous to go than I would in Fargo." Another student, McKenzie Amerman simply canceled her appointment after speaking to her friends about their experi-

> Overall, Biolife Plasma Centers have safety precautions in place but find it difficult to enforce the same protocol at each chain location. Your experience may vary greatly between each facility. To ensure your safety, it is important to do your research when donating plasma or blood. The nature of the procedure seems simple, but regardless, complications can always arise when you are not prepared.

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Blank Notebooks: How to be Creative and Productive with Something You Already Have

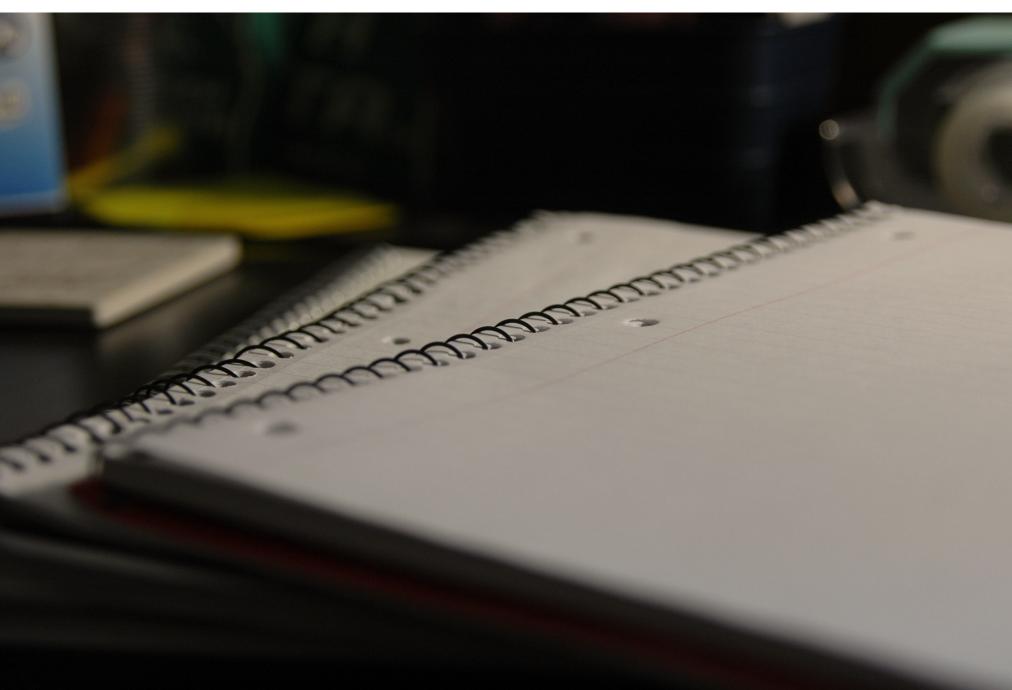


PHOTO COURTESY OF VICTORIA LEDUM

ing way to engage the mind

and make sense of life. Put

together lists of your favorite

movies, bands, books, songs,

or foods. Make to-do lists and

experience the keen satisfac-

tion of physically crossing

off an item. Make crazy lists

like fun facts about yourself

that you can review before

events that are likely to have

painfully awkward ice break-

ers. Make grocery lists to

help with meal planning and

budgeting. List all the mov-

ies you want to see that are

coming out in the next few

months or books that you

would like to read. Listing

things can be a beneficial,

introspective activity that

Blank notebooks are a practical, affordable option for many fun, creative uses beyond just note taking.

Gabrielle Bossart Dakota Student

Have you ever found

yourself with a blank notebook? Maybe you bought one for a class, but you found you never needed it. Perhaps you bought one because you liked the cover design, but you did not have a use for it at the time. Maybe you have no idea how you got it, but you have one lying around. It is also possible that you, like me, happen to unconsciously hoard blank notebooks for various purposes that you are sure you will use one day, but you just have not gotten around to it. Whichever way you find yourself with a blank notebook, this article serves to give you ideas on how to fill it up in a creative or productive way. There are plenty of apps and phone tools that you can use to be creative and keep track of your life, but sometimes it is more beneficial to physically write things down and where better to do so than a blank notebook.

notebook is to write down reviews of things that you love. You could fill it with book reviews if you like to read or movie reviews if the cinema is more your speed. If you are reviewing a book, write about the author, your favorite characters, literary tropes you see, or whatever else stands out to you. If you are writing about a movie, take note of the actors in the film, your favorite

One way to fill an old

all the above. Score the book or movie out of five stars and write about it like a true critic. Reviews are always fun to look back on later and are a great way to start conversations, or passionate debates, with friends.

If you are an avid lis-

tener of music, try doing a deep reading of your favorite song's lyrics. If you have not looked closely at the lyrics before, you might just find you have been singing it wrong or that the lyrics are different from what you thought. Analyze the lyrics line by line and come up with your own interpretation. Write about what you think the artist is trying to communicate or what the song means to you personally. You can also do this with friends and discuss themes you see in an album or an artist's career. Choose an ambiguous song or album and have fun with

A habit tracker is another productive way to utilize a blank notebook. Life is busy and finding time to take care of yourself or change your lifestyle for the better can be challenging. Use a blank notebook to help keep track of something that you have been meaning to improve, like drinking more water or managing your money better. Writing it down is a good way to force yourself to pay more attention to it and the physical reminder of the notebook will keep you on track. Try defining and tracking goals in the same way or do a daily

points that interested you, or journal about your thoughts and feelings on what is going on in your life. Daily journaling and goal tracking are wonderful ways to practice self-care and check in with yourself and can easily be done with something as simple as a blank notebook. Use it for any one of these purposes or try them all and see if this method of self-care or improvement works for you.

> If you are feeling sentimental, give poetry a try. You might be thinking that poetry is not in the cards for you, but writing poems can be a fun, low-stress way to express yourself. Poems can be written about anything and can be as great or as terrible as you want. Trying to find clever rhymes for poems is an entertaining way to pass the time and you might just end up with a personal masterpiece. If you find you are enjoying the process and want to be brave, submit your poems to a literary magazine and become a published poet.

Life in college moves fast, with weeks going by in the blink of an eye. Keep track of all the great memories by turning an old notebook into a scrapbook. There are a multitude of ways to go about scrapbooking, but the general idea is to be creative in putting pictures and memories on paper. Invest in a polaroid camera for immediate, scrapbook-able photos with a vintage feel. Add details such as the date, where you were, who you were with, and any crazy stories or inside jokes that may have resulted. Do not forget to add ticket stubs, wrappers, wristbands, or other memorable items. If you want to get crafty with it, stop by a local craft store and get some fun, themed stickers, or patterned washi tane. Magazines are a great place to find other colorful visuals to make your scrapbook more artful. Try your hand at creating a collage or sticking to a color theme. There is no right or wrong way to scrapbook so have fun with it. Having the memories to look back on years after graduation is sure to make you smile and is an excellent way to hold onto those elusive details that slip away with time.

Maybe you are feeling creative, but scrapbooks are not really your jam. If you like to cook or bake, use that old notebook to put together a recipe book. You might have old family recipes lying around that you could compile into a cookbook, but if you do not you can still make your own. Cut recipes out of magazines, print some off the internet, or scroll through Pinterest and put together a board with recipes that you love or want to try and add those in too. The benefit of making your own cookbook is that all the recipes are tailored to your taste so there is no wasted space. Use the book to meal prep, eat healthier, keep track of your family recipes, try new things, or just to have all your recipes in one place. There are no

rules so use your imagination

and come up with something

that suits your needs.

Another way to use an old notebook is to keep a dream journal. Dreams can bizarre, incredible, or terrible, but they are almost always fleeting. They often seem so intense while they are happening, but moments after waking they can be gone. While that is sometimes for the better, it can be fun to write down your strange or pleasant dreams. Keep the notebook close to your bed and have a pen handy so you can detail your dreams right after waking up. Be as detailed or as vague as you like, and you can even show your dreams to your friends if you are feeling bold and try to come up with interesting reasons you had them. Or look at dream interpretations on the internet and see if your bizarre dreams could have a

deeper meaning. If you love traveling, use those empty notebooks as travel journals. Journaling about your travels is one of the best ways to remember them. Writing everything down at the end of the day or the trip allows you to revisit your vacation whenever you want and remember things that you would otherwise forget. A great place to fit some travel journaling in is on the plane or car ride home. Go through your pictures and take note of what you did each day. Vacations in warm places are especially wonderful to read about later when winter is in full force.

just fill a notebook with lists.

Listing things is an entertain-

She can be reached at gabrielle.bossart@und. edu The final suggestion is to

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might just lead to better understanding yourself. Life can get hectic, but there are always times we find ourselves with nothing to do and a looming sense of boredom can start to creep in. Next time you find yourself in these circumstances, poke around for a blank notebook and try something new.

ARTS & COMMUNITY

The History of Gustafson Hall

The plans for the future of untenanted hall are still underway

Ava Stockstad Dakota Student

Along Campus Road, there is a picturesque building that appears to be a house. Windows framed with deep oak line the exterior, and if you walk up the old staircase at the entrance, you will be able to look inside at the sparkling chandelier and spiraling staircase. At first glance, you will quickly realize that this charming place is uninhabited and has been for a while. Open doors and empty living rooms reveal the truth of Gustafson Hall and its untenanted spaces. While this building may often be overlooked, it carries compelling stories that span across decades.

Gustafson Hall was built in 1908 with the purpose of housing the University of North Dakota's Varsity Bachelor's Club as well as the Phi Delta Theta Fraternity. Hope for a growing campus was in sight during this time as construction on several halls and spaces ensued. However, in 1918, the campus was heavily hit by World War I. Just as UND's Student Army Train-

ing Corps was drilled for battle in World War I, the influenza epidemic hit the Grand Forks region. Gustafson Hall was quickly converted into an infirmary, and 27 members of the Student Army Training Corps, even amidst efforts from nurses and volunteers to help fight the disease, died from influenza in the hall. In total, 29 people at the University of North Dakota died during the epidemic, and 166 other deaths occurred within the Grand Forks region.

Decades later, as Gustafson Hall returned to its original purpose of housing the Phi Delta Theta fraternity, Private Dale A. Howes was found deceased in one of Gustafson's many rooms on April 29th of 1963 due to alcohol poisoning. Howes was 19 years old and was from Fort Ord, California. He had spent his time in Grand Forks catching up with friends and heading out to a party.

In more recent years, staff have reported ghost stories about Gustafson Hall. Faculty member Lynette Krenelka shared a story with her colleagues about hearing furniture being pushed upstairs.



PHOTO COURTESY OF VICTORIA LEDUM

Gustafson Hall sits along Campus Road and Centennial Drive across from the North Dakota Museum of Art.

In fact, the situation was so frightening that she immediately left the building. It is unknown whether Gustafson Hall harbors spirits or ghosts, but the stories shared leave many wondering if the hall really is uninhabited.

While Gustafson Hall does not appear as sorrowful as its past, a deep dive into its previous decades reveals the riveting history between its walls. Today, the hall is shut down, but some hope to see it reestablished - possibly as a space for short-term housing. With the UND student population quickly increasing every year, additional space for student living is always being sought out.

While the fate of Gustafson Hall is unbeknownst,

it still serves as a historic em-Ava Stockstad is a blem of UND, even with its General Reporter doors closed. Next time you for Dakota Student. take a walk along Campus Road, keep your eye out for the archival residence that lies in dormancy just before

She can be reached at ava.stockstad@und.edu

Spooky Attractions Near You!

Grand Forks and its surrounding areas offer a plethora of fun fall activities for family and friends



PHOTO COURTESY OF ASPEN JEWKES

Nelson's Pumpkin Patch is located in Emerado, ND, just outside of Grand Forks.

Claire Arenson Dakota Student

Well, it is that time of year, folks! The leaves are starting to fall, it is getting colder, and the seasonal depression is beginning to kick in, but there is also fun during this time filled with pumpkin spice and stress. With Halloween being one month away, the time to figure out your group costumes and schedule your events is now! As a Halloween enthusiast, I often wonder what spooky and trendy attractions are in my area that can put me in the spirit. For those of you looking for something to do, or want to get a good scare

in before midterms, here are some fun places to visit and activities to do in the beautiful month of October.

To begin, we must talk about Nelson Pumpkin Patch. Nelson's Pumpkin Patch is located at 2448 20th Ave NE Emerado, ND, 58228. This pumpkin patch is a favorite here at UND. Whether you go for the food, the maze, or just to take cute pictures with a hay bale, Nelson's Pumpkin patch has something for you to do. The Nelson family started their farm in 1880 but opened it to school kids for the first time in 1996. Their website says, "We are very passionate about our business. We want the Pumpkin Patch to be a place for families to come spend quality time together, making lasting memories. We also want it to be a place for kids and adults to reconnect with our agricultural heritage" (2022).

The pumpkin patch has an elaborate corn maze, concessions such as mini donuts, and a haunted house. This place is perfect for families, and college students who are looking for something to do. Keep your eye on the Student Involvement office, for they will be giving out vouchers here soon! If you missed the voucher, admission is only \$10! Nelson's Pumpkin

Patch also puts on events. An upcoming one being Pooches in the Patch where dogs from Journey Home Annual Rescue will be looking for new homes! As someone who has visited this pumpkin patch, I can honestly say that it is fun and will keep you entertained for the afternoon. It is definitely a must-see come Fall!

For those who like all things scary, there are two main places in the area to consider. For starters, Acres of Terror located at 108 Highway 18 S Leonard, ND, 58052. It is known for their spooky walk-through attractions. Similar to a haunted

house, guests walk through

throughout their stay. From the website, "Acres of Terror has everything from a scary corn maze to an old abandoned school, all decorated and ready for tours. More than 30 actors ready to put on a show as guests come through. Lace up your shoes and be ready for a great time! Join us in Leonard as we bring you the scariest haunted attraction in the Red River Valley since 2003," (2022). They are open now until October 29th. Tickets are \$30 for adults and \$15 for chil-

the railroad tracks.

Another haunting attraction nearby is the Haunted Farm located at 1947 130th Ave S Moorehead, MN, 56560. This is similar to Acres of Terror, but they have many attractions to keep the night going! They say, "the Haunted Farm is a genuine farm of terror with thirty years of experience in the haunting industry. The farm features various shocking creatures that lurk in woods, 15 energetic and spine-tingling haunted attractions, and a most hair raising walk through the dark and dangerous woods" (2022). Admission is \$22 and face masks are required.

As for events going on around campus, Greek Life is hosting their Drive-In Movie at the Alerus Center on October 4th! They will be showing Monsters University and all UND students and the

Grand Forks Community are able to attend. There will also be a concession stand with all the movie snacks you could want! The lot opens at 6:30 pm and the movie will show once the sun goes down.

At the Empire Arts Center, they will continue to do their yearly performance of the Rocky Horror Picture Show Live! Rocky Horror Picture Show is a Halloween classic that has amazing music, big laughs, and will "Time Warp" you into a good time. There will be showings at 7 pm for general audiences, and midnight for mature audiences! The show runs from Saturday, October 29th to Sunday, October 30th with two shows each night! Tickets are \$16 apiece.

Whether you want to scare your socks off or take trendy pictures for Instagram, there are places around here to fulfill your Fall cravings! The beautiful fall weather will soon turn to cold and snowy, so make sure to get out while you can!

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Archives Coffee House:

Ava Stockstad Dakota Student

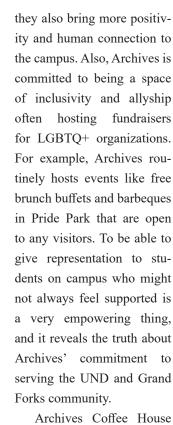
At the corner of University Ave and Harvard Street, Archives Coffee House opens its doors to students, staff, and community members to serve a variety of beverages and foods while also hosting exciting events. Archives is a locally owned coffee shop that was founded in 2008 and is dedicated to "building community partnership." The Archives Coffee House website says, "whenever you make a purchase at Archives, you are giving back to the community."

Archives is owned by Kyle Thorson who has been committed to helping grow the coffee house over the past couple of years. The Covid-19 pandemic caused many obstacles for Archives, as well as thousands of other small businesses across the nation. In fact, the U.S. Bureau of Statistics reports that "56% of small business establishments faced a decrease in workers, and 34% of America's small businesses were closed all throughout 2020 and 2021 due to the pandemic." Since then, Thorson has been dedicated to helping rebuild the coffee house and guarantee its financial stability.

Additionally, Archives is known for its plethora of community-inclusive events. They routinely host painting workshops, open mic nights, live music, and more. These events not only bring in guests to the shop, but

Support the locally owned coffee house by participating

in all of the fun events hosted at the shop



is also known for the perk of being able to serve alcohol to adult students and staff. Archives was recently given a permit to serve alcoholic beverages, making it the only place on campus with these types of products available for purchase. This means that Archives Coffee House can be not only a place for a morning espresso drink or an afternoon pick-me-up, but it can also be a space for those that are of age to unwind and enjoy a beverage after a long

In August, Archives hosted a Monkeypox Education and Vaccination event, where North Dakota Health shared information about the viral disease while educating the public on how to detect symptoms and prevent the



Archives Coffeehouse is located on University Avenue across from the Chester Fritz Library.

spread. They also distributed vaccines to consenting individuals at the neighboring Christus Rex Library.

Every month, the coffee house carries a special beverage menu. For September, they created several different Harry Potter themed drinks, including the Lavender Brown vanilla lavender latte and the McGonogall London Fog and British Brunch tea blend. In October, you can surely expect some fall flavors to be on the specialty menu. Archives also carries several different options for purchasing bakery items for events or holidays, and they also sell coffee beans and syrup flavors in bulk. These are great gifts for family and friends and a wonderful approach to helping show Archives support.

Archives also plays a helping hand in supporting other small businesses and local artists. Cackling Toad Creations is a small jewelry business owned by Cathy Kalstad, and her earrings are available to purchase at Archives. Even handmade watercolor cards and canvas paintings are displayed in the shop as well. If you are a student at UND who is looking to sell your art, try reaching out to Archives to see if they would be able to display your

A recent addition to the coffee house is the "Pick a Penguin" incentive. Next to an assortment of penguin stuffed animals is a card that reads, "Want to study and be left alone? Want to be social and converse with other Archives guests? Then pick up a penguin!" Simply pick up a penguin that coordinates with your needs and set it next to you wherever you choose to hang out. Archives is a great place to meet new friends or to have some alone time, and this added incentive helps guarantee that your needs will be met as a guest at the coffee house.

If you want to get involved with Archives, they have many different events scheduled for the upcoming weeks. On October 17th, they will be having a public play reading - Night Shadow by Dr. Hamzat Koriko. On October 23rd, there is a "Brew Can Do It" Halloweenthemed painting workshop. You can learn more about their events on their Facebook page or by signing up for their e-mail subscription on their website. Still, simply showing up and making a small purchase is beneficial to keeping the coffee house up and running. It is always meaningful to contribute to small local businesses, and Archives is a wonderful place for you to do it.

If you are looking to support more locally owned businesses in the area, there are many different places to choose from. The Grand Forks area has a handful of options if you are looking to shop. If you are on the hunt for records, head to Washington Street. DogMahal lives on the corner just off University Ave, and they have a variety of records, comic books, and more – plus, you can get a hot dog for the road! Budget Music also sells music-related products, as well as clothing and jewelry. Additionally, in case you are looking for something to read, check out Ferguson Books, or even any nearby consignment store. If you like antiquing, try out Gramma's Attic, Picks, or Victorian Rose Antiques. Grand Forks also has many different small business floral shops to check out. Whatever you are looking for, there is definitely a place for you to shop from that will be giving

back to the region. In a place that dedicates so much of their time and effort to serving the community, it is only right for us community members to give back to them. Archives is open Monday through Saturday from 7am to 9pm, and Sundays from 11:30am to 9pm. Every purchase you make and every event you get involved in will directly impact the future of Archives - plus, it is always fulfilling to support others. Whether you stop by for a quick caffeine fix or decide to attend an open mic night, Archives will be happy

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to have you.



PHOTO COURTESY OF VICTORIA LEDUM

Fresh challah bread among many other fresh baked goods are sold at Archives Coffeehouse.

OCTOBER 2022

If you want an event, meeting, or organization to be included in Dakota Student's biweekly calendar, email kelsie.hildebrand@und.edu with the details.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	- Clothesline Project starts	- National Cinnamon Roll Day @ 11 am at the Union - Drive-in movie (Monsters University) at the Alerus from 7-9 pm	- Virtual Career Expo from 11-1 pm	- Flu Shot Outreach Clinic at Clifford Hall room 210 from 12-3 pm	7 - Nelson's Pumpkin Patch voucher ends - UND Hockey vs. Holy Cross @7:07 pm at the Ralph	- UND Hockey vs. Holy Cross @6:07 pm at the Ralph
9	- UND Student Headshots at the Union from 11-1 pm	11	12	13	- UND Hockey vs. Quinnipiac @7:07 pm at the Ralph	- UND Hockey vs. Quinnipiac @6:07 pm at the Ralph
16	17	18	19	20	21	- UND Football vs. South Dakota State @3 pm at the Alerus



UND Comes Out on Top for Homecoming Against Missouri State 48-31

Kelsie Hildebrand Dakota Student

SPORTS

On Saturday, October 1st, the University of North Dakota faced Missouri State at the Alerus Center to wrap up an exciting homecoming week. The stands were roaring with screaming fans while the band and cheerleaders were getting the crowd hyped up for their Fighting Hawks.

To open MSU wins the coin toss and receives while UND defends having senior kicker Brady Stevens kicked off 64 yards to MSU. MSU sophomore running back Jacardia Wright rushes right for a 55-yard gain to UND resulting in a first down. MSU senior quarterback Jason Shelley completes a pass to junior wide receiver Naveon Mitchell with 11 yards to go. Mitchell races to the end zone for a touchdown and junior kicker Jose Pizano kicks the field goal 7-0.

UND struggles the first quarter fighting to make their home field proud, but junior quarterback Tommy Schuster completing pass after pass and rush after rush cannot seem to get down field. Finally, UND Stevens is successful at an attempt at a field goal from 42 yards 3-7.



PHOTO COURTESY OF ASPEN JEWKES

The University of North Dakota and Missuori State gear up for a play ran by UND at the Homecoming Football game on Saturday, October 1st 2022.

The second quarter gets more interesting with UND starting with the ball. After nearly half of the quarter flying by with Schuster passing and rushing the ball one play at a time, junior quarterback Quincy Vaughn scores the first UND touchdown, and Stevens tops it off with a successful field goal 10-7. MSU bounces back shortly

after with Shelley completing a pass to senior wide receiver Kevon Latulas scoring a touchdown and Pizano scoring the extra point off the field goal kick 14-10. MSU still on a high from their last touchdown scores again with junior linebacker Trae Thompson rushing middle 21-10 after Pizano's successful field goal attempt. Before

the final buzzer of the second quarter with two minutes left, Schuster completes a deep pass to right to fifth-year wide receiver Garett Maag for a touchdown. Stevens scores yet again another field goal 17-21. Closing out the first half of the game, Stevens attempts a field goal from 35 yards and is successful putting the score 21-20 with

MSU leading.

The third quarter starts off with MSU defending, and right off the bat at 3 minutes in, UND graduate student running back Tyler Hoosman rushes to touchdown 26-21. After getting the ball back to the Fighting Hawks, Vaughn scores a touchdown and junior wide receiver Bo Belquist completes a suc-

cessful pass attempt 34-21.

With only one quarter left, the crowd was on the edges of their seats. MSU Pizano completes a successful field goal attempt from 32 yards leaving a ten-point gap in score with UND ahead 34-24. MSU had some catching up to do if they wanted a fighting chance. Before you know it, UND sophomore running back Isaiah Smith rushes right for a touchdown and Stevens field goal puts the Hawks at 41-24. With four minutes left in the game, UND makes their fans proud. Schuster passes to Maag, and Stevens kicks the scoring 48-24. MSU gives it one last shot scoring the final touchdown when Shelley passes to Mitchell and Pizano kicks a

successful field goal. The final score gives it to UND 48-31. The game sure had its ups and downs, but the Fighting Hawks came out on top yet again rounding off homecoming week with a

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A Bustling Homecoming Week Comes to a Close Welcoming Old and New Traditions

Gabrielle Bossart Dakota Student

The University of North Dakota celebrated Homecoming this past week, September 26th to October 1st. Packed with exciting events, Homecoming week proved a big hit for the university and the community at large. This year's Homecoming consisted of a couple firsts, some classic traditions, and of course, a lot of fun.

The Greek Council, a group of elected members from each Greek chapter on campus, hosted the first ever Greek Carnival at UND on Tuesday, September 27th. Jordan Hufford of Gamma Phi Beta and Alec Johnson of Pi Kappa Alpha were present, along with other members of the Greek Council, to oversee the event. Hufford and Johnson informed me that the event was advertised in the local public-school newsletter and was created to cater to both the university and the community with the goal of raising funds for a good cause. This year's carnival

was for the benefit of the

Make a Wish Foundation and

was a great success with each Greek chapter involved in the IFC and PHC participating. The carnival included a variety of food trucks, classic yard games, prizes, and music. Tickets were available for purchase to play the games, which were run by volunteers from each Greek chapter. The Greek Council hopes to continue to host the Greek Carnival during Homecoming Week for years to come with the goal of creating a new tradition.

The festivities continued with the first ever downtown pep rally on Wednesday, September 28th, evening. The pep rally, a collaboration between UND and the Downtown Development Association or DDA, was a great success and proved to be an excellent way to fire up the community for the upcoming sporting events. The rally included a DJ as well as a variety of games such as cornhole, giant Jenga, and giant chess. The UND Hawk mascot was also present and taking pictures with fans.

A couple tables filled with



The Greek Carnival was first introduced to UND this year, but the Greek Council is hoping to carry on this newfound tradition for years to come.

Story continued on page 2

Homecoming Recap story continued

UND merch included pom poms, necklaces, stickers, and posters to help fire up the crowd and prepare to cheer on the athletes. Blue Weber, president and CEO of the DDA, told me that the event was intended to bring together members of the community and members of the university and to further the relationship between Grand Forks and UND. He stressed that you do not have to be affiliated with the university to be a part of the community and come to the events.

The pep rally ran for about two hours, with a great performance from the UND marching band, visits from the football team and other UND athletic teams, and short speeches of encouragement for all the athletes

that would be competing that week. Head Football Coach Bubba Schweigert, University President Andrew Armacost, DDA president Blue Weber, and Executive Vice President and CEO of the UND Alumni Association and Foundation DeAnna Carlson Zink all gave rallying speeches to get the community excited. UND Student Body President Faith Wahl and Vice President Morgan Mastrud were also present to announce the speakers and cheer on the UND athletes.

The official Homecoming Parade took place on Saturday, October 1st around 9am proceeding from the Gorecki Alumni Center down University Ave. The party at the Football Tailgate Village at the Alerus Center followed

the parade. Members of the UND community and the Grand Forks community at large attended to celebrate and await the anticipated game. The football game kicked off at noon with UND facing off against Missouri state. The exciting game ended with a sweet victory for UND with a final score of 48-31. The Homecoming wins continued with UND men's hockey winning a home exhibition game 5-1 against Manitoba later that day.

UND's 2022 Homecoming was an overall busy week filled with school spirit and exciting events that brought the UND community together with the Grand Forks community in a grand celebration to be remembered for years to come.



The Hawk greeting families at the UND pep rally for homecoming week.

Gabrielle Bossart is a General Reporterfor Dakota Student. She can be reached at gabrielle.bossart@und.edu

UND Sweeps Manitoba in **Exibition Game 5-1**



The two teams battle at the Ralph Engelstad Arena in early exibition game.

Kelsie Hildebrand Dakota Student

The University of North Dakota plays the University of Manitoba in an exhibition game, preseason or warmup match, on Saturday, October 1st. The Ralph Engelstad Areana was booming with fans pumped for an exciting season of UND hockey. This game was the perfect preview to a hopefully perfect season.

During the first period, Manitoba scored their first shot ten minutes into the game by fourth defense Mitchell Dyck. Junior forward Griffin ness scores for UND after graduate student defense Chris Jandric passes hitting the puck of a Manitoba defenseman setting up

The second period was a showstopper for any UND fan in the vicinity with four goals scored against Manito-

ba setting UND up for victory. First, sophomore forward Matteo Costantini attempts at scoring when Manitoba second goalie Brett Murphy makes the save, but before he can catch his breath sophomore forward Jake Schmaltz goes in for the rebound scor-

Freshman forward Ben Strinden and freshman forward Dylan James were a dynamic duo during UND's next goal when Strinden passed to James snapping a shot right through Murphy. And the crowd goes wild. Shortly after, junior forward Louis Jamernik leaves an opening for junior defense Tyler Kleven to swipe the puck from second forward Noah Basarab from Manitoba to make a sweet shot past Murphy.

Finishing strong, UND Jandric steals the puck right from under Manitoba's nose when he passes to fifth year forward Gavin Hain racing down rink only to pass back to Jandric for the winning

Leaving the game 5-1, Hawks fans are on an all-time high from this past Homecoming weekend. With the student body and community only hoping for a season turn out like Saturday night, UND hockey will be in full swing this upcoming weekend.

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Classifieds

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