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University Tech Support

Having computer troubles?

Brianna Mayhair
Dakota Student

The advancement of technology is constant in today's society, but it's not perfect. Everyday individuals are at risk for scams and viruses. Luckily, here on campus, University Information Technology (UIT) is here to help! Wyatt Gage, Student Employee at UIT explained how students, staff and faculty can spot phishing emails, scams, viruses and what kinds of services UIT provides.

"UND does send out fake phishing emails," Gage said. "To help show students what phishing emails look like. If they click on the link in the email, it will tell them that this was a test phishing email and they should be careful."

The test emails are to demonstrate to students what real phishing emails can look like if they ever receive any.

Phishing emails can be spotted quickly when educated on their specific features. "Watch out for random capitalizations, weird fonts, poor grammar, confusing long links and if the subject line has a lot of punctuation like overuse of exclamation points," Gage said. "That's usually a sign that it's a phishing email." Clicking on a link in a phishing email can possibly download unwanted viruses. If you ever spot a phishing email or think you may have received one, report phishing emails to phishing@ndus.edu.

For students worried about virus protection, there are free, as well as paid, antivirus software students, staff and faculty can obtain. For the list of antivirus software, go to campus-services.und.edu.

Another thing that individuals should be aware of are scams.

"We recommend that individuals stay on trusted websites, avoiding any third-party websites," Gage said. "As well as using well-regulated web-



Caitlin Collins/Dakota Student

UIT is ready to assist any of your technical difficulties.

sites."

UIT provides many different methods of helping individuals with their problems.

"We offer remote help, where we can view your screen and help you that way if you are not able to come in," Gage said. "We also take walk-ins. If the problem is more severe, you can check your computer in, and we can give you a temporary one until yours is fixed. We also provide damage repair."

UIT works with Apple, MAC,

PC and phones. There are several employees at UIT that are Apple certified and have the knowledge to help with more severe Apple issues.

"ResNet is also available to help," Gage said. "They can assist students if they have any Wi-Fi issues while living on-campus as well as provide other services, like Network login support."

Most services at UIT are free of charge for students, staff and faculty. Individuals may be charged if replacement of

parts due to damage are needed.

"If parts are needed for repair," Gage said. "The individual would only need to pay for the part (s). The installation is free."

UIT is located at Chester Fritz Library Room 133. Individuals with any questions or concerns can contact UIT at 701.777.222 or email them at und.techsupport@UND.edu. UIT is opened Monday-Thursday 8 a.m. to 8 p.m., Friday 8 a.m. to 4:30 p.m., Saturday

noon to 4 p.m. and Sunday 4 p.m. to 8 p.m.

ResNet is located at Wilkerson Commons Room 170. For questions or concerns, contact them at 701.777.3424 or email them at resnet@UND.edu.

Brianna Mayhair is a News Writer for Dakota Student. She can be reached at Brianna.Mayhair

Domestic Violence Awareness Month

"Let's Talk Love"

Cortnie Cottrell
Dakota Student

October is National Domestic Violence Awareness Month, which first started in 1981 by the National Coalition Against Domestic Violence as a Day of Unity to join mistreated women's advocates across the country.

UND's sorority, Alpha Chi Omega's philanthropy is to raise awareness and educating others about domestic violence. They play a big role when it comes to spreading awareness. One way that Alpha Chi Omega celebrates the awareness of domestic violence is by having a "Healthy Relationships Week." The main goal of Healthy Relationships Week is to develop healthy relationships and, in turn, prevent domestic violence and sexual assault. This week traditionally concentrates on encouraging individuals to

break down the definition of love and what it means to them through the Love Is... campaign. Healthy Relationships Week is celebrated in the month of February near Valentine's Day.

Along with Healthy Relationships Week, Alpha Chi Omega provides many educational programs to raise awareness. A few of the programs are "Let's Talk Love," "Not Anymore" and Programs with Purpose. These programs are designed to educate men and women on how to recognize do-

mestic violence and ultimately end it.

Domestic violence may be off your radar, but it is definitely happening in our world today. According to liveyourdream.org, one in every four women will experience domestic violence in her lifetime and with that, domestic violence is the third leading cause of homelessness among families.

Since 1994, when the Violence Against Women Act passed, the awareness for it has come a long way. This revolutionary legislation, led by then

Senator Joe Biden, joined new provisions that hold offenders accountable and offer programs and services for victims. Between 1993 and 2010, the overall rate of domestic violence dropped almost two-thirds and state laws have transformed to address issues such as dating abuse in the workplace, stalking, employment discrimination and more.

Domestic violence affects millions of people, both men and women of every race, religion, culture and status. It is not just physical, bruises and black

eyes- it is yelling, humiliation, stalking, manipulation, coercion, threats and isolation. It is stealing a paycheck, keeping tabs online, non-stop texting, consistently using the silent treatment, or calling someone awful names so often that they start to believe it. According to wadvocates.org, Domestic violence can be defined as a pattern of behavior in any relationship that is used to gain or maintain power and control over an intimate partner.

There are many different programs and organizations available that support this month in raising awareness against domestic violence abuse, one being called "Break the Cycle." Break the Cycle encourages and supports young people ranging from 12 - 24 to

"Domestic violence may be off your radar, but it is definitely happening in our world today.

Cortnie Cottrell, News writer

Story continued
on page 2

Domestic Abuse Story from front

build healthy relationships with one another and create a culture without abuse. Their mission is to encourage and inform that “everyone has a right to a safe and healthy relationship, regardless of gender, ethnicity or sexual identity. We work every day to make that right a reality.”

If seeking help or wanting to raise awareness about domestic violence, reaching out to UND’s sorority, Alpha Chi Omega is available to offer services. Their advisor, Kay Powell, can be reached at kristin.powell@und.edu.

Cortnie Cottrell is a News Writer for Dakota Student. She can be reached at Cortnie.Cottrell@und.edu



“Break the cycle.”

Photo courtesy of Flickr

Bringing The Troops Home

Withdawing U.S. troops from Syria

Mason Dunleavy
Dakota Student

Last week, President Trump announced plans to remove U.S. troops from Syria amid growing tensions between two U.S. allies, the Turkish government and Kurdish forces, both of whom have helped fight the Islamic State (IS, ISIS, ISIL) through the years.

The Kurdish backed Syrian Democratic Forces (SDF) have been a key ally in the fight against terrorism in Syria with nearly 11,000 deaths contributed, while the U.S. had 6,000 casualties. Turkey and the Kurds have a long history of conflict. The Turkish government labels the Kurdish forces as “terrorists” and a threat to their country, which is one of the reasons they are trying to attack the Kurds. To understand the tensions between the two, their history must be considered.

Turkey has had a long-lasting problem with the Kurds and their groups. The Turkish government banned the Kurdish language, dress and folklore in Kurdish occupied regions of Turkey in the late 1970’s. The Turkish government also banned the words “Kurdistan” (An independent country that the Kurds were fighting to achieve.), “Kurds” and “Kurdish” in the early 1990’s. In the 1990’s, one of the main Kurdish parties, the Kurdistan Workers Party (PKK), fought against the government of Turkey in open conflict. Turkey, along with the support of the C.I.A., found the leader of the PKK in Kenya. The PKK was originally described as a Marxist ideology group who then shifted their beliefs to include political rights and autonomy from Turkey.

Over the past decades, the conflict between the Turkish and the Kurds has not settled.

President Trump’s plan to move 1,000 troops out of Syria has received backlash from both sides of the political aisle. In one of the most recent bipartisan agreements, 129 Republicans joined over 200 Democrats in denouncing the president’s decision. The resolution, which also called on the Turkish president to end military operations against Kurdish forces, was passed 354-60.

The 1,000 troops are expected to be moved to western Iraq while a few soldiers, estimated between two-three hundred, will remain in Syria.

Before the planned invasion into northern Syria, the U.S. and the government of Turkey have



U.S. Troops lead a convoy in Syria.

Photo courtesy of Wikimedia Commons

agreed to a 120-hour ceasefire. Vice President Pence announced in a press conference that in addition to the ceasefire, the two should be, “committed to defeat ISIS activities in northeast Syria.” Vice President Pence said.

President Trump sent a letter to Turkish President Erdogan in an attempt to sway his decision of attacking the Kurds. According to reports close to President Erdogan, the Turkish president refused the letter and swiftly put it in the garbage bin.

Some of the statements from the letter, “Let’s work out a good deal! You don’t want to be responsible for slaughtering thousands of people, and I don’t want to be responsible for destroying the Turkish economy - and I will.” President Trump said. “I have worked hard to solve some of your problems. Don’t let the world down”

The letter ended in a harsh tone towards the Turkish president, “History will look upon you favorably if you get this done the right and humane way. It will look upon you forever as the devil if good things don’t happen. Don’t be a tough guy. Don’t be a fool!” Pres-

ident Trump said.

U.S. Defense Secretary Mark Esper has been defending the president’s decision, while also helping with the results of the decision. The troop movement to Iraq is a surprising development in the Syrian scenario, considering Trump tweeted,

“Bringing soldiers home!” According to Esper, the troops will have specific tasks once they’re in Iraq.

“One is to help defend Iraq and two is to perform a counter-ISIS mission as we sort through the next steps,” Esper said. “Things could change between now and whenever we

complete the withdrawal, but that’s the game plan right now.”

Mason Dunleavy is a News Editor for Dakota Student. he can be reached at Mason.Dunleavy@und.edu

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It's Always Nice to Get Away

How a road trip helped my mental health

Megan Vogt
Dakota Student

This past weekend I took a trip to Duluth, Minn. with my family. It was about a four and a half hour drive that turned into just over five hours because of the wonderful two laned highway that I had to take. Although, the drive seemed never ending, the trip itself was worth it.

Getting away from the place you call home is something that many people don't realize they need until they are at their breaking point. I knew I was approaching mine when my room started to slowly get more messy as the days went on. Luckily for me, I knew I had this trip planned the weekend after finals week.

We didn't do much while in Duluth. We didn't do the local touristy things like take the train or go to Two Harbors, MN to see Split Rock Lighthouse or go to the Glensheen Mansion. Rather, we took each hour as it came. We ended up eating brunch at this hole-in-the-wall restaurant, then later eating lunch at a local favorite, Tavern on the Hill. We went to Canal Park, saw the sights and did the things. After that, we went back to the hotel



Photo courtesy of Unsplash

Take a little trip

and simply hung out as a family. We sat around a fire for hours and simply talked.

It was the small conversations that led to some pretty fun memories that will last with me. If it wasn't for this weekend of getting away and taking a breath, I would be bursting at the seams for Veteran's Day to come around.

I realized that taking a break and taking a step

back is something that is healthy for all those around. It allows for a break from the harsh realities of being a student and the daily stressors we encounter, and it provides the opportunity to go into the next week or next phase of the semester with a clear head.

Taking a weekend away from the place you call home allows for you to love "home" so much more. It is an escape to a

place that you are not as familiar with. It doesn't have to be across the state, or really far away, it can be a simple drive to check out a new restaurant in the city over or it can be the expedition across state borders to expand horizons.

The break from reality allows for a fresh focus and a clear mind. As students, we have the crazy responsibility to go to class, work

to make money, socialize, do homework, keep our grades up, put on a smile and pretend like we have it all together. I think a misconception for students is that we have to always have it together, 100% of the time. I know that it is impossible for me to do it because I barely make my bed in the morning, if at all. I think we need the reminder that it is okay to not be okay, that

it is okay to learn to take a step back and take time to ourselves for ourselves. We are allowed to be selfish to keep our mental health supported.

Megan Vogt is the Opinion Editor for Dakota Student. She can be reached at megan.m.vogt@und.edu

What Makes A Good Teacher?

Lending a helping hand towards success

Se Kwon
Dakota Student

My childhood was a little different from others growing up. I was born and raised in South Korea for seven years. After, my family decided to immigrate to the United States in 2007 and since then, my life changed for the better. However, as a child trying to make friends with little to no knowledge of the language and culture, the transition was incredibly

difficult to say the least. I was enrolled in several ESL (English as a second language) programs and was assessed weekly on my writing and reading skills.

Although I struggled and lived a different childhood from others, I managed to figure out what life would look like for me in the U.S. After one short year of familiarizing myself with the culture and language, I was no longer enrolled in ESL programs. I would

have never been able to succeed as quickly if it wasn't for my second grade homeroom teacher. My former teacher guided me in the best possible way- she treated me as if I were one of her friends, rather than just one of her students. Just by this simple act, we were able to have such a close connection and I was able to confide in her.

I was able to express what was difficult for me and what was becoming comfortable for me.

She not only taught me important things related to the culture but she taught me other lessons that allowed me to become more confident in myself. After years passed by and I was in high school, I was finally able to reflect on the experience of successfully learning a new language and a new culture because of how great my second grade teacher was. I got to thinking about how my teacher was able to do that. What qualities did

she have that made her such a great teacher?

I think the most important qualities to have as a teacher is to be open-minded and always willing to help. I actually reached out to my second grade teacher during my senior year of high school and grabbed coffee with her. She even said, "I had no idea on the first day of school that I was going to have a non-English speaking student. I was so shocked." She claimed that she didn't know what to expect or how she was going to approach teaching me, however, she did just that. My former teacher was pretty open-minded and was more than ready to take on a challenge she had never faced before. She was extremely passionate about teaching and really wanted her students to have fun but learn at the same time. Whenever a student would need any sort of help, she was right beside them, waiting to help.

As I got to college, I had another experience with an outstanding professor. This professor has some amazing qualities- some of the qualities that stand out to me are his honesty, his comfort with his students and his friendliness. Everyone in this class could tell right away that he was going to be someone that many people would look up to. He willingly opened up to his students about his difficulties growing up and how he was overcome them and

become successful. You can tell just by attending his lectures that he cares for his students. He goes the extra mile to email his students how well they did on an exam, or check in with his students about their absences. Although this is not common for college professors to do, he did it. Not because he had the free time to do so, but because he genuinely cared about the success of his students.

As a teacher, it's important to show how much you care about your students. There's a negative stigma, especially with college professors. Many people think that professors in college "don't care if students miss classes" or "they're too harsh on grading" but is that true or are you just overthinking it? Every professor does what they do because they are passionate about teaching what they know best to students who they hope will excel in the real world.

Se Kwon is a columnist for Dakota Student. She can be reached at se.kwon@und.edu



Photo courtesy of Unsplash

Guiding the worlds youth

Working With Kids

The graditude of working with children is undeniable

Madison Feltman
Dakota Student

There is something about children that I love, and I can't quite put my finger on it. I don't know whether it is their hopeless sense of wonder and curiosity or their colorful sense of imagination. I have always adored working with kids, they bring a smile to my face, they give me a sense of purpose, and they simply make me happy. I have worked with children since I was 15 years old, and I always

found something that I liked the most about each of them. I loved the way they would giggle when I tickled their toes or when they would keep their eyes open while counting for hide n' seek. It never got old

playing princess or being superman's sidekick. Every day there was something new. There were also those days where they made me want to pull my hair out as they would put on an attitude or wouldn't

listen, but it only took one little hug or sheepish "I'm sorry" to fix it all. My most favorite part of working with children is that they were always, always excited to see me, it was as if I had gone away for weeks when I

simply was gone a whole 12 hours. I would open the door to hear little footprints running on the hardwood floor, only to be crushed with a hug as they had already planned what we were going to do for the day. Or, I would show up at their classroom to see their eyes light up as they saw I was there to pick them up. I always felt nothing but pure happiness as I could feel the love they had for me along with the feeling that the love I had for them was growing as well. It has always been gratifying to watch them grow, as some of them I watched from the age of six-months-old. I watched them learn to sit up, to walk, and to recite the ABC's. I also have watched them learn dance routines and multiplication, or how to put a Lego set together all by themselves. To see the pride beam from them brought a warmth to my heart. Working with children has also changed me. I

have learned to be patient as they themselves are learning. I have learned to be more supportive, as they needed reassurance. I have learned to utilize my imagination, as theirs is endless. Lastly, I have learned to love in a different way, as they need that patient, supportive, imaginative love. A part of me will always love working with children as it has impacted my life greatly over the years. I will always be thankful for each and every one of the children that has crossed into my life. Each and every one will be special to me in different ways and I will always have a place in my heart for them, no matter how old.

"It has always been gradifing to watch them grow, as some of them I watched from the age of six-months-old. I watched them learn to sit up, to walk and recite the ABC's."

Madison Feltman, Editor-in-Chief



Kids have a wonderful sense of imagination

Photo courtesy of Unsplash

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Who Gets to Blow the Whistle?

Identifying the whistleblowers: Nay or Yay?

Megan Vogt
Dakota Student

Let me first start by saying that I know very little about politics. I have never understood it. I don't understand a lot of the terminology, the strategic planning or why we accuse rather than work to fix situations together. However, I do know what I believe in and what aspects I support, but all the stuff that happens behind the scenes always confuses me. Even though I don't understand politics, recently the word "whistleblower" has been brought up by so many people on so many different platforms, I eventually forced a student who was majoring in Political Science to explain to me in layman's terms what a "whistleblower" truly was. For those of you like me, a whistleblower is someone who reports on wrongdoing or unjust behaviors within an organization. Recently, there has been a lot of discussion regarding the whistleblowers in the White House and if their identity should or should not be disclosed. To me, this isn't a question of should people be blamed for discussing the actions that were conducted, but rather a question of what is morally correct for a situation like the one that we are in. This is the portion of not working together, bringing our ideas to-

gether to create a successful country rather than a country that is at each other's throats because we don't believe in the same things. Side note: I am not stating that unjust behavior on either side is okay. If someone does something wrong or unlawful, it is important to call them out because playing on an unfair playing field is not okay. This shouldn't even be a question brought up because of this single situation, rather if anonymity was such a big

deal, why bring up the issue now? Why try and change the definition of the word from "identity remains a secret at all costs" to "identity remains a secret at all costs unless a situation arises"? Personally, I think anonymity as a whole is a very important aspect to have within society. We use confidentiality and keeping identities hidden in many different ways. From something as extreme as reporting a crime to something as small as being a confi-

dential person for someone to have a vulnerable conversation with. Knowing that a person's identity will remain sealed away in times of fear or trouble is much bigger than one political scandal. In the end, the protection of other humans is much more important than revealing their identity. No one should be afraid that their identity will get out because they reported something that was unlawful or unjust. They should feel safe and that they made

a difference in the world as we know it. Safety should be our number one priority as human beings. This particular political scandal should not bring up the discussion of the identity of whistleblowers, but rather determining if we as citizens of the United States are in harms way because of the information disclosed anonymously. The way that you feel about the information disclosed and the conversation that President Trump had should not

impact the way that you feel about keeping others safe. We should be looking out for each other despite our political affiliation and what we believe in. Even if you think that the identity of the whistleblowers should be disclosed, they are protected by the Whistleblower Protection Act of 1989.

Megan Vogt is the Opinion Editor for Dakota Student. She can be reached at megan.m.vogt@und.edu



A whistleblower is someone reports on wrongdoing

Photo courtesy of Recruiter

Shifting Between Fantasy and Fiction

A Look Inside of Land's End Amtgard

Olga Kopp
Dakota Student

The world would not be as exciting without games, especially when you can live in it 24/7.

If you were ever curious about who were in that crowd of people dressing up in medieval costumes and running around with foam and wooden swords at University Park is, let me introduce you to Land's End Amtgard.

Some people like fishing, some people like hunting, many other people enjoy playing sports. This Amtgard, however, like to do something more exciting and extravagant: playing games.

Land's End Amtgard is a live-action fantasy role-play game which combines live action battling with medieval fantasy elements with chapters primarily based in the United States and Canada as well as Germany, Croatia, South Korea, and many other countries.

The original Amtgard was created by Jim Haren Jr, also known as Peter LaGrue, in El Paso, Texas in 1983. Taking pieces from the rulebooks of both Emarthnguarth and, he advertised in the newspaper for an event known as "Attila the Hun's Birthday Brawl." Though only a few people showed that first day, it was a hit, and soon the game spread throughout the state and then the country. The largest concentrations of Amtgard chapters are in Texas and the Central United States, but groups are found throughout the United States as well as in Canada, Croatia, Japan, Finland, Germany, Korea, and Russia. Amtgard is named after two very good friends of Peter La Grue's from his Emarthnguarth days, Matthew and Katy Amt, who now participate in Roman Legion recreations on the east coast, according to Wikipedia website.

Land's End Amtgard group in Grand Forks was formed by Jordan Bremer, a.k.a. Kite Avicenna, in 2003. Bremer has been playing this game for the past 16 years.

Kite began playing in the early days of Star-mountain with his friend Baine while living a double life in Minneapolis MN and Grand Forks ND. He didn't get to fight enough, so he started Land's End in 2003, but the park didn't really take off until 2007 when Kite returned from a brief stint in Wyoming and met Jinn, Dallaran and Ho-



Interaction between Land's End Amtgard Players

rune. Land's End quickly exploded and has now become a stable regional hub partnered with Wildgard and Crimson Plains, according to Amtgard Wiki website.

Currently, there are around 20 to 30 participants in Land's End Amtgard in Grand Forks, but they always welcome others to join their group.

"This game is all over the country. There are around 20 to 30 thousand people who play this game," Bremer said. "We are fighting all over. We travel a lot, which makes it even more exciting."

Kat Burgener, a.k.a. Fuzz LE, is another member of Amtgard, titled as Woman-at-Arms Dread-Lord Mango chop Fuzz. She has been a member of Amtgard for six years and started when she was 14-years-old.

"Amtgard is divided into kingdoms based upon your region. Imagine districts, but we are fancier, we are kingdoms because it medieval themed. Kingdoms are broken down into several parts. Our park is called Land's End. We usually fight at University Park," Burgener said.

The primary focus of the game is combat, which comes with a lot of rules.

The abilities of the classes are generally related to combat. There are non-combat oriented talents and attributes which can be a part of a players' imagination or rules specified in a scenario.

The most exciting events are battle games that can range from one-on-one tournaments to team battles of forty or fifty people to mass warfare with hundreds of players. The largest "grand melees" are held at the major annual events and can incorporate hundreds of members from chapters all over the world. Conversely, scripted "quests" can involve just a dozen or two participants, and may involve puzzles as well as combat. The ditch battle, or trench battle, is a simple form battle that involves weapon use only, not full class play, according to Amtgard Wiki website.

No matter the weather, nothing can stop Amtgard from their battles and combats. Amtgarders are always excited to battle with each other and always great fun with it.

"We made the news one time when we were out there in the rain battling it out. We fought the tournament when it was a down-pour before. We fought

during the winter. This can get crazy, but we love it," Burgener said.

If a player gets hit on the arm or leg, they are unable to use that limb. If a player is hit in the torso, they are out. Rules like this are a very important part of the game.

Battles can be tough, but Amtgarders can always find a time for joy.

"We like to do battles, but we also like goofing around with each other which makes it more fun," Bremer said.

While they are fighting, they are also learning things which nobody can teach them in real life. Older members are teaching newcomers how to follow the rules and how to fight while staying concentrated. They are also learning how to make weapons, costumes, etc.

"It's more than just hitting each other for fun, it's a learning process. You passing on the information to each member. You are learning how to communicate with each other, how to be calm. There is etiquette how to 'murdering' each other with wooden sticks," said Burgener while laughing.

Amtgarding has a great outcome for your physical and mental strength. Your

reflexes are getting better, your speed is getting faster, your body is getting stronger, and the level of adrenaline is rising in your body.

"I used to be shy and easily frightened when I was a kid. Since I joined Amtgard, I became a completely different person: I am more confident, more talkative, and less frightened. I made many friends here. Now I am winning tournaments and doing the growling. I love it," Burgener said.

It was an awesome adventure for Fuzz, which proves that anyone can reach their goals if they want to.

You can find any kind of activity you like in Amtgard, from witchcraft, magic and fighting to singing, crafting and acting.

"I would describe our hobby as something like a mix of sport, crafting, and art competition which includes everything from speech, singing, acting to fighting: hitting each other with foam and wooden swords, shooting arrows at each other, and using magic," Burgener said.

As a tradition, Land's End Amtgard group members make all of their weapons, costumes and accessories. There is a system of awards and honours based on best contributions and accomplishments. There are awards for all sorts of arts and crafts, ranging from making weapons, costumes, and jewelry to singing, painting, etc.

By achieving 10 ranks of most awards one might also attain the Masterhood for that award, according to Amtgard Wiki website.

Amtgard members can create their own costumes using imagination.

"Kite is amazing at garbing. He is making the outfits himself. He is also good at making the armour," Burgener said.

The best part of Amtgard is that you can do whatever you like, and be whoever you want.

Amtgard members usually can pick their own name which they want to use during the game. In most cases, Amtgarders prefer to use their fictional names in real life. Thus, they are calling each other by the names of their game characters.

Character creation in Amtgard is class-based; that is, players pick an archetype with pre-established abilities, similar to

systems used by Dungeons and Dragons and other tabletop roleplaying games. For instance, one player might play an Assassin, and another Warrior, according to Amtgard Wiki website.

Land's End Amtgard's honor system includes titles and ranks as well. Titles such as Lord/Lady, Duke/Duchess, Marquis/Marquise, and Viscount/Viscountess are titles bestowed on members in recognition for work in the game or holding offices.

"It is a unique rolling political system as well, where people are making sure that we are funding for events. It's evolving, which makes it interesting," Burgener said.

Anyone who range in age from 14 and up can join the team, but be prepared for the extraordinary battles and fun.

Undoubtedly, the most exciting achievement from being a member of Amtgard is finding new friends and family.

"I found many friends here, and now I can do what I like with my wife and kids. It is amazing," Bremer said.

"This game brings people of all ages together. It's like a big family. We found friends all over the country, and this is what makes it all worth it," Burgener said.

If you wish to participate in competitive sports fighting, finding an outlet for your creative talents, or honing your leadership skills, Amtgard is your best destination to achieve your goals.

If you are interested in becoming a member of Land's End Amtgard, you can stop by University Park in Grand Forks. There are battles going every Saturday at 12 pm.

"We are super friendly people. Don't be afraid, just come and talk to us. We will teach you all the information we know. Come and join, you won't regret it," Burgener said.

For more information, visit Land's End facebook page called Official Land's End Amtgard page, or visit their Kingdom page called The Empire of Rivermoor.

You can also visit www.amtgard.com, or wiki.amtgard.com.

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More participants in the Land's End Amtgard

Celebrating Indigenous People's Day

Grand Forks Replaces Columbus Day

Madelynn Deshler
Dakota Student

A deep bass echoes down the streets of downtown Grand Forks. Hip hop artist Thomas X's voice fills the night's brisk air outside of the Fire Hall Theatre. People are gathered closely together in front of the stage, swaying and nodding their heads to the music, music that is filled with truth and power. Thomas X emphasizes the Indigenous people's infinite strength and their ability to never give up through his lyrics. A lady at the front of the crowd raises her hands, palm side up, into the air, not only absorbing the beat, but also absorbing the moment, this moment to finally have her culture be celebrated by a holiday, a holiday known as Indigenous Peoples Day.

Indigenous Peoples Day is being recognized for the first time ever in the history of Grand Forks after the resolution to replace Columbus Day was passed by the city on July 15 of this year. In honor of the day, an event was created in downtown Grand Forks. The celebration was filled with performances, dancing, music, and food. According to Courtney Davis Souvannasac, the director of the event, the turnout was astonishing. Firehall Theatre was filled well over capacity.

"We're just hoping that it will grow and grow every single year," Souvannasac said.

Before the night ended, Souvannasac and others were already discussing potential venues and programs for next year's celebration.

UND student Jaycee Anderson attended the three hour event, proudly representing her Anishinaabe, or Ojibwe, indigeneity.

"For me, it's finally getting a day of recognition for my people. It's finally



Caitlin Collins/Dakota Student

Indigenous People's Day Celebration

ly a year where I can walk around and be proud to be Native or Indigenous. It's having an event that I can go to and look forward to, like how other people have their own days. It's a celebration of our culture," Anderson said.

Anderson briefly mentioned how more and more people are beginning to oppose Columbus Day throughout the country. She discussed how it is still important to learn the history of Columbus though, just not in such a "white savior" light.

"He came and he discovered us, but how can you come and discover people who are already

here? How can you discover a land that was already inhabited by people?" Anderson said.

As the celebration comes to a close, the air is filled with positive expectations for the future.

"I just hope that one day in my lifetime the United States, as a whole, can

recognize Indigenous Peoples Day," Anderson said.

October 14th of 2019 is a day that will always be remembered. For the first time ever in the city of Grand Forks, the Natives were truly heard, celebrated, and recognized. Indigenous Peoples Day has brought not only the In-

digenous community together, but also the Grand Forks community. It has given the Natives this opportunity to publicly honor their culture and history. This day is simply the start of something bigger. It is the start of something bigger in which one day, people of all cultures, rac-

es, and genders will come together to celebrate a day in recognition of the Indigenous people of this land.

Madelynn Deshler is a staff writer for Dakota Student. She can be reached at madelynnedeshler@gmail.com

"For me, it's finally getting a day of recognition for my people. It's finally a year where I can walk around and be proud to be Native or Indigenous. It's having an event that I can go to and look forward to, like how other people have their own days. It's a celebration of our culture."

Jaycee Anderson, UND Student

Secure IT. IT's up to you.



Longer and stronger

Shorter passwords are easier for hackers to break. NIST, the National Institute for Standards and Technology, recommends that passwords be anywhere from **8 to 64 characters long**.



Mix and match

Do you like mixing languages or making up your own words? If so, then you have an easy way to improve your password. **If it only makes sense to you**, it's less likely to appear in the cracked lists of passwords hackers use.

Irezumi

Coelophysis

Ditch the digits?

While your own organization's rules may be different, new federal guidance has advised that forcing users to include lots of symbols and numbers doesn't necessarily increase password security. **Focus on length and memorability** instead.

Thinking in sentences

How do you remember a password that's 64 characters long? Think in sentences, not words. A phrase or a sentence is easier to recall than a nonsensical combination of letters and numbers, and provides that all-important length to **make it harder to crack**.

jst4sm4llt0wngrl!lvnngn4lOnelyw0rld!!
t00kth3mdnghttr4ng0ng4nwh3r3!!!_



Safeguarding UND
is everyone's responsibility!



UND Brings Home Big Win

The Fighting Hawks trampled Cal Poly for first road win



Trevor Alveshere/Dakota Student

Patric Rooney dives for the ball in the endzone at the Alerus Center.

James DeArman
Dakota Student

This weekend, UND football faced their longest travel day of the year as they journeyed over 1800 miles to San Luis Obispo, CA to take on previously ranked Cal Poly Mustangs. SLO, as it is affectionately referred to by locals and students, is a much better team than their 2-4 record displayed. Coming into this contest all of their losses have been against ranked opponents or FBS juggernauts. A strong football team paired with extensive travel would be a true test for the Hawks.

As the first half kicked off it became obvious that the uptempo Cal Poly option offense was going to try and run the ball and run the ball often exposing a UND rushing defense that had been subpar the last few matchups. On this first Cal Poly drive the Mustangs ran the ball on seven of eight plays and set the tempo for the rest of

the game, finishing off the drive with a field goal try splitting the uprights.

UND would swing back to take the lead with a second quarter 12-play, 75 yard drive that was capped by a James Johansson three yard touchdown run, his sixth of the year. The rest of the second quarter was dominated by Cal Poly as they continued to run the ball, testing a North Dakota front seven

up by a strong 20 yard punt return which set up the Hawks after a quick three and out. UND quarterback Ketteringham lead his team down the field and took matters into his own hands as he smashed it up the middle on a one yard line quarterback run for the touchdown trimming the lead to just three points.

Cal Poly would respond with their own special teams magic as the

conversion may have come back to haunt them as the score sat at 23-14

The North Dakota offense responded to their opportunity well and set out on another 75 yard drive ended with Alex Cloyds second most important touchdown grab of the night trimming the gap to just a 23-21 lead going into the last quarter of play. UND was given the ball after a great de-

missed two point conversion now making the difference.

The Mustangs next possession was exactly what a coach would ask for. The 16 play drive chewed almost seven minutes off of the clock and a 44 yard field goal put Cal up 26-24 with three minutes left on the game clock. North Dakota set out on their would be game winning drive and matched into Mus-

vantage.

"We actually called that play in our last home game against (UC Davis) for a touchdown too," said Cloyd. "We knew that it was the perfect play call on fourth down because they were expecting run."

In the end, UND was able to withstand the youth football esque 63 rushing attempts from the Cal Poly offense as opposed to just 11 passing attempts, and steal their first win on the road this season. UND will return to the friendly confines of the Alerus Center next weekend with confidence as they face the No. 12 ranked Montana State Bobcats in an important game with playoff implications for both schools.

"We actually called that play in our last home game against (UC Davis) for a touchdown too. We knew that it was the perfect play call on fourth down because they were expecting run."

Alex Cloyd, UND senior tight end

which had been weak the last few weeks. The Mustangs would hang up two touchdowns in the second and carried a 17-7 lead into the half.

The second half would provide a thriller opened

SLO return man brought it back 50 yards which left just 38 yards between them and the endzone. The Mustangs would cover that on eight plays and rush in the ball to extend their lead, although a failed two point

fensive possession to start the fourth quarter and unleashed a 10-play 57 yard drive but were unable to punch the ball into the endzone. The Hawks settled for the field goal and took a 24-23 lead, Cal Poly's

tang territory. A big stop from Cal forced a game deciding fourth and two for the UND offense. A perfect play call lead to a wide open Cloyd as he would streak into the endzone to give the Hawks a 30-26 ad-

James DeArman is a sports writer for Dakota Student. He can be reached at james.dearman@und.edu

Classifieds

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Gently used or new coats, hooded sweatshirts, hats, scarves, gloves, children's items (including snowsuits), shoes and boots, and blankets, ALL SIZES are welcome!

Drop off location - UND Accounting Office - Room 220, Gamble Hall, other locations around Grand Forks are available as well

Deadline is Thursday October 24th

YMCA EMPLOYMENT OPPORTUNITIES

The Altru Family YMCA is looking for enthusiastic and motivated people to fill the following positions:

Lifeguard; Swim Instructor; Home School Physical Education Instructor; Fitness Center Staff; SPARK Kids Fitness Instructor; Educational Center Substitute (infant through school age); Youth Sports Coach - Supervisor - Volunteer. Contact us at 701-775-2586 / gfyymca@gfyymca.org. Visit www.gfyymca.org for more information about the YMCA programs. Work in a vibrant, rewarding environment while you build your skills and your resumè!

Women's Soccer Let Down

North Dakota suffers a hard fought loss over Oral Roberts this week

Patrick Mulvahill
Dakota Student

The game started off in Oral Roberts favor as they generated offensive chances off of quick passing to the outside. UND could not seem to get any plays rolling due to location-less passing, as was the story of the game. UND and Oral Roberts were both running a 4-3-3 positioning. OR became more effective as the half went on with the positioning. UND had trouble connecting on passes and failed to connect on goalie kicks to their midfielders, as headers seemed to bounce in Oral Roberts favor. The first half ended in shots favoring Oral Roberts 5-0, as UND struggled to work the ball upfield and generate chances. The second half started strong for UND as freshman Bailey McNitt created a nice scoring chance. UND struggled to advance the ball much past the half line in the second half, although they had five shots total in the half. Halfway through the second half, Oral Roberts was fouled just outside of the penalty box as Oral Robert's Midfielder Kelli Keller took a shot that went right into the chest of UND goalkeeper Madi Livingston, making an easy save.

“We weren’t able to move the ball up the field as effectively as we normally can and it came back to haunt us later in the game.”

Chris Logan , UND Women's Soccer Head Coach

Freshman goal-keeper Livingston showed great confidence in net as she took on 18 total shots stopping 16. UND had trouble connecting on passes, chipping many to open space but only getting picked up by Oral Roberts defenders. There was enormous pressure put onto UND throughout the second half, many scrambles resulting right in front of UND's net as Livingston made save after save, jumping around her crease until the ball was finally cleared. UND's Mara Yapello created her own offensive drive when she screamed up the middle of the offensive zone, resulting in a rocket of a shot that rang right off the crossbar. Yapello also gave a nice feed to UND's Mimi Eden right on the doorstep late in the second half resulting in a spinning ball rolling just past the far pipe. Shots ended 17-5 in Oral Roberts' favor after full time. Both teams started the five-minute overtime with a 4-4-2 set. The first shot of overtime was put on by UND as they made an attempt from just inside the penalty box resulting in an easy stop for Oral Roberts goalkeeper. After some failed pass attempts to get the ball upfield for UND, Oral Roberts started to put

pressure on and close in on the opponent's net. With one minute left in the overtime period, Golden Eagle's Pillay was wheeling around the outer corner of the penalty box as she was tackled and tripped by UND Defenseman Hannah Olson inside the box, resulting in a penalty kick one-on-one with the goalie for Pillay. Pillay chose to shoot left and tipped the ball off of the UND goalkeeper's fingertips, ending the game. Pillay, who is also on the South African National team, played well all night generating many scoring chances and showing off some elite ball handling. Shots ended 18-6, as each team registered one shot in overtime. "Overall, it was just kind of an off day," Chris Logan, UND Women's Soccer Head Coach, said. "We weren't able to move the ball up the field as effectively as we normally can and it came back to haunt us later in the game." The game resulted in a tough loss of 1-0 for UND. The team expects to get right back on the grind next week as they play Denver at home on Thursday October 24.

Patrick Mulvahill is a sports writer for Dakota Student. He can be reached at patrick.mulvahill@und.edu



Junior Mara Yapello handles the ball on Thursday.

Trevor Alveshere/Dakota Student

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