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UND Presidential Candidates

A look into all candidates coming to town

Mason Dunleavy
Dakota Student

Starting Nov. 12, candidates for the University of North Dakota's presidency will be on campus to meet with students, faculty and the Presidential Search Committee. Public Forums will happen on the second day of the candidate's visit from 2:30 – 3:30 p.m., locations unclear at this time. These meetings will end on Nov. 21 with a final decision from the State Board of Higher Education occurring on Dec. 3.

Dr. Robert Marley

Beginning the interview process on Nov. 12-13 is Dr. Robert Marley. Marley is currently the provost and Executive Vice Chancellor for Academic Affairs of the Missouri University of Science and Technology. Previously, Marley has held multiple positions within Montana State University, including Dean of the College of Engineering, along with being a tenured professor. According to provost.mst.edu, during Deanship at MSU, Marley secured \$25 million in funding and \$30 million from being an "experienced fundraiser," and "having developed private support from various initiatives." Dr. Robert Marley earned his Ph.D. and M.S. in Industrial Engineering, along with his B.S. in General Science from Wichita State University.

Dr. Chuck Staben

Dr. Chuck Staben will be on campus Nov. 13-14. Staben was previously the President of the University of Idaho from 2014-2019 but had not renewed his contract due to a mutual agreement with the university. Dr. Staben's time at the University of Idaho ended with his handling of the athletic department's sexual assault allegations. Staben put Athletic Director Rob Spear on 60-day paid leave as he hired private investigators to look into the handling of allegations against a football player. While working as president for the University of Idaho, Staben was a finalist for the presidential candidacy at the University of New Mexico. Previously, Dr. Staben was provost at the University of South Dakota from 2008-2014. After earning his B.S. in Biochemistry from the University of Illinois, Dr. Staben got his Ph.D. from the University of California-Berkeley.



Photo courtesy of und.edu

Candidates from left to right: Dr. Robert Marley (Top Left), Dr. Andrew Armacost, Dr. Paul Tikalsky, Dr. Laurie Staben Nichols (Bottom Left), Dr. Chuck Stabe, Dr. David Rosowsky

Dr. David Rosowsky

For Nov. 14-15 is Dr. David Rosowsky. Dr. Rosowsky previously served as Provost and Senior Vice President of the University of Vermont from 2013-2019. This role also involved being the chief budget officer for the University of Vermont. Before working as provost of the University of Vermont, Dr. Rosowsky also worked at Texas A&M where he was the head of the Zachry Department of Civil Engineering. Rosowsky has been valued high for his everlasting optimism and he's frequently introduced as the "cheerleader-in-chief." Dr. Rosowsky earned his M.S. and B.S. in Civil Engineering from Tufts University and his Ph.D. from Johns Hopkins.

Dr. Lauri Stenberg Nichols

After a little break, Dr. Laurie Stenberg Nichols will be visiting Nov. 18-19. Dr. Nichols

was previously the President of the University of Wyoming before starting her position as Interim President at Black Hills State University. Nichols was the first woman to hold the presidency at the University of Wyoming. Before her endeavor into Wyoming, Dr. Nichols held a variety of positions during her time at South Dakota State University, including provost and vice president of academic affairs. Nichols got her B.S. in economics from SDSU, an M.S. in vocational and adult education from Colorado State University and a Ph.D. from Ohio State University.

Dr. Paul Tikalsky

Dr. Paul Tikalsky will follow on Nov. 19-20. Dr. Tikalsky is currently the Dean of the College of Engineering at Oklahoma State University. Tikalsky has assisted in raising more than \$120 million to support

scholarships and facilities. Previously, Dr. Tikalsky was a Professor at Penn State University as well as the Director of the CATO Materials Laboratory. After his B.S. in Civil and Environmental Engineering from the University of Wisconsin, Tikalsky got his M.S. and Ph.D. in Structural Engineering from the University of Texas at Austin.

Dr. Andrew Armacost

To end the meetings will be Dr. Andrew Armacost on Nov. 20-21. Brigadier General Andrew Armacost is currently the Dean of the Faculty at the U.S. Air Force Academy in Colorado Springs. Along with overseeing the instruction of 4,000 cadets, Dr. Armacost also handles faculty resources totaling more than \$350 million. Previous to his appointment as Dean, Armacost held a Permanent Professor position and was the Head of the Depart-

ment of Management. Dr. Armacost got his B.S. in Industrial Engineering from Northwestern University and continued to get his M.S and Ph.D. in Operations Research and Philosophy from Cambridge.

The State Board of Higher Education will make their final decision on Dec. 3.

Dr. Joshua Wynne has been interim president since June 2019 at the appointment of the North Dakota State Board of Higher Education. Former President Mark Kennedy has begun his position at the University of Colorado system.

Mason Dunleavy is the News Editor for Dakota Student. he can be reached at Mason.Dunleavy@und.edu

Winter Is Coming

Brianna Mayhair
Dakota Student

Winter is coming which means cold and flu season. Thanksgiving break is right around the corner and no one wants to spend their break sick in bed. Through an email, Beverly Klein, with over 10 years of experience as an RN at Mayo Clinic in Rochester, Minn. gave some insight about how to stay healthy and what to do if you do come down with some illness.

Knowing when cold and flu season starts is the first step in preventing catching any illnesses.

"According to the CDC, typically, cold/flu season starts in the fall (October) and ends in the spring," Klein said. "Peak of the season is usually December to February."

Individuals can start fighting the cold and flu season early by going and getting a flu shot and practicing good habits.

"Good things to practice regularly, is hand washing, covering mouth and nose if coughing or sneezing, getting enough sleep, staying hydrated, staying active and keeping areas clean," Klein said.

Understanding what the flu

is and the signs is a great way to fight it off early. People often confuse the stomach flu and the flu, so what are the differences?

"The stomach flu is an upset stomach, diarrhea and or vomiting," Klein said. "The flu is a respiratory illness (nose, throat and lungs.) With the flu, you can have a decrease in appetite and an upset stomach, but it is a viral respiratory illness."

Some common symptoms of the flu according to Mayo Clinic are aching muscles, chills and sweats, a fever over 100.4 Fahrenheit, headache, a dry persistent cough, fatigue and weak-

ness, nasal congestion and/ or sore throat.

"If you do have symptoms of the flu, the best thing to do is stay home and take care of yourself," Klein said. "Take Tylenol for headaches and Ibuprofen for a fever. There isn't a need to go into the doctor's office unless a person is at high risk for complications. If a person is at high risk for complications, a doctor appointment is advised and will possibly get an antiviral medication to help prevent the person from having complications. If a person does have the flu and must go somewhere, be sure to

wear a medical mask that covers the nose and mouth."

Even with healthy habits in practice, sometimes individuals can still get sick. Watching your health and taking the right steps to get well not only benefits you, but the people around you as well. What should individuals do if they are feeling unwell?

"Rest," Klein said. "Hydration and water with lemon or honey to help soothe the throat."

Story continued
on page 2

Prepare for cold and flu season

Cold & Flu
Story from
front page

Washing hands frequently, either with soap and water or hand sanitizer. Stay home until you are feeling better, which usually is about 24 hours after no longer having a fever. The flu is contagious, so attempt to stay in one location to decrease the chance of spreading it to the people around you.”

When recovering from any illness, be mindful of your body. Try not to push yourself too hard or else it may make you feel worse. If you are active, don’t jump back into your regular workout routine. Start by doing light exercises like walking to allow your body to slowly adjust back to normal.

For students with any questions or concerns, Student Health Services is located in McCannel Hall Room 100. They can be reached at 701.777.4500 or email UND.student-health@UND.edu.

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Remember your cold and flu essentials.

Photo courtesy of Unsplash

ISIS Leader Confirmed Dead
Strike on ISIS compound leads to new intel

Mason Dunleavy
Dakota Student

During the night on Oct. 26, the United States successfully took down the leader and founder of the Islamic State, Abu Bakr al-Baghdadi. A planned raid throughout the night in northwest Syria targeted a compound occupied by Baghdadi. President Trump held a conference in the Diplomatic Reception Room making the announcement that the planned raid went will. “Abu Bakr al-Baghdadi is dead. He was the founder and leader of ISIS, the most ruthless and violent terror organization anywhere in the world.” President Trump said. “This raid was impeccable, and could only have taken place with the acknowledgement and help of certain other nations and people.”

In the statement to the public regarding the death of Baghdadi, President Trump praised the military and mocked the fallen terrorist leader.

“No personnel were lost in the operation, while a large number of Baghdadi’s fighters and companions were killed with him.” President Trump



ISIS leader and founder, Abu Bakr al-Baghdadi, has been confirmed dead.

Photo Courtesy of Wikimedia Commons

said. “He died after running into a dead-end tunnel, whimpering and crying and screaming all the way. The compound had been cleared by this time,

cape the final judgment of God.”

“Today’s events are another reminder that we will continue to pursue the remaining ISIS terror-

ists to their brutal end. That also goes for other terrorist organizations. They are, likewise, in our sights.” President Trump said.

ers death in an attempt to cause terror amongst the U.S. public.

“America, do not be happy with the killing of Sheikh al-Baghdadi. Do you not realize that the State today is not only on the doorstep of Europe and in the center of Africa, it is staying and expanding from the east to the west.” The spokesperson said.

After going over other information relating to the raid, President Trump demonstrated his demeanor and the determination of the U.S. military relating to terrorism around the world.

“Baghdadi’s demise demonstrates America’s relentless pursuit of terrorist leaders and our commitment to the enduring and total defeat of ISIS and other terrorist organizations.” President Trump said.

Along with killing the Islamic State leader, the U.S. military acquired useful intel into the activities of the Islamic State.

“We were in the compound for approximately two hours, and after the mission was accomplished, we took highly sensitive material and information from the raid, much having to do with ISIS origins, future plans, things that we very much want.” President Trump said.

The new Islamic State spokesperson issued a statement highlighting the appointment of a new leader for the group, Abu Ibrahim al-Hashimi al-Qurashi. The spokesperson also being a new appointee due to his predecessor being taken down by U.S. military on Monday.

The Islamic State’s spokesperson released a message after their lead-

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President Donald Trump

This raid was impeccable, and could only have taken place with the acknowledgement and help of certain other nations and people.

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The Importance of a College Experience

Maddie Deshler
Dakota Student

The pressure that students face to continue their education at some sort of college after graduating high school is at an all-time high during junior and senior year. The main reason for this nowadays is because people believe you cannot be successful in this world unless you have a college degree. However, there is also the argument that college might not be for everyone, and for some, it really isn't. Due to these contrasting ideas, high school students get confused. They question whether they need to take a break from school and save up money first. They wonder if they're going to hate the college they choose. And most importantly, they fear that they have no idea what they want to do with their future.

Regardless of these reasons for why college might not seem to be a good fit for some people, I think it is at least something everyone should try at some point. I say this confidently as a student who struggles to learn in a classroom setting, has transferred two times and has considered dropping out far more times than anyone would expect.

The belief that college is a great time to expand your education and prepare yourself for the future is true, just not in the context that most people see it. People view college as being one step closer to landing their dream job at a top company with the promise that they will be very wealthy later on. For some, this may be valid, and this may be satisfying enough. However, true satisfaction for me comes from experience, friendships, and life lessons, not job success and money.

I have sat through countless meetings with professors who suggest that I go into things such as marketing and advertising, and I just nod my



DS File Photo

The Eternal Flame is an iconic spot at UND's campus.

head and say, "oh yeah, wow! That sounds cool!" Realistically though, I just want to be a flight attendant so I can travel the world and write about those adventures. Why am I in college then if I don't need a degree to be a flight attendant? Isn't that a waste of money? For me, it is not a waste of money because I am learning so much outside of the classroom environment while being in college. It is these life lessons that make it worth it.

My freshman year I experienced what it's like to move to a new city and know absolutely no one. I was forced to relearn the fundamentals of how to make friends. Luckily, my roommate came along and became my best friend, and to this day, she is still my closest friend despite no longer living together. Together we learned how to step outside of the technological world

we live in today by introducing ourselves to people at the dining centers or in classes, rather than over social media. Rather than texting a group of people to see if they wanted to go eat together, we would journey over to their rooms throughout the Johnston, Fulton, Smith complex and ask them in person. From this, we realized that some of the best experiences occur when things are unplanned and you put yourself out there.

Both coming from the Twin Cities, my roommate and I somehow mastered the art of never getting bored in a smaller city than we were used to. We stayed up until 4 am on weeknights, not because we were studying, but because we were trying to quietly make popcorn in the small kitchen of our dorm hallway. We figured out how to get to all of our classes during

the winter without being outside for more than two minutes. We learned how to scale the outside wall of our dorm building with one rope and the help of the guys on the floor above us. We concluded that school snow days are not good days to play football outside unless you want to get frostbite. In the end, some of the things we did were so simple, yet they were things no one would ever think of doing casually for fun. We probably should have been studying instead, but these moments will stick with me more than the lessons from Principles of Microeconomics.

Now, being in my junior year of college, I have conquered an additional year and several months of college since my days spent as a freshman. In these additional months, I have continued to do some of the most random, spontaneous things ever, but

I have also had to deal with many more serious situations. Wednesday nights have been spent quickly driving over to someone's apartment to help a friend who drank too much. Thursday nights have been spent being held in someone's arms, crying for hours because I'm too stressed thinking about the assignments that I have no motivation to do. Sundays have been spent trying to fix my mistakes with other people after a long weekend of regret.

I cannot deny that my college experience has not been filled with recklessness. More nights than I'd like to admit have been spent doing other things than studying. Mistakes have been made. Nights have been forgotten. Hearts have been broken. Tears have been shed. These are things that I should be ashamed of, but I am not, because each and every one of these moments

are all simply part of my college experience.

By no means should everyone's college experience be just like mine has been. Some people do want to focus a lot more on school. Others, however, are probably thinking the same thing as me, and they're just here for the memories. Regardless, don't ever be ashamed of your mistakes. Learn from them. Remember them. Look back on them later in life and laugh at them. We're only ever this young in college once, so take each and every second of it in. Stress about school. Don't stress about school. At the end of the day, we're just here learning about ourselves and life.

Maddie Deshler is a columnist for Dakota Student. She can be reached at maddelynn.deshler@und.edu

Confidence is Key

Confidence is one of the best qualities to learn

Megan Vogt
Dakota Student

Before I started college, I was constantly anxious, always worrying about who liked me, what they thought of me, where I would be in 5 years, what if I fail this test, etc. I didn't realize how exhausting it was. It truly does take a toll on a person and their energy level.

Understanding self-worth and how important you are to this world and the people around you is a great first step in understanding what confidence is. It doesn't happen overnight, but all it takes is a switch in a mindset and the way you look at your life and your perspective on all the challenges you have accomplished.

I would say my biggest piece of advice for freshman would be to take it all in. I take that back. That would actually be my second biggest piece

of advice. I think the most important aspect of college is to find yourself and believe in who you are. Confidence is a great thing, and it looks good on you. That would be my biggest and best piece of advice for freshman who are wrapping up their first semester.

Confidence can go a long way in college. From walking with your shoulders back and head held high to believing in how intelligent you are. Being a girl in college, confidence is not always easy. There are great days and there are hard days. But take it one day at a time. Stop comparing yourself to everyone, because I can guarantee that you have something that they wish they had. Believe in who you are. Believe in the things you stand for.

Don't be afraid to be yourself. Even if you are the awkward girl who doesn't know how to hold a small talk conversation. Don't be afraid to

ask for help, even if that is as simple as asking to go for a drive with someone or grabbing coffee to catch up and chat with a friend. Be you and own it. It is quite fun being different.

At the end of the day, you should be proud of your accomplishments and all that you have done. Be proud of yourself for getting accepted to college. Be proud of yourself for passing that class. Be proud of yourself for studying. Be proud of yourself for putting jeans on instead of leggings. Be proud of who you are. You are the only you, and no one can ever take that away from you.

When starting your journey through college, please be yourself. That does not have to be the person you were in high school. Be whoever it is you want to be. People will love you endlessly for whatever it is you bring to the table. Confidence is hard, but take

it one day at a time, and one day you'll get there. "In any given moment we have two options: to

step forward into growth or to step back into safety." –Andrew Maslow

Megan Vogt is the Opinion Editor for Dakota Student. She can be reached at megan.m.vogt@und.edu

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Dakota Student

Quality is better than quantity

A reminder on the importance of true relationships

Se Kwon
Dakota Student

When I was just a little girl, I dreamed of having everything. I dreamed of having a white castle-looking mansion, with puppies running around and a slide from my dream bedroom to the downstairs area. As a few years passed by and I started transitioning into high school, I wanted more things like nice cars, nice clothes, a lot of friends, etc. These are all examples of things I “really wanted” but didn’t need at all.

The thing I wanted most growing up was a lot of friends and to have this sort of popularity to feel superior. I’m at a point where I can admit that without getting embarrassed, as most high school girls especially wanted the same thing. I come from a city just north of Minneapolis and I graduated with around 700 students in my class. Our high school and city was fairly big, making it hard for many people to find their “group” of friends. I’d say that I had a pretty good high school experience; I had one friend group

that consisted of 25-28 people, we would celebrate Thanksgiving and Christmas together and we were all pretty close. We still get together on holidays and in the summertime, as it has been a tradition for us for awhile now. The thing that was hard for me to understand was how I had all these “friends” in this group but wasn’t super close with every single person. The thing that was hardest for me to understand was that it wasn’t about how many friends I had but it was more about how good of friends they were.

I’d say I’m a social person, I love meeting new people and making friends. It was pretty clear that I didn’t connect very well with some of the people in this high school group of friends but I never knew why. None of these people did anything to hurt me and I didn’t do anything to hurt them either, so I caught myself asking this question a lot. I asked questions like, “why don’t these girls want to hang out with me?” or “what should I do to be better so that this person will like me?” The thing is, I had it all wrong this entire time; I

was asking all the wrong questions to myself. I was constantly worried about what people thought of me and why I wasn’t close to everyone but that’s not how it goes anymore. During my freshman year of college I had finally figured it out. Everyone says that quality is greater than quantity, but what does that mean exactly? After experiencing college for the first time, I have realized that I have a very select few close friends I can go to for anything and I’m completely okay with it. Being friends with

every single person you meet or encounter would be extremely difficult because it doesn’t allow enough room to get close with everyone. I have some people in my life who I can consider some of my best friends and I also have people in my life who I don’t consider my best friends but they’re the people I still love to be around. The reason why I have a few best friends is because I’ve actually taken the time to get to know these people and they’ve taken the time to get to know me. It’s been a long time for us to get to know each other and let me just tell you, you don’t have that kind of time for everyone.

So here is my advice to you. Stop worrying about the amount of friends you have, it doesn’t matter. What matters is that you have a select few people who can be trusted, who give you love, who care for you, and who trusts you as well. It’s all about quality; how good these people in your life treat you, rather than the number of people in your life who may treat you well, but not as well as you deserve to be treated. Think wisely, because quality will always outweigh quantity.



Photo courtesy of Pixabay

Having quality friends allows better relationships than having many friends.

Se Kwon is a columnist for Dakota Student. She can be reached at se.kwon@und.edu

'Tis the season of holiday movies

This is truly the best time of year to watch movies

Megan Vogt
Dakota Student

The most dreaded time of year for some is when their moms or grandmas start playing Hallmark movies. The dreadful storyline or cheesy romance makes some people angry or annoyed

during the holiday season. I am proud to say that I am not one of those people. I love Hallmark movies because of their dreadful storyline and their cheesy romance. They allow for such happy spirits, and in the end I love love. Yes, the story is pret-

ty predictable. Someone from the city finds themselves stuck in a small town for a business meeting, news story or some sort of conference. In this small town, they find themselves wrapped up with someone who sees the good in them, even though their

company does not. They end up talking to their best friend about this person and their friend reminds them that their home is in the city, but they understand if they need to stay because they see themselves falling in love with the person who sees the best in them.

This inner conflict goes on for a while, with a few twists and turns depending on the movie, but in the end it is a happy ending. Whether they get married or they have their first kiss in the snowfall during their towns Christmas festivities, they end up happy. Besides, it isn’t a Hallmark Christmas movie without a happy ending.

I grew up with Hallmark Christmas movies playing in my house the moment Nov. 1 rolled around. My mom would come home from work and immediately turn on one of the movies from the night before. My mom found her love for Hallmark movies when she grew up watching them both with her mom and dad. To this day, the three of them chat about different movies that came out this year. Although they are older, they never fail to remind themselves of some of their favorite Christmas movies from years before. These conversations usually happen during Thanksgiving or during our families actual Christmas celebration. My sister and I usually try and join the conversation, but after a few

SAT OCTOBER 26

Christmas Wishes & Mistletoe Kisses 8pm/7c

SAT NOVEMBER 2

Merry & Bright 8pm/7c

SUN NOVEMBER 3

Christmas Scavenger Hunt 8pm/7c

SAT NOVEMBER 9

Picture a Perfect Christmas 8pm/7c

SUN NOVEMBER 10

The Mistletoe Secret 8pm/7c

SAT NOVEMBER 16

Christmas Under the Stars 8pm/7c

SUN NOVEMBER 17

Write Before Christmas 8pm/7c

SAT NOVEMBER 23

Christmas at Graceland: Home for the Holidays 8pm/7c

SUN NOVEMBER 24

Cherished Memories: A Gift to Remember 2 8pm/7c

MON NOVEMBER 25

A Christmas Duet 8pm/7c

TUE NOVEMBER 26

Check Inn to Christmas 8pm/7c

WED NOVEMBER 27

The Christmas Club 8pm/7c

THUR NOVEMBER 28

Christmas at the Plaza 8pm/7c

FRI NOVEMBER 29

Christmas in Evergreen: Tidings of Joy 8pm/7c

SAT NOVEMBER 30

Christmas in Rome 8pm/7c

SUN DECEMBER 1

Christmas Town 8pm/7c

SAT DECEMBER 7

A Christmas Love Story 8pm/7c

SUN DECEMBER 8

A Hallmark Hall of Fame Presentation

SAT DECEMBER 14

Holiday Date 8pm/7c

SUN DECEMBER 15

A Cheerful Christmas 8pm/7c

SAT DECEMBER 21

It's Beginning to Look a Lot Like Christmas 8pm/7c

SUN DECEMBER 22

Double Holiday 8pm/7c

WED DECEMBER 25

When Calls the Heart Christmas 8pm/7c

SAT DECEMBER 28

New Year, New Me 8pm/7c

24 All New Premieres!

PROGRAMMING GUIDE

Photo courtesy of Hallmark.com

Countdown to Christmas movie schedule

minutes of conversation, we realize that we have no idea what movies they are talking about. Hallmark isn’t the only TV platform that has Christmas movies on during this time of year. Recently, Netflix has jumped on to the join the craze for Christmas movies. This year they are releasing quite a few new titles starting at the beginning of November. Each year Lifetime also releases a bunch of movies. They aren’t as cheesy or unrealistic, but they still provide a happy, fuzzy feeling when you are watching them. If you’re looking for good, old, classic movies such as Home Alone

or How the Grinch Stole Christmas, check out Freeform. They have a lot of classics, along with winter-themed movies playing this time of year for their Kickoff to

I suggest taking time during a weekend and watching the snow fall and watching a cheesy Christmas movie to destress during this stressful season of gift-giving and finals.

Megan Vogt is the Opinion Editor for Dakota Student. She can be reached at megan.m.vogt@und.edu

FREEFORM KICKOFF TO CHRISTMAS

All November

NOVEMBER 1

8:30p/7:30c

Disney's Zootopia

NOVEMBER 2

8:50p/7:50c

Disney's Moana

NOVEMBER 3

9:55p/8:55c

Disney's Beauty and the Beast (1991)

NOVEMBER 4

9p/8c

Disney and Pixar's Toy Story

NOVEMBER 5

9p/8c

Disney and Pixar's Toy Story 2

NOVEMBER 6

8:30p/7:30c

Disney and Pixar's Monsters University

NOVEMBER 7

8:30p/7:30c

Disney's Zootopia

NOVEMBER 8

5:30p/4:30c 8p/7c

Disney's Zootopia High School Musical: The Musical: The Series

NOVEMBER 9

5:30p/4:30c 8p/7c

Disney's Moana The Wonderful World of Disney Presents The Little Mermaid Live!

NOVEMBER 10

6:10p/5:10c

Disney's The Lion King (1994)

NOVEMBER 11

7:55p/6:55c

Iron Man

NOVEMBER 12

5:50p/4:40c

Home Alone

NOVEMBER 13

5:40p/4:40c

Home Alone 2: Lost in New York

NOVEMBER 14

5:50p/4:50c

Pitch Perfect

NOVEMBER 15

8:55p/7:55c

Fantastic Mr. Fox Freeform Premiere

NOVEMBER 16

9p/8c

Disney's Frozen

NOVEMBER 17

9:20p/8:20c

Dr. Seuss' How the Grinch Stole Christmas (2000)

NOVEMBER 18

8:30p/7:30c

Grown Ups

NOVEMBER 19

7:45p/6:45c

The Blind Side

NOVEMBER 20

8:20p/7:20c

Home Alone 2: Lost in New York

NOVEMBER 21

8:55p/7:55c

Matilda

NOVEMBER 22

8:55p/7:55c

Despicable Me 2 Freeform Premiere

NOVEMBER 23

9p/8c

Turkey Drop Freeform Premiere

NOVEMBER 24

6:45p/5:45c

Home Alone

NOVEMBER 25

9-11p/8-10c

Wrap Battle Freeform Premiere

NOVEMBER 26

7:45p/6:45c

Captain America: The Winter Soldier Freeform Premiere

NOVEMBER 27

8:55p/7:55c

Despicable Me 2

NOVEMBER 28

6p/5c

Home Alone

NOVEMBER 29

9p/8c

Shrek

NOVEMBER 30

7:45p/6:45c 9:50p/8:50c 11:55p/10:55c

The Santa Clause 2 The Santa Clause 3: The Escape Clause

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Kickoff to Christmas movie schedule

Starting of a local band

Silver Warehouse tells of how they got their start

Olga Kopp
Dakota Student

“Music, at its essence, is what gives us memories. And the longer a song has existed in our lives, the more memories we have of it,” said Stevie Wonder.

Not everyone knows that UND has their own rock stars. Many of you know those men. They are walking near you on the UND campus, they are studying with you in the same university and maybe they even live in the same dorm with some of you.

We are introducing to you the brand new alternative rock band: Silver Warehouse.

Forming in North Dakota a year ago, the alternative rock band Silver Warehouse has blended their unique backgrounds to create popular music in the otherwise bland state they reside in. With a versatile array of tastes in music, Silver Warehouse hopes to compose a sound that can be enjoyed by all, according to Silver Warehouse official facebook page.

Silver Warehouse include 5 members stemming from Minneapolis, Chicago, Wisconsin and Sao Paulo, Brazil. Currently, they all are students at UND, and they all are getting different majors. You may recognize their names: Austin Davis (vocals/guitar), Cameron Kasper (drums), Carlos De Held (guitar/vocals), Dylan Heiam (vocals/keyboard) and Samuel DeHaven (bass guitar).

The drummer, Cameron Kasper, shared how the band got together.

“I was a roommate with our singer Dylan in a freshman year. We both figured out that we like music. Then, Dylan knew Austin who was very musical as well. So we got together, we were playing around a little bit, and then we thought that we need more instruments. We went on social media and ask around, and found two other freshmen.

joy it. I had a chance to see their live performance last Friday, November 1st at the Archives Coffee House. I was blown away by their music. I will not lie saying that they deserve to perform at the bigger audience.

“This will be our fourth

to invite them to our coffee shop again some time,” Kratz said.

Silver Warehouse are always looking for the concert destinations on their own. They do their best asking around to perform on different stages around the Grand Forks area.

coordinating the music creation process between each other.

“Currently, we have around 10 to 12 original songs. For the most part Austin and Carlos are the ones who are writing our songs, but we always come together to complete each

Many bands have their own favorite bands as an inspiration, and Silver Warehouse are not an exception. They are inspired by bands such as Hippo Campus, Cage the Elephant, Arctic Monkeys, and Twenty One Pilots.

Silver Warehouse is en-

ver Warehouse. They have three vocalists who have great voices.

Glory Schettler is a UND student who came to the coffee house to enjoy the band.

“I am impressed so far by this band,” Schettler said. “Three different



Silver Warehouse performing at Archives Coffee House

Trevor Alvashere/Dakota Student

concert. We’ve done two concerts in Grand Forks, and one in Minneapolis, so this is our third concert in Grand Forks,” Kasper said.

Britta Kratz, marketing coordinator and barista at Archives Coffee house enjoyed hosting Silver Warehouse at their coffee shop that night.

“One of our baristas lived in the same dorm with members of Silver Warehouse last year, so we knew about them through that. We are usually like jazz because it’s a nice mu-

“Austin is kind of our manager and he just calls around to different venues. If they say no then no, if they say yes, then we just go for it. Since we are all from different places, it’s hard to coordinate gigs other than in Grand Forks. This is where we are all always together,” Kasper said.

Although, Silver Warehouse is a brand new band, they already recorded more than 10 songs in a professional recording studio, wrote many original

song,” Kasper said. “Usually, how it works is someone will come up with some melody or an idea, and everyone will jump on that idea and pitch their own part. We all work on certain order of the song, like where we want chorus or verse. Once we have an idea of the song, then we try throw things out there, and try to create lyrics of the song. For the most part it is something personal. Our songs reflect our feelings, it can be happy, sad, or anything else. We have

joying singing cover songs as well as their own original songs such as “Silver Warehouse,” “Game,” “Frankie,” and many more. They create music filled with energy and emotion that can best be described as an audio rollercoaster.

Everyone in the coffee house was enjoying the music. Undoubtedly, after this concert the amount of Silver Warehouse fans will increase. I heard many positive comments about this band.

“They are rocking the

singers in one band is a very rare phenomenon. It is unique, catchy, and I like it.”

Glory’s brother Gabriel Schettler came to support his friend Austin Davis who is a member of Silver Warehouse.

“Austin texted me that they will have a concert here, so I came. It is kind of fun to watch the band when you know someone from that band. I like their music genre. I love that they do a mix of their original songs and covers. They are really talented, and I love the fact that they actually do it. I would definitely add them on my playlist,” Schettler said.

Silver Warehouse are very passionate about music and they enjoy sharing their music with others.

“Music is something we all love. We enjoy sharing our art with others. We want people to have fun and enjoy our songs,” Kasper said.

If you are intrigued by this band, go and check out their music on Spotify, Apple Music, and Youtube Music.

You can follow them on Facebook @silverwarehouseofficial or on Instagram @silver_warehouse.

Archives Coffee House is hosting a variety of musicians almost every other weekend, so if you like to relax, drink delicious coffee, and listen to music, then come and spend a great evening at the Archives Coffee House. Archives Coffee house located on 3012 University Ave, Grand Forks, ND.

If you are interested in upcoming events, call them (701) 757-1970 or visit their website www.archivescoffee.com



Silver Warehouse formed their band here in Grand Forks, ND.

Trevor Alvashere/Dakota Student

We got kind of lucky that way. Now we are practicing everyday,” Kasper said.

All members of Silver Warehouse have played music since their childhood, and they really en-

joyed playing music for a coffee shop, but this band is really good which draws a good crowd like this. I hope that this band will get really good publicity because they are pretty good, they are really sweet. We would like

songs, and released a few songs on big music platforms such as Spotify, Apple Music, and Youtube Music.

It takes time to create the music and Silver Warehouse is doing a great job

some songs about relationships but we are trying to stay away from that because it is a little bit cliché. We’d like to stay away from the rest of the pack and be more creative, more unique.”

coffee shop,” said anonymous. “It’s an awesome band. We’d love to listen to their music again,” several people said.

Most bands usually have only one lead singer, but it is not about Sil-

Olga Kopp is an A&C writer for Dakota Student. She can be reached at olga.panchuk.kopp@gmail.com

White Cane Safety Day

A celebration of independence for others

Cortnie Cottrell
Dakota Student

North Dakota Association of the Blind held its annual Walk for Vision event late October in celebration of national White Cane Safety Day which is nationally recognized on October 15 each year.

According to vision-aware.org, White Cane Day began in 1964 when a joint resolution of Congress was passed which read, “Resolved by the Senate and House of Representatives that the President is hereby authorized to issue annually a proclamation designating October 15th as White Cane Safety Day and calling upon the people of the United States of America to observe such a day with appropriate ceremonies and activities.”

Since then, the nation has recognized the importance and deep significance that this day holds in many lives. White Cane Safety Day is not merely the awareness of those with vision loss using white canes. White Cane Safety Day is a celebration of the importance of the blind learning to use a white cane and gaining an immense amount of independence that comes with learning to use one. This day is also a time to celebrate the abilities and successes achieved by people with visual impairments in a sighted world.

“This date celebrates all that individuals who experience low vision or



Photo courtesy of Flickr

Canes are an essential tool for the visually impaired.

said. “It is no exaggeration to say that without the white cane, many who are blind would not be able to travel independently, and it truly amazing what a simple cane can do!”

put on by NDAB was held at Columbia Mall. At the fundraiser event there were about 35 generously giving participants. This event raised over \$400 for the North Dakota Association

another great turnout this year, all staff members and students are already excited for next year’s walk.

The on-campus sorority house, Delta Gamma, whose philanthropy is ‘service for sight,’ has been helping and supporting the NDAB for many years now. For this event specifically, members from the Delta Gamma sorority house attended the walk-being the sideline cheerleaders with posters in hopes of spreading awareness.

The North Dakota School for the Blind was sincerely grateful for the generous participants and for the overall turn-

out. They believe they met their purpose of holding the walk, of celebrating with those who experience low vision and to spread awareness of the importance of the use of white canes.

Outside of this event, Delta Gamma sorority members play a big role at the North Dakota School for the Blind. One evening every week, a group of members participates in an activity with the in-house students. Beyond that, Delta Gamma girls have helped the school in other ways, from coordinating talent shows, baking desserts and playing board games with the stu-

dents. “It means so much to our students to have these positive role models in their lives,” Stenberg said. “Delta Gamma girls are fantastic friends to us, and we are so grateful for them.”

If you have any questions regarding White Cane Safety Day, or are looking for resources about visual impairment, Emily Stenberg would love to answer any questions. She can be reached at estenber@nd.gov.

Cortnie Cottrell is a News Writer for Dakota Student. She can be reached at cortnie.cottrell@und.edu

It is no exaggeration to say that without the white cane, many who are blind would not be able to travel independently, and it truly amazing what a simple cane can do!

Emily Stenberg, North Dakota School for the Blind Staff

blindness contribute to the world,” Emily Stenberg, North Dakota School for the Blind staff member

In contribution of spreading awareness for White Cane Safety Day, the Walk for Vision event

tion of the Blind. Because this event was a fundraiser, the walking fee was \$5 and \$15 with a t-shirt. With

November 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 18th Annual Holiday Bazaar @ 9 am Alerus Center
3	4	5 WBB @ Arizona Tucson, Ariz. 7:30 pm	6 Battle Royale Night @ 6 pm Grand Forks Virtual Reality Arcade	7 Art Crawl: World Tour @ 4 pm Columbia Mall	8 MHKY vs Miami Grand Forks, N.D. 7:37 pm	9 We Are Monsters @ 7 pm Fire Hall Theatre
10 The Empire Turns 100 @ 2 pm Empire Arts Center	11 Veteran’s Day Ceremony @ 11:11 am Gorecki Alumni Center	12	13	14 Sweeney Todd @ 7:30 pm Burtness Theatre	15 WBB vs Rhode Island Grand Forks, N.D. 7 pm	16 Deuces Wild: Dueling Pianos @ 8 pm Empire Arts Center
17 WBB vs Valparaiso Grand Forks, N.D. 2 pm	18 Wood Painting Party @ 6 pm @ Half Brothers Brewery	19	20	21	22 MHKY vs St. Cloud State Grand Forks, N.D. 7:37 pm	23 MHKY vs St. Cloud State Grand Forks, N.D. 7:07 pm
24 Moscow Ballet’s Great Russian Nutcracker @ 3 pm Chester Fritz Auditorium	25	26 WBB vs Northland Grand Forks, N.D, 6 pm	27	28	29 Black (Beer) Friday @ 4 pm Brick and Barley Thanksgiving!	30 Lindsey Stirling @ 8 pm Chester Fritz Auditorium

UND Reigns in Hall of Fame Game

Strong defense fuel UND to the win



Trevor Avelshere/Dakota Student

UND wins another Hall of Fame Game

James DeArman
Dakota Student

The No. 14 University of North Dakota took to the ice on Saturday to play host to the annual hockey Hall of Fame game. A once a year celebration of the greats to play the game. There was no exotic location for this years edition of the clash, as last year the game was played in Las Vegas, but the Ralph was chosen as the location. There could not be a better place to celebrate the game than the most beautiful hockey arena in the country.

Old rivals from before the NCHC was founded, the Michigan Tech Huskies would head into town for this occasion playing in the Ralph for the first time in the recent past.

“(Michigan Tech) is another WCHA old rival from that league and we expect them to bring their best for a one game shot here at the Ralph,” UND Head Coach Brad Berry said.

This game is also different from the normal week to week scheduling from UND as this will only be a one-game weekend as opposed to the normal two-game series.

As the puck dropped on a beautiful fall night in Grand Forks, UND took control of the game early maintaining possession and establishing the zone for the first few minutes of the game. After a few shots couldn’t find their homes Michigan Tech took control of the puck and proceeded to score on their first shot of the game. A backhand

er from Justin Misiak gave the Huskies a 1-0 lead early in the game.

From this point on it was the UND defense, that had been shown to be vul-

nerable in the past, shone through in an excellent performance. Over the 60 minutes of the game UND allowed only 15 shots on net and only six in the final two periods of the game. An impressive night for any defensive unit but when

you add that the Hawks were missing their senior captain and defenseman, Colton Poolman, it shows how good of a night it was for the UND defense.

Defense is important but you can’t win games unless you score goals. For that, UND turned towards Matt Kiersted who unleashed a first period missile from the blue line that found its way just inside the post and the back of the net. This mid-first

period goal would be the only goal for the next 40 minutes as the two teams fought back and forth in the defensive struggle.

When the game was

think we’re tired of tying games and losing games by one goal (last year). We go out there and we want to win a hockey game. It doesn’t matter what it is,

“It’s confidence. Scoring goals is confidence, and I think we have that now. I think we’re tired of tying games and losing games by one goal (last year). We go out there and we want to win a hockey game, bottom line.”

Jordan Kawaguchi, Hockey Player

on the line in the back half of the third period UND turned to none other than their points leader Jordan Kawaguchi. In a 4-on-4 powerplay Collin Adams found Kawaguchi on a beautiful feed into space followed by a wrist shot that found the back of the net and gave UND the 2-1 lead.

“It’s confidence,” Kawaguchi said. “Scoring goals is confidence, and I think we have that now. I

we want to win a hockey game, bottom line.”

UND has now won its last seven games at home and will wrap up their home stand next week as they open up conference play against against Miami University, in what many are calling a warm up series for when the Hawks head to Denver to play the number one team in the country the following weekend. A 5-1-1 record shows a great start to the season, but the true tests of this UND team are yet to come.

James DeArman is a sports writer for Dakota Student. He can be reached at james.dearman@und.edu

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Womens Soccer

UND falls short against NDSU in the regular season finale

Patrick Mulvahill
Dakota Student

UND women's soccer had a big matchup against NDSU this last Thursday as playoff seating was on the line. A win or tie for UND would have confirmed their first postseason berth in the NCAA Tournament. Unfortunately, this one did not end in UND's favor. This would be a first for this soccer program in their Division 1 era. This season is the first time UND has had 10 wins since becoming a member of Division 1 soccer. Credits to Head Coach Chris Logan and his staff on a wonderful job coaching this team.

Coming off of a come-from-behind 5-2 road win against Omaha with a five-goal second half, UND was looking to start off hot against the Bison of NDSU.

Both sides played very even throughout the game, UND registering eight shots on goal and NDSU registering 12 shots on goal. The game plan for UND was to shut-down NDSU stand-out striker Elyse Huber who had 10 goals on the season coming into this game. They did just that.

"The whole back four were great, I was pleased with all of them," Logan said.

UND's defensemen seemed to feel comfortable carrying the ball up the side, and into the offensive zone.

"My back line is amazing, we did a really good job shutting Elyse down which was our game-plan going into it," UND freshman goalkeeper Madi Livingston said.

UND's Hannah Ol-



Trevor Alveshere/Dakota Student

UND Soccer falls 0-1 against NDSU

son had three shots, one on goal as a defenseman, showing her confidence in carrying the ball up and generating offense.

Following a yellow card on UND's Hannah Olson inside the penalty area, the Bison had a chance to shoot point blank from the penalty mark on UND GK Madi Livingston. Livingston was up to the challenge and made a nice diving save to keep the game at

0-0. "I wanted to keep the game 0-0, I honestly had no idea where she was going so it was just pretty lucky" said Livingston, who has been great in net for UND this year in her first season.

The offensive chances were most definitely there for UND, but they just could not capitalize. Sarah Doran had 4 shots (2 on goal), Olivia Knox had 4 shots (1 on goal), and Mara Yapello had 4 shots

(3 on goal). Many chances coming from rushing the ball down the sideline and looking for chances to chip to the middle and get shots on net. This seemed to be the story of the game for UND, as NDSU goalkeeper shut every chance down.

The game needed extra time and NDSU's striker Elyse Huber finished the job for the Bison as she fired a shot that deflected off of a UND player and

into the net in the 66th minute of the contest. Unfortunately ending for UND after a great defensive effort and shutting down Huber for the entire game.


UND is still ranked 3rd in the Summit League as their overall record is now 10-7-1 and 4-4-0 in conference play.

UND is now awaiting playoff seating to see if they will be eligible for their first NCAA tournament. If Den-

ver beats NDSU, and Oral Roberts ties or loses to Fort Wayne these results would automatically punch the Fighting Hawk's playoff ticket.

Patrick Mulvahill is a sports writer for Dakota Student. He can be reached at patrick.mulvahill@und.edu

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