



# Dakota Student

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# Recovery Reinvented

## A conversation with North Dakotas First Lady

Madison Feltman  
Dakota Student

On Tuesday, Nov. 12, North Dakota's First Lady Kathryn Helgaas Burgum hosted her annual Recovery Reinvented event alongside North Dakota's Governor Doug Burgum. Recovery Reinvented has been the First Lady's main initiative whilst standing beside her husband. She has taken it upon herself to support and develop initiatives to help eliminate the stigma of addiction.

"It [Recovery Reinvented] is an opportunity to gather together people, stakeholders, professionals, a wide variety of audiences, to focus on eliminating the stigma surrounding the disease of addiction," Helgaas Burgum said.

This years event entailed three major themes of eliminating the stigma surrounding addiction, building recovery support in corporations and connecting individuals and families that have been impacted by addiction with resources.

Prior to the event, the Dakota Student was given the opportunity to sit down and have an open conversation with the First Lady surrounding addiction in North Dakota. As a recovering addict herself she has dedicated her time to this cause and conversation.

"Those of us that are in recovery, understand that the best way to keep your recovery is to give it away, I have a huge passion for this work and for this event because it is a way to get so many people together who can really make a difference in our state," Helgass Burgum said. "I know there is so much hope and possibility in recovery and that recovery is always possible, for someone who relapsed for eight years, I know there is hope."

The event began with remarks from Governor Burgum and the First Lady where she shared her personal story. Following their remarks was the first speaker Gary Mendell, the founder and CEO of Shatterproof, a national nonprofit that works with the addiction crisis in America.

"This is truly one of the best days of my life, the leadership of the Governor and the First Lady on this issue is an inspiration to me and I suspect many people across the state and is soon to be an inspiration across



Trevor Alveshere/Dakota Student

First lady Kathryn Helgaas Burgum has dedicated her time to Recovery Reinvented.

the country," Mendall said.

Throughout the event, several other prominent individuals that have been impacted with addiction shared their stories and their road to recovery such as Riley Salmon, three-time Olympian, 2008 Olympic Gold Medalist for USA Men's Volleyball, and Head Coach for the Men's Volleyball team at the University of Jamestown. Carol McDaid, principal at Capitol Decisions Inc. and Dr. Leander "Russ" McDonald, the current president of United Tribes Technical College in Bismarck.

The event also announced the beginning of new programs including Families Strong, which is available as a free resources for interested citizens. The program focuses on helping fam-

ilies to build a support system and learn strategies to help a family member who is struggling with addiction. Another program that was introduced was the Workplace Recovery Initiative, which helps to provide employers with the resources necessary to help employees.

Although Recovery Reinvented has passed, the conversation never ends, this is something that the First Lady wants to continually implement. One way in which she has made this possible is through the YES (Youth Ending Stigma) Challenge. The challenge implored North Dakota state schools to find new ways in which they as students can help to eliminate the stigma surrounding addiction. If cho-

sen as a winner the schools are given \$1,000 dollars to implement their ideas.

"There is not enough opportunity for young people to talk about these things in their school or resources available to them," Helgaas Burgum said. "I thought that even if schools don't win at least the conversation is started."

Recovery Reinvented dedicated most of its time to focusing around the fact that addiction is a disease rather than a choice. This is a big part of why the conversation needs to be continued as it helps those who are in recovery to be successful.

"It's just getting the word out that addiction is a disease, it's a brain disease, I think sometimes people don't understand

why people can't just make the choice not to," Helgaas Burgum said. "Once people realize it's a disease, you can take that weight off your shoulders that it is your fault."

With continued conversation the First Lady along with the Governor hope to provide more help to recovering addicts and change the statistics. To learn more about Recovery Reinvented, watch event playback, and the First Lady's story, visit [www.recoveryreinvented.com](http://www.recoveryreinvented.com)

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# Studying Abroad

## Learning from across the pond. . .

Brianna Mayhair  
Dakota Student

If you are looking to learn about different cultures, November is full of cultural and international activities! The Filipino American Student Organization held their Filipino Culture Night in the Chester Fritz Auditorium at the University of North Dakota on Nov. 12. Attendees were able to experience a slice of Filipino culture through dance, song and presentations that the organization put together.

The week of Nov. 18-22 is International Education Week where individuals are able to learn more about international education and global exchange by taking part in activities occurring around campus, such as learning about studying abroad and trying different foods. At Lunch and Learn: Cultural Practices, Traditions and Beliefs at the American Indian Center, individuals are

able to learn through food, music, art and so much more! The event will take place on Nov. 19 from noon to 1 p.m.

With all the different activities occurring around UND focusing on different cultures and stories about international travels, it was a great opportunity to interview some international students on campus and ask them about their experiences studying at UND.

There are some benefits to studying abroad such as practicing a foreign language or experiencing a different culture. Jiho Kim, a student from South Korea, explained her reason for wanting to study abroad and why she picked UND.

"I was curious about how other students in different countries were studying Avionics," Kim said. "I went to a job fair in Korea and discovered I wanted to have a career working with international people. The common language in those jobs is English, so that is why I wanted to study

abroad to improve my English skills. I chose UND because of its great Avionics program."

While students are studying at UND, they are encouraged to join a club or organization to meet new people that share the same interests. Wonjun Choi, a student from South Korea, explained how being an active member in Korean Culture Exchange Club has impacted his experience at UND.

"Our club is kind of special because we just don't have Koreans in the club," Choi said. "We have a good mix of people from different places, but we all have an interest in Korean culture, so we are able to express that through activities, like music and dance performances. I highly recommend anyone, no matter where they are from, to join a club so they can meet new people and learn new things."

Another way to get involved on-campus is by working at UND. Doowon Lee, a student from South Korea and

an employee at Squires Dining Center, explained the benefits of having a job in a different country.

"I recommend international students look at having a job at UND if they can manage both studying and working," Lee said. "I think it is a good way to improve language skills because everything is in English. You have to know how to communicate with people to do your job well. Also, it is a good way to meet other students and earn money."

When asked if they would recommend studying abroad, they all agreed that if given the opportunity, people should. All three students explained that studying abroad is a great way to widen your perspective and meet people from different cultures.

Studying abroad can be stressful and make assignments difficult to complete, especially long essays, but all three students explained that the Writing Center at UND has

been very helpful every time they have come in for help. They explained that the Writing Consultants have done a great job of explaining how to improve their essays and writing skills while providing constructive feedback.

Any questions about studying abroad, call 701.777.4231 or email Emily Dougherty at [emily.dougherty@und.edu](mailto:emily.dougherty@und.edu) or Whitney Maine at [whitney.maine@und.edu](mailto:whitney.maine@und.edu).

Any current international students at UND with questions can call +1.701.777.4231.

Any questions about the UND Writing Center, call 701.777.2795 or email UND. [writingcenter@UND.edu](mailto:writingcenter@UND.edu). To make an appointment, go to <https://und.edu/academics/writing-center/>.

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# Veterans Day

## Honoring those who have served



Flags were displayed for veteran's across the country. Photo courtesy of Unsplash

**Cortnie Cottrell**  
Dakota Student

Veteran's Day, for some, is a national holiday that merely means a day off from school or work, but for many, it holds a much deeper meaning than a day off. Veteran's Day is a time for us all to pay our respects to those who are serving and who have previously served. For one day, we stand united as a country in respect for our veterans.

Veterans Day was originally known as Armistice Day, a holiday that started as a day to reflect upon the heroism of those who died in our country's service. It fell on November 11 because that is the anniversary of the signing of the Armistice that ended World War I. For that reason, November 11, 1918, was largely considered the end of "the war to end all wars" and nicknamed Armistice Day. In 1926, Congress officially recognized it as the end of the war, and in 1938, it became an official holiday, a day set aside to honor veterans of World War I. However, later in 1954, the holiday changed to "Veteran's Day" in order to recognize all veterans that had served in all wars.

We recognize, honor and celebrate America's veterans for their patriotism, love of our country and willingness to serve and sacrifice for the common good. Because United States veterans make up approximately seven percent of the nation's

population with 18 million veterans living in the United States in 2018, we truly cannot salute them enough.

"When I think of all my brothers and sisters who have served, all I can be is grateful for their sacrifice," Kyle Kampsen, senior UND student said. "Going out of my way to recognize and give appreciation to the veterans is a huge priority to me, their service means so much to me."

Kampsen is a senior at the University of North Dakota who has many family members who have previously served and are currently serving, one being his dad who served for 26 years in the U.S. Air Force. Kampsen has great connection when it comes to understanding the roles and the importance that veterans carry with them.

A few ways that Americans can celebrate veterans and humbly honor them for their sacrifice could be by simply thanking them in public, paying for their meal, visiting a memorial cemetery or by donation to a charity. Any act of thankfulness towards veterans is the least that Americans can do to give back.

"Being the daughter of a veteran is and was challenging and down right hard at some points throughout the years," Abbi Smith, a UND junior said. "I could never know for certain that my dad would come home or when the last time I would see him, it was a constant state of tension that never left my body until he

walked through the door again."

Smith's father has served in the Army for 23 years as a medical doctor. He is a UND alumni himself.

"I am so proud to say that my dad has served our country humbly for so

many years and I can never thank him enough for sacrificing his life for mine and everyone else's." Smith's father said.

Taking Veteran's Day more seriously and really understanding that it is much more than merely just a day off, but instead

a day for celebration and recognition, will hopefully give more meaning to this holiday for you.

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# Myles Garrett vs. Mason Rudolph

**Mason Dunleavy**  
Dakota Student

During the final seconds of Thursday's football game between the Cleveland Browns and the Pittsburgh Steelers, we witnessed an intense moment between the two teams. Browns player Myles Garrett ripped the helmet off of Steelers' quarterback Mason Rudolph and proceeded to swing the helmet at Rudolph clipping him in the head. Had this happened on a street corner it would have been assault with a deadly weapon. So, the question is, where do we draw the line?

I am not a frequent football watcher and this game wasn't an exception, but after seeing the clip of the brawl, I had to do some investigating. Three players were fined for the fight, including Rudolph and another Browns player, while Garrett received an indefinite suspension for the remainder of the season. A similar case happened in 2006 when Albert Haynesworth removed a player's helmet and stepped on his face.

Should players face criminal charges for conflicts on the football field? From the sheer brutality of a helmet being swung at someone's head, I would say yes, Garrett should be investigated for assault with a deadly weapon. What if he got more contact with Rudolph's head? It could have easily caused a skull fracture or oth-



Photo courtesy of Wikimedia Commons

Myles Garrett is suspended from the NFL indefinitely.

er damage, which was clearly Garrett's intention. You don't swing a helmet at someone without wanting to cause bodily harm.

However, there are some things to consider. Technically, every play of football has some sort of assault taking place. A tackle would be considered assault. On the other hand, it's hard to determine which cases should and shouldn't be

investigated, especially determining the legality of plays.

Injuries related to players during the game must be reasonably foreseeable. Considering the ball wasn't in play at the time of the fight and a helmet was used as a weapon, I don't think the injury was reasonably foreseeable or legal in any right.

Now, in order to draw a line, the rules must be

carefully written. For starters, if the ball isn't in the play, I believe that the rules of the NFL no longer apply and the federal or state laws now apply. If there is a brawl after a play, players should be investigated as if it was a brawl on the street. The same should go for every sport. Athletes aren't invincible as soon as they walk onto the field, there isn't a magic bubble allowing

someone to legally assault someone else.

So, what do we do? I guarantee there have been similar or worse cases of players hitting other players in the world of sports. It wouldn't be just to start prosecuting them now for mistakes in the past, but how do we stop these types of barbaric actions from happening in professional sports? It's a hard question to answer.

Some could say it's just human nature.

In the aftermath of these events, the Browns and Steelers were fined \$250k each. A fair punishment to the teams for allowing their players to act like this, but were the players fairly punished?

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# Seasonal Depression

## It is okay to take time for yourself and ask for help

**Madison Feltman**  
Dakota Student

As the temperature plummets below freezing, the sun begins to hide and the trees grow bare, fall quickly turns into an early winter. With the beginning of a new season comes several changes as many begin to dig out their ice scrapers, winter coats and turn on the heat. One change that several may be familiar with and some others may not is

changes or shifts in mental well-being.

According to recovery-village.com, five percent of the U.S. population experiences seasonal depression every year, 80% of which are female. College students are among the highest risk to experience Seasonal Affective Disorder (S.A.D.) as the age of onset is between the ages of 20-30. With the cold temperature and the reduction of the sun, it is hard to find a balance of time outside and

getting the much needed vitamin D that the sun provides. As the cold forces many inside it creates a rift in routine and just simply makes things a lot harder. With time inside it leaves time for many to delve into their thoughts and feel as though a literal darkness has engulfed them as it gets dark outside earlier due to daylight savings time. All of these factors lead to an overwhelming sense of sadness, grief, low self-esteem and

hopelessness.

Whilst many students are dealing with these daunting thoughts, they are also dealing with a lack of sleep and the stress and anxiety of finals as the semester is winding down. Personally, I am unfortunately a part of these statistics and the many other statistics that surround mental health as I suffer from major depressive disorder and generalized anxiety disorder. Coming from someone

who already suffers from depression and anxiety, seasonal depression is a very real thing that needs to be talked about. Many people tend to brush off mental health or get discouraged when someone near them is struggling.

When people see someone visibly and mentally struggling they tend to pull away and turn a blind eye as it makes them uncomfortable. Mental health is a very uncomfortable topic and it is extremely hard to understand if you yourself have never experienced anything of its kind.

When someone around you is struggling, the key is not to push them away but to pull them close and love them hard. Ask them about their day, ask them how they are doing, ask them if they need anything or simply offer them a hug or a shoulder to cry on.

Depression and seasonal depression often times cause a person to feel extremely alone which can turn into a potentially dangerous situation where a person can feel as if they have no choice but to harm themselves or take their own life. Although trends show that suicide rates go down in the winter months it is still prevalent, especially amongst college campuses.

If you or someone you know is struggling, I urge you to take advantage of the resources

on campus, such as the CVIC and the University Counseling Center, both of these services are free to students and provide walk-in appointments. Make a plan as to who you would call in a situation of hopelessness or an escape route as to how you may get out of the situation.

Times may be hard, there will be plenty of days where you feel like giving up, but just remember your life is worth living. Spend some time practicing self-care techniques whether it is taking a bubble bath, watching a few hours of Netflix or cuddling a pet. It is important to take care of yourself during these next few winter months.

During these next few months please check in with yourself and with others, reach out for help, and talk or journal about your feelings. It will be okay and the sun will shine again someday.

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Photo courtesy of Unsplash

It is common among college students to develop a seasonal depression.



# Be Yourself

## Don't try to fit in and lose who you truly are

**Se Kwon**  
Dakota Student

The concept of “fitting in” seems to be an ongoing dilemma for many, especially for teenagers and young adults. But why? Why is it that fitting in is necessary within our society today? In my opinion, it’s completely unnecessary and overrated.

No one should feel pressured to fit in with a specific group, people should practice being more independent than anything. Nothing is more impressive and nothing stands out more than someone who is independent.

Being independent is a personality trait that many people lack, especially those who feel the need to fit in.

I feel that there are times and situations where not everyone will completely fit in and I’m not just speaking for myself, I’m speaking for those who may be involved in any clubs or organizations on campus. Personally, I think that fitting in doesn’t do anyone justice. However, standing out does. If you were a part of an organization, what did you do independently that made you stand out amongst the other members? It is questions like these that people such as future employers care about and most look for in candidates for a position. Some people on the other hand get upset or offended if they aren’t included in something- this is normal and trust me, I get it. It’s upsetting and it’s frustrating when you feel left out. With this mind set, you must learn how to move on and be okay with it. The older you get, the more you will need to be independent and if you don’t practice now, you will never understand what it’s like out in the real world.

Being independent doesn’t mean you have to exclude yourself

from everything and everyone, it just means that you can do things by yourself without necessarily relying on anything or anyone. I actually learned how to be completely independent during my freshman year of college. In high school, I was guilty of trying to fit in all the time and it got pretty old pretty dang fast. During my junior year of high school, I was starting to get the hang of being independent because I attended a community college to receive dual credits while most of my friends were still taking courses at the high school.

This was when Always make time

for people in your life while doing things on your own too, I promise that you will feel a lot more accomplished and rewarded. Be mindful that there will be times that you feel left out or excluded but do not lose hope. Everything happens for a reason and your time to shine will come. Be mindful that being independent is a trait that everyone should adapt to and it stands out, trust me!

**Se Kwon** is a columnist for Dakota Student. She can be reached at [se.kwon@und.edu](mailto:se.kwon@und.edu)

# The Day After Thanksgiving

## How Black Friday has transformed through the years

**Megan Vogt**  
Dakota Student

Tis the season for a shopper's paradise. This is the time of year when everyone who loves shopping lives for. There are sales around every corner and an excuse to shop for those they love and care for. However, if

you’re anything like me, I do not like shopping. I get so stressed out about buying things for others because I get so nervous that they are going to hate the gift I got them or they are already going to have it. I love sales, but the moment I walk into a store I feel the stress of finding the PERFECT

item for the special person in my life.

Thanksgiving is approaching fast, which means yummy lefse, scrumptious Snicker salad and of course delicious mashed potatoes. But that also means that Black Friday is soon to come. This is the biggest day of the year for most retail stores. They host outstanding sales and extreme hours for those who like to get their gift shopping done the moment they walk into the mall.

There are lots of different potential reasonings for how Black Friday came to be. One source says that it dates back

society many people think that it represents bank accounts. It represents that shoppers go from being in the red danger zone to the black, empty zone because of all the money they spend during the day.

As I stated before, I do not like shopping. Yet, I work in retail. I love in-



Stores prepare for the madness the Black Friday brings.

Photo courtesy of Unsplash

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to the 17th century. Back then, it represented that there was a bunch of exams for school. Another source says it represents the amount of traffic that occurred the day after Thanksgiving or the amount of people that called in sick the Friday after Thanksgiving.

However, in today’s

spiring people and finding cute head-to-toe outfits that make a person feel unstoppable. It is the people that come into the store that makes me love what I do. Watching their faces light up with joy and self-love when they feel confident, is an experience I wish everyone could experience in

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## The North Dakota Museum of Art A Hidden Gem

Madelynne Deshler  
Dakota Student

Upon entering the North Dakota Museum of Art, I am immediately embraced in bright light as I take in the very white walls of the museum. I climb up a few stairs and notice the familiar setup of the museum: the gift shop to my right, another set of stairs to my left, and a circular information desk directly in front of me. I immediately go to my left and ascend the stairs so I can get a view of the entire museum from the glass railings that overlooks the main level.

I take in all of the colors, shapes, and materials that surround me, and I am reminded of why I love art: because each and every piece of art is so unique, no matter how complex or simple the work is. Each artist has their own technique, their own skill, and most importantly, their own voice. It is through these pieces of art at the North Dakota Museum of Art that I can try to understand what it is that each artist is trying to say.

The North Dakota Museum of Art often goes unnoticed along Centennial Drive, especially since its brick structure causes it to blend in with the many other buildings on campus. The intricacy of the art that is displayed within the museum is emphasized by the two-story building's simplicity though.

The current exhibits located on the main floor appear to be rather plain upon first glance. To the right you can find a collection of pottery and to the left you can see a line of banners hanging from the walls. However, the collection of pottery is so much more than a group of perfectly shaped bowls or vases and the banners are so much more than cloth resting on a wall.

The collection of ceramics, known as "Across Time," was created by artist Robert Archambeau. A plaque next to Archambeau's collection describes



Courtesy of NDMOA

People in the NDMOA during an Art Auction.

his passion for his work and even at the age of 91, he is still producing artwork. Archambeau sometimes produces 200 pots in the span of six weeks.

In one corner of the exhibit lies a grouping of stoneware whose colors remind me of those one can find in the sand on beaches: beige, cream, and light brown. Seated in another corner is a collection of burnt orange and choco-

late brown pottery. These ones remind me of fall days, when the leaves drop from trees and rest along the sidewalks and streets around the city. Sketches of pots are encased in glass along the walls of the exhibit, emphasizing how each and every pot is so carefully shaped and designed that no two pieces are identical.

"I think there is something especially special

about this kind of artwork. It seems so simple and easy to do, but realistically, it isn't. I can't even imagine how much creativity is put into each piece of pottery," Halie Schmitt, a student of the University of North Dakota and a visitor at the museum, said.

Across the museum from this collection lays thirteen banners made by Vernal Bogren Swift. The banners are specifical-

ly called batiks. Batiks, by definition, are dyed cloth whose designs are created using wax to prevent certain parts of the cotton from being dyed. The backdrop of each batik in this collection is of a dark shade, such as black or brown, but the dyes to create the designs are contrastingly much lighter. Each exquisitely designed batik tells a story of some sort, with a focus on the existence of animals before humans came to be. It is for this reason that Swift is not only an artist, but she is also a storyteller.

Artwork can easily be mistaken as materialistic objects that, once completed, just sit on display somewhere, whether that be at a museum, store, or home. Although this may be true

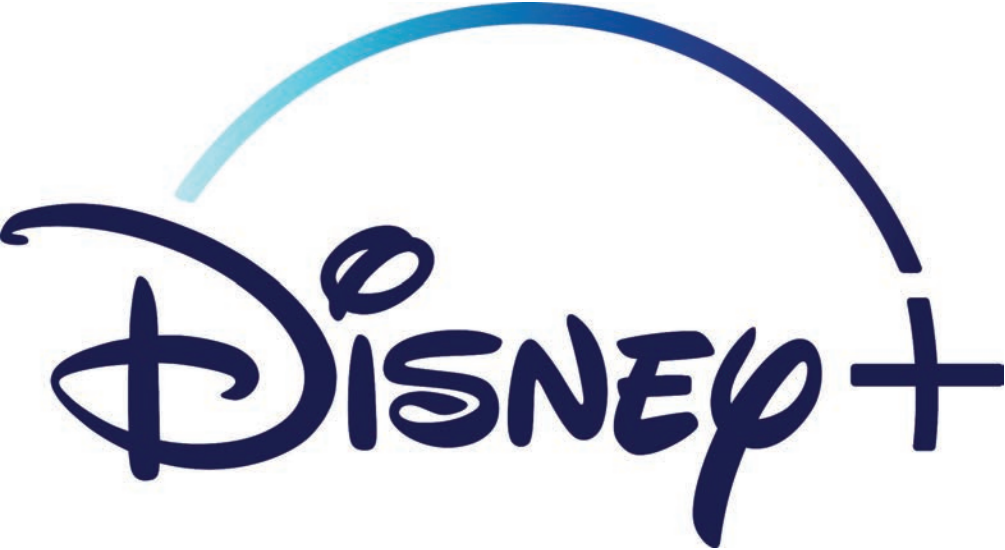
to some degree, pieces of art are never just objects. They represent diversity and uniqueness. They represent the gift and skill of artists. And most importantly, they act as a medium that artists, like Swift, can creatively share stories through. The North Dakota Museum of Art helps these stories get told, so make sure to take some time one day to go and explore these carefully crafted works of art.

Madelynne Deshler is a staff writer for Dakota Student. She can be reached at madelynnedeshler@gmail.com

**"It seems so simple and easy to do, but realistically, it isn't. I can't even imagine how much creativity is put into each piece of pottery."**

Halie Schmitt, UND Student

## Now Streaming Disney The streaming service that broke the internet



Courtesy of Wikimedia Commons

Disney + is a new streaming service.

Molly Andrews  
Dakota Student

It has been a week since the launch of Disney + which seemed to break the internet. The buzz behind the new streaming service has made it popular among all age groups. Millenials are having

major flashbacks seeing that they are able to watch all of the shows they grew up loving. Anything and everything that Disney has ever produced is available on the streaming service. Whether it's episodes of the Suite Life of Zach and Cody or the Pirates of the Caribbean series, it can all

be found on the app. Disney + also includes Pixar, Marvel, Star Wars and National Geographic.

Is Disney + worth the hype? I would say it is and I believe that most college students would say the same thing. With all of the streaming services that have come out, this is what

millenials have been waiting for.

"Disney plus is what our generation has been waiting for. We finally have access to our childhood without a giant price tag on it! The plus aspect of the streaming service is also great to get a mix of everything," McKenzie Roman, UND student, said.

This streaming service allows students to be taken back to their childhood days and forget the hardships of classes and life. It provides a great distraction from a long day and it the perfect means for procrastination.

When Disney + was first released on Nov. 12, it seemed that most people downloaded it immediately, however, some others were not as eager. Many took to Facebook to ask their friends if the service was worth all the fuss, and to their surprise, most people said yes.

Besides being able to watch your favorite childhood shows and movies, the fact that National Geographic is also part of the app makes it a game changer. This is because it offers something for anyone regardless of age. Whether you are 2 or 65, you will be able to find something on the app that is for you.

Does this mean that Disney + is better than other streaming services such as Netflix or Hulu? Only time will tell. All of the streaming services seem to offer something different and with Dinsey +'s specificity to the brand, it has the potential to get monotonous overtime.

It was also released this week that Netflix is partnering with Nickelodeon. This could be Netflix's attempt to remain relevant and keep their clientele. Seeing that both Nickelodeon and Disney were a large part of the childhood of most millenials, it will be interesting to see if people

will stray away from Netflix or continue to stream from them.

Disney + is affordable, being priced at \$6.99 for a month and \$69.99 for the year. It also includes a subscription to Hulu. They also offer a free seven day trial if you aren't sure this streaming service is for you.

Molly Andrews is the A&C Editor for Dakota Student. She can be reached at molly.andrews@und.edu

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**"Disney plus is what our generation has been waiting for. We finally have access to our childhood without a giant price tag on it!"**

McKenzie Roman, UND Student



# Getting to Know Maleficent

## The backstory of how one becomes evil

Olga Kopp  
Dakota Student

“Before the sun sets on her sixteenth birthday, she will prick her finger on the spindle of a spinning wheel, and fall into a sleep like death! A sleep from which she will never awaken!”

Is this quote familiar to you? Do you remember which movie is it from? You will be right if you think that this quote is from the “Sleeping Beauty.” We all know this fairy tale about a princess who is cursed to sleep for a hundred years by an evil fairy, where she would be awakened by a handsome prince. The story has been adapted many times throughout history and has continued to be re-told by modern storytellers throughout various media.

Today, however, we will not focus on a princess Aurora. We will focus on the evil fairy Maleficent.

I think that Maleficent is a special character of the Sleeping Beauty story, who did not get enough credits. Not many people knew the backstory of Maleficent until the first movie “Maleficent” was released in 2014.

For those of you who do not remember this character, let’s refresh your memory.

Maleficent is a fictional character who appears in Walt Disney Pictures’ 16th animated feature film, Sleeping Beauty (1959). She is an evil fairy and the self-proclaimed “Mistress of All Evil” who, after not being invited to a christening, curses the infant Princess Aurora to “prick her finger on the spindle of a spinning wheel and die” before the sun sets on Aurora’s sixteenth birthday.

Maleficent is based on the evil fairy godmother character in Charles Perrault’s fairy tale Sleeping Beauty, as well as the villainess who appears in the Brothers Grimm’s retelling of the story, Little Briar Rose. She was voiced by Eleanor Audley, who earlier voiced Lady Tremaine, Cinderella’s evil stepmother, in Cinderella (1950). Maleficent was animated by Marc Davis. A postmodernist revision of the character appeared as the protagonist in the 2014 live-action film Maleficent, portrayed by Angelina Jolie. She also serves as a minor antagonist in Disney’s House of Mouse, voiced by Lois Nettleton, and as a recurring antagonist in the Kingdom Hearts video game series, voiced by Susanne Blakeslee. She is also one of several antagonists in the TV series Once Upon a Time, portrayed by Kristin Bauer van Straten, and the Disney Channel movie Descendants, portrayed by Kristin Chenoweth, according to Wikipedia website.

Many of you, who knew the Maleficent character from Sleeping Beauty probably had these thoughts about Maleficent:



Courtesy of Wikimedia Commons

Have you ever seen Maleficent?

she is soft-spoken, proper, and elegant, and has two possible motivations for her crimes, either out of pride, considering she curses Aurora because Stefan didn’t invite her to the

unique story which people should learn about. There is always the reason why villains became evil, because it is rare when people are born evil. So, what happened to Maleficent that

a Scottish human peasant boy named Stefan. His love is overshadowed by ambition, and as they grow older, the two grow apart and Maleficent becomes protector of the Moors.

Stefan’s betrayal, Maleficent turns the Moors into a dark kingdom and transforms a raven named Diaval to serve her. This is how Maleficent’s story began.

After knowing this backstory, it would not be fair to blame Maleficent for who she became. She used to be a good fairy whose heart was broken, and who had painful love experience in the world of unjust.

When I learned about Maleficent’s backstory, I felt her pain, and my opinion about her as an evil changed completely. I started to like this character more and more. I think that this story can teach both children and adults how to be more open-minded and tolerant towards others. This story is a good example on how humanity should treat each other. You would think, it can teach us simple things but sometimes simple things can develop into something complicated. Thus, it is important to know how to differentiate good from bad. It is important to acknowledge that fairy tales

are not only entertaining, but educational tools that everyone has access to.

“I love the Maleficent movie! It shows us the beauty, power, and sensitivity of Maleficent. You cannot be apathetic towards this character, you either love her, or hate her, but nothing in between. I thought the visual effects in both movies were amazing. They did a really good job,” Stephanie Zehntner, UND student, said.

If you did not see the first Maleficent movie, I would suggest you watch it.

Those of you who have already watched the first Maleficent movie, I would suggest you to take your family or friends, go visit River Cinema Theater in East Grand Forks, and watch the second movie: Maleficent: Mistress of Evil. I assure you that you will not regret it.

Olga Kopp is an A&C writer for Dakota Student. She can be reached at olga.panchuk.kopp@gmail.com

**“I love Maleficent movie! It shows us the beauty, power, and sensitivity of Maleficent. You cannot be apathetic towards this character, you either love her, or hate her, but nothing in between.”**

Stephanie Zehntner, UND Student

christening, or she is simply a monster who enjoys being evil. But were any of you curious about Maleficent’s backstory?

When I was watching the first Maleficent movie, I did not remember this character from the Sleeping Beauty, so I had to rewatch that movie to refresh my memory. It makes sense why people usually do not pay attention to the backstory of the villains from fairy tales. In case of Maleficent, it is different and

she became an evil?

Attention: People who are planning to watch Maleficent movie, stop reading this article if you don’t like spoilers.

We all know Maleficent’s evil side. The first Maleficent movie, however, showed us Maleficent’s good side. Maleficent used to be a powerful fairy living in the Moors, a magical forest realm bordering a human kingdom. As a young girl, Maleficent meets and falls in love with

When King Henry tries to conquer the Moors, Maleficent mortally wounds him, forcing his retreat. As he lies dying, he declares that whoever kills Maleficent will be named his successor and marry his daughter, Princess Leila. Stefan visits Maleficent in the Moors, drugs her, but is unable to bring himself to kill Maleficent. Instead, he severs her wings using iron, which is lethal to fairies, and presents them to the king. Devastated by

## Want to see a movie?

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Monday Nov. 18- Friday Nov. 22: 8:00 am - 4:30 pm at **Student Government ( Wilkerson Commons 181)**

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4. If you have questions, please contact UND Tech Support, we’d love to help

UND UNIVERSITY OF NORTH DAKOTA. UNIVERSITY INFORMATION TECHNOLOGY



# UND Holds on for Win

## Fighting Hawks survive a scare to continue playoff push



Caitlin Collins/Dakota Student

UND comes through with the win against Northern Colorado at home this weekend.

**James DeArman**  
Dakota Student

After a heartbreaking defeat at the hands of number three Weber State last weekend the University of North Dakota Fighting Hawks football team return home for their last two games of the season. The Hawks are now faced with the interesting task of not just winning their last two games, but winning in a fashion convincing enough to catch the eye of the FCS playoff committee.

The 24 team FCS playoff field is comprised of the 10 conference champions and 14 others that the

committee deems strong enough to include in the postseason. UND finds itself as an independent and not part of any conference, so it must rely on the committee to choose them as one of the 14 others.

As an unranked team with four losses on the season, the Hawks are facing an uphill climb to impress the committee. The first team on the schedule for these all important final two games were the Northern Colorado Bears who traveled from Greeley, Colo. for this late season showdown.

The 2-8 Bears had nothing to play for other than

pride and to play the role of the spoiler for North Dakota. This did stop Northern Colorado from scarring UND late in the game in the game, but the Hawks were able to walk away

with the the 45-38 win. The Hawks maintained their perfect 5-0 record inside of the Alerus Center, all of them down to the wire.

Winning was all you could ask for from the

to close out the game defensively late in the game but were given no help from their offense who seemed to disappear late in this contest. UND did not run more than five plays on

per which resembled the speed and agility of Mike Vick in Madden 2004.

Jamestown, North Dakota's own Noah Wanzek continued his great senior year by stacking up his

**“I wasn’t pleased with everyone on our sideline. There was a lot of time left. Games can change in a hurry. We’ve got a number of people going through this for the first time. That’ll be addressed very early next week about how we need to be emotionally for an entire game if we want to get to seven wins.”**

Bubba Schweigert, UND Football Head Coach

Hawks, but this might be a game that will end up hurting them in the long run. UND held a 45-21 point lead with nine minutes and 33 seconds left in the third quarter after another outstanding play on special teams with a punt block return for a touchdown. That is all UND fans had to cheer for as Northern Colorado rattled off the next 17 points scored making it 45-38.

Head Coach Bubba Schweigert addressed the teams semi-crumble late in the game.

“I wasn’t pleased with everyone on our sideline,” Schweigert said. “There was a lot of time left. Games can change in a hurry. We’ve got a number of people going through this for the first time. That’ll be addressed very early next week about how we need to be emotionally for an entire game if we want to get to seven wins.”

The Hawks were able

a drive from the punt block on, leaving a tired defense on the field.

A shootout from the opening kickoff, both teams finishing the game with around 500 total yards, the long play was the difference maker. Northern Colorado was lead by their freshman standout receiver Jaren Mitchell who hauled in 10 catches for 242 yards and two touchdowns. This included a one-play drive which started and ended with a 75 yard touchdown catch thrown from his quarterback, Jacob Knipp, who tallied 383 yards and three touchdowns on the day.

The Hawks were able to strike from long distance as well with bright spot running back Cam McKinney returning from injury. His workload was light with only six carries on the day but he made the most of them by turning them into 105 yards including a 55-yard touchdown scam-

fourth 100 yard receiving game of the season including a 26-yard touchdown grab from his quarterback Ketteringham who finished with 297 yards on the day.

In a game that may hurt its playoff chances more than it helped, UND has been given one last opportunity to impress the playoff committee as next week three win Southern Utah will travel to Grand Forks for senior day. The Hawks must show up and prove they belong or it’s going to be an early and cold offseason for the boys in the North.

**James DeArman** is a sports writer for Dakota Student. He can be reached at

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# UND Comes Out on Top in Denver



Trevor Alveshere/Dakota Student

UND pulls off big series win against Denver this past weekend.

**Patrick Mulvahill**  
Dakota Student

**Friday:**  
UND Men's hockey traveled to Denver to take on the No. 2 team in the nation this last weekend and came out on top. With a regulation 1-1 tie, following an overtime win on Friday night, and a commanding 4-1 win on Saturday, UND has now improved to 8-1-2 overall. UND was ranked ninth in the country prior to this game, so this Denver matchup was both a top ten matchup and NCHC conference matchup for UND. UND is now 3-0-1 in conference play after sweeping Miami of Ohio last weekend at home and picking up a win and a tie

in Denver.  
Friday night's game was very close, each team registered one goal each in regulation. The scoring didn't get started until the second period with a powerplay goal from UND sophomore Jasper Weatherby as he redirected a slap pass from the point and in from teammate Jordan Kawaguchi. This was Weatherby's third powerplay goal of the season. The lead did not last long, as Denver's Olischefski scored just 57 seconds later. The game was back and forth for each team the remainder of the second and third periods. Goalies on each side performed very well, Adam Scheel had 30 saves and Denver's goalie had 37 saves.

Each team had their fair share of offensive chances and just could not register. Some crowd stirring chances showed up on Scheel's doorstep, but he was up to the challenge each time.  
The game went into two overtimes and UND was the front runner from the start, sending one puck trickling across the crease in the first overtime.  
Senior Captain Colton Poolman came up big in the second overtime. Poolman picked up a puck in the slot that snuck through a Denver defenseman's skate, brought the puck to his forehand, and lifted a shot over the far side shoulder of Denver's goalie to seal the extra point for UND.

**Saturday:**

Saturday's game was a different story as far as scoring, as UND won firmly 4-1. UND played near a full period length on the penalty kill, thankfully their penalty kill is fifth in the country and were able to kill off all seven penalties.  
"A lot of penalties tonight, our guys did a good job of having some resiliency on the penalty kill. Scheel was outstanding and our killers were really good, too, in finding a way to just nail it down there," Head Coach Brad Berry said.  
The scoring started with Cole Smith tipping in a shot from the point from Jacob Bernard-Docker on the powerplay at 12:59. Just a minute later, Sophomore

defenseman Josh Rieger notched his first career goal off a feed from freshman Judd Caulfield who received a pass from Scheel, then fed the puck through the slot for a perfect shot that snuck low glove on Denver's netminder.  
In the second period, UND was on the kill once again, as senior forward Cole Smith picked off a puck for a breakaway, he snuck the puck five-hole on a sleek puck-handling display.  
Into the third period, Denver scored at 11:43, Pettersen from Demin and Chrona. As time wound down, Denver pulled their goalie in an attempt to recover from the 3-1 deficit, as they worked the puck around their zone towards

the end of the third, Westin Michaud picked off a pass and shot the puck in from his own defensive zone to seal the win.  
Scheel had another outstanding night with some highlight slide over saves that left the Denver crowd astonished. He had 27 saves on 28 total shots.  
UND will take on St. Cloud State Friday and Saturday home at the Ralph. The team will also be looking forward to a trip down to Minneapolis over Thanksgiving to take on long-time rivals, the Minnesota Gophers.

Patrick Mulvahill is a sports writer for Dakota Student. He can be reached at patrick.mulvahill@und.edu

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