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The Coronavirus

Mason Dunleavy Dakota Student

Over the past few weeks, the government of China shut down all transportation to and from Wuhan, a city of 11 million people, and several other cities in order to defend against a new foe. A coronavirus has emerged from a market in China, some say from eating snake, others say from eating bats. Coronaviruses, sometimes referred to as CoV, are viruses that have evolved and can now be transmitted from animals to humans. There are around seven known coronaviruses with the newest being found in China. 2019 Novel Coronavirus (2019-nCoV) has been deemed the culprit in the spur of recent outbreaks. Unlike the Severe Acute Respiratory Syndrome causing coronavirus (SARS-CoV) that ran rampant in 2003, or the Middle East Respiratory Syndrome Coronavirus (MERS-CoV) that infected more than 25 countries in 2012, this novel (new) and deadly virus has little known about it.

In 2003 when the SARS-CoV was frontline news over 8,000 got infected around the globe with nearly 800 deaths as a result. Relatively low casualties for a disease outbreak considering that roughly 140,000 caught the flu during 2019 and over 8,000 died last year due to the flu. Other note-worthy diseases such as Zika and Ebola plagued headlines for years. Ebola has claimed the lives of over 11,000 throughout the years, while Zika causes severe birth defects and complications for expecting mothers. MERS-CoV was one of the A potential epidemic emerges

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Keep an eye out for updates and stay safe!

most recent coronaviruses to emerge from the shadows. First found in the Arabian Peninsula in 2012, it quickly spread to multiple coun- flu have devastated families tries within the peninsula. The cause for the coronavirus outbreak was a leap through camels to humans, either through eating or ingesting some bodily fluid containing the virus. Nearly 2,500 people became infected with MERS-CoV throughout the years with over 850 deaths occurring from the disease. MERS-CoV was more lethal than SARS-CoV with 4

out of 10 infected resulting in deaths compared to SARS-CoV 1 out of 10 results in death.

Ebola, coronaviruses and the and communities throughout the years. Although these diseases are not connected, they share some similarities. Some symptoms of all the listed diseases are the same. Running nose, cough, sneezing, etc. the stereotypical flu-like symptoms. The difference when it comes to 2019-nCoV is that the disease is transmittable before you start experiencing symptoms. Ingesting bodily fluids of an infected person either through the mouth or nose will spread the infection. To avoid unnecessary contamination, it is wise to wash your nands often and cover your mouth when sneezing or coughing.

So far, 13 different countries from around the globe have confirmed reports of the infection. In the United States, the third and fourth case of 2019nCoV has been confirmed. Seattle has reported an infection along with Chicago and two counties in California. The

Center for Disease Control and the World Health Organization have links for more information regarding coronaviruses and the current emergence of 2019-nCoV.

Photo Courtesy of Unsplash

https://www.who.int/healthtopics/coronavirus

https://www.cdc.gov/ coronavirus/2019-ncov/about/ index.html

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Winter Survival Kit

Brianna Mayhair

Dakota Student

It may be Spring semester, but Winter is still in full swing. North Dakota is known for its long winters with low temperatures and large quantities of snow, so what are some things people should know to survive the harsh weather?

Understanding common weather vocabulary is one-way individuals can prepare for the weather correctly. Some of the most common words used are warning, watch, and advisory which can be easily misunderstood. Warnings proceed when the weather is dangerous and possibly life-threatening that could occur within 24 hours. One of the most common warnings in North Dakota is a Blizzard warning which means that winds are at least 35 miles per hour along with a considerable amount of snow which can cause issues with visibility while traveling.

A watch is a possibility of harsh weather within 36 to 48 hours that can cause travel or visibility issues. A good example is a Winter Storm watch which makes individuals aware that the weather may change in the next couple of days, but the

prediction isn't certain. The extra time allows individuals to prepare for the harsher weather in advance and adjust possible future plans.

An advisory explains that winter weather is expected but isn't life-threatening if individuals are careful when traveling. Watches and advisories may be closely related but watches mean that there is a higher chance of harsher winter conditions that may be hazardous.

When there is a possibility of a blizzard or other harsh weather being prepared is key to staying safe. For individuals who drive or own a vehicle having a winter kit in your car is recommended. Safety kits should water, non-perishable foods, a flashlight, a windshield scraper, a blanket and extra winter clothing like hats, gloves, boots and coats. Having a small tool kit and shovel is useful to have in case your vehicle has mechanical problems or gets stuck in the snow. Keeping your vehicle updated is another way to stay safe.

Story continued on page 2

Being prepared for the worst



Photo Courtesy of Unsplash

Storing survival gear can help save lives in case of an emergency.

It's important to have

good tires, proper windshield wipers, a strong battery, a full tank of gas as well as many other things. Keep maintenance up to date if one must travel in harsh winter weather. If you become stuck while driving it is important to remain in your vehicle and wait for help. Leaving a vehicle without help can cause someone to become lost very easily due to low visibility. Being in cold weather can cause hypothermia which can become life-threatening very quickly. One way to avoid hypothermia if stranded is to practice light exercises to keep up circulation. If multiple people are in a vehicle take turns sleeping for short periods of time. If an individual sleep too long by themselves, they could possibly freeze to death if not woken up periodically in order to keep their circulation and body temperature up. During a blizzard it is

important to follow some guidelines as well. Stay indoors and limit your time

if you must go outdoors. Eating properly during a storm allows the body to stay fueled and warm when faced with cold weather. Staying hydrated as well keeps the body fueled as well but individuals should limit their caffeine and alcohol intake because it can accelerate possible symptoms of hypothermia. If someone lives alone it is recommended to check on them to make sure they are prepared and safe as well.

After any harsh weather individuals should be aware of the travel conditions in their area. Travel may be limited or not advised even when the storm has passed. Staying up to date with local news is the best option to staying safe. For more information contact your local Red Cross or go to https://www.redcross. org/get-help/how-to-prepare-for-emergencies/ types-of-emergencies/ winter-storm.html.

Brianna Mayhair is a News Writer for Dakota Student. She can be reached at Brianna.Mayhair@und.edu



estricted.

tion decision and advise

them through the next

steps after Admission to

In order to draw in stu-

dents and bring attention

to UND, the staff at ad-

missions try to adhere to

potential students and their needs. When stu-

dents come to visit UND,

they want to experience

the fun of the school and

"When they come for a

campus visit, we person-

alize that visit experience

with a detailed tour and meetings with academ-

ic advisors and other de-

partments they'd like to

speak with (Financial Aid,

Housing, etc.)," Chad

O'Shea said. "These are

some of the main things

we do in admissions, and

although the work sched-

ule for reps can get pret-

ty hectic, it's really fun to

meet these students and

get them excited about

see all it has to offer.

UND."

An extra coat and warm clothing should be stored in the event that travel is restricted.

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Opinions expressed in this publication are not necessarily those of UND or the administration, faculty, staff and student body of UND.

The Dakota Student is published every Tuesday during the academic year except during holidays, vacation breaks and exam periods.

The Dakota Student is printed at Grand Forks Herald

on PEFC Certified paper, using soy-based inks.

published by the university of North Dakota.

The Dakota Student welcomes feedback regarding articles and photographs, and prints corrections for articles containing factual errors.

Student Enrollment

Cortnie Cottrell Dakota Student

Taking a look back at the 2018-2019 school year and comparing it to fall 2019 semester is interesting, especially when predicting for what the future holds for UND and the student enrollment rates.

Diving into the statistics, Fall semester 2018 had 13,847 students, whereas the fall semester 2019 came up short by 266 students, totaling 13,581. However, when looking back on previous years and even UND's track record of student rates since 1996, it is common to fluctuate. On average from year to year, the rate changes from Fall to Fall registration and has ranged up to 800 students, so a difference of 266 students from 2018-2019 was not alarming to UND.

With the new semester freshly starting, UND does not have their head-count for spring semester 2020 available yet; however, in all past years, the spring semester enrollment numbers are less than the Fall semester. Therefore, in predicting for spring semester 2020, the enrollment numbers will range somewhere between 13,000 to 13,500.

The reason for a consistently lower number of incoming students for the spring semester is due to graduation, transfer students, dropouts and it is less common for a freshman to start their first se-

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mester in December.

Looking towards the future for UND, and specifically student enrollment rates, UND admissions has implemented a goaldriven system to enhance UND's performance and overall student numbers. They're plans for reaching their goals consist of increasing undergraduate, graduate and professional graduation rates by growing focus on the cost of higher education and student debt demands delivering value in return for students' investment of time and money. This is best achieved by striving to help more students to graduate so they access the full benefits of a de-

ree. Another goal that UND

enrollment increasing numbers is delivering more educational opportunities online and oncampus. Some challenges that UND faces is the inability to fully attract those who would benefit from the opportunities offered by our programs; therefore, providing online access increases the availability for students to obtain their preferred degree. UND's goal is to increase enrollment num-

is striving to achieve for

Reflecting on the year

2022.

UND is striving to attract support for the University by actively engaging alumni and donors. The goal is to increase alumni contribution participation to 10% and achieve targeted fundraising goals set for each Dean, VP and President by 2022, which in turn will raise more awareness for UND and in hopes re-

cruit more students.

bers by 10%, by increasing

growth in online and

graduate programs by

"In Admissions, a large part of our recruitment plan involves traveling. We have admissions reps in various territories that travel to local high schools/colleges, college fairs, and other events to promote UND and do some outreach," an Admissions Rep for incoming Freshmen in Eastern ND, Chad O'Shea said. "Every Fall I travel to all of the high schools that I can in that area to visit with potential UND students. Outside of traveling, it's a constant wave of communication with these students to encourage them to apply, make sure we have everything we need for their applica-

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OPINION Dear Freshman

Presley Paintner Dakota Student

Dear Freshman,

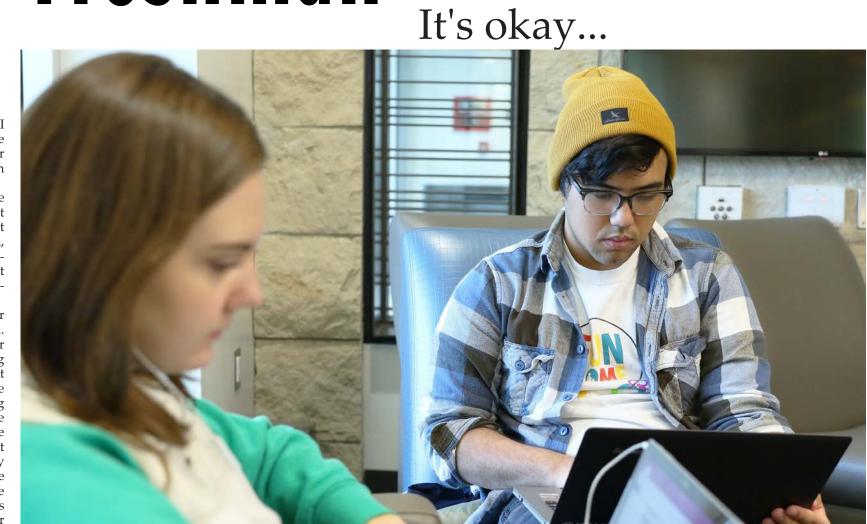
Here are some things I wish I would have done and known my first year at the University of North

Enjoy the dorm life, use the wellness, go support the athletic teams, be a part of a student organization, get to know your professors and the toughest part of freshman year is deciding on your major.

Don't go back to your hometown every weekend. See what UND has to offer other than classes during the week. You will meet some of the best people in your hall. When living in the dorm, try and leave your door open so people can come talk to you. Trust your resident advisor, they are there for you and are looking out for you while living in the dorm. If things aren't working with your roommate talk to them and see if you can figure out a solution for the problems going on with each other. If talking about the problem doesn't go well or change things talk to your RA and try to get a room switch. Trying to just get through a bad roommate situation on your own could ruin your experience of the dorms and isn't good for your

I wish I would have used the wellness center more during my freshman year at UND. The wellness offers so much more than just a place to work out. Get a team together and play intramurals once a week. Try out that group exercise

mental health.



It's gonna be okay!

class that you have never done before. Climb that rock wall. You could learn how to cook healthy meals at the culinary corner. They have so much to offer for UND students, go check it all out!

Go support the athletic teams and sign up for Nodak Nation! Once you are signed up, don't forget to take advantage of their promotions and giveaways. They often have free food for students at games too. Who doesn't love free things, especially food? You may have classes with the players or they might live on your floor or in your hall. Attending games is another way to socialize with your peers. They put in a lot of work to be where they are and love to see their peers in the stands.

One thing I did not do until my last year of college was join a student organization. I wish I would have joined earlier because I found what I liked and what I didn't like about what I wanted to do after college. Also, it looks good on a resume. The socializing and networking part will help you and it's something to do. Joining a student organization doesn't have to involve what you want to have a career in, you can join a club that is about something you believe in.

Another thing I did not do until later in my college career was getting to know my professors. Yes, right now you are in classes of over 100 plus students. Professors do understand things happen and will help you out if you talk to them and give them a heads up. They will also help you with what classes would work best for what you want to major in. But

get in the habit of doing it now because when you need that letter of recommendation, your professors will know who you

Lastly, during my freshman year, I switched my major five times. When you switch your major, you may feel that people or your family are looking down on you but it's okay. It's okay to realize that you don't like what you thought you should major in. Even if changing your major sets you back a semester or two, you are moving forward with your career choice and it is exactly where you need to be. What you decide to major in is a big part of your life. Major in what makes you

Photo courtesy of Unsplash

happy. Overall freshman get involved on campus and pick a major that makes you

Presley Paintner is the Opinion Writer for Dakota Student. He can be reached at presley.j.paintner@und.edu

Soft smiles make the world go round

Megan Vogt

Dakota Student

Minnesota Nice is very much alive and vibrant. We Minnesotans come from backgrounds of knowing that hard work does indeed pay

off. For years growing up, we would often times find ways to work hard to gain some sort of reward. If there was not a reward, then we were working hard because our moms were getting after us because

we had not been helping out around the house enough. Those constant reminders of chores and duties around the house caused us to be some of the most well-known people in the country for their kindness, besides

southern hospitality.

This past weekend I spent time with approximately 700 women from organizations across the country. I was in a small group with women from Texas, Florida, North Carolina, California, and

Vermont. We spent time discussing leadership and challenges we have faced as leaders of our organizations, I learned so much from them.

I learned the Texas ways of being stubborn with tough love, I learned the easy-going mindset of Floridians, but I also learned that those from Arizona and California are tough to be around. They don't give you a polite smile when you walk by. They definitely do not engage in conversations if it doesn't apply to them. They are shocked by the lack of true diversity up here. And what surprised me the most is they still had not heard of Caribou Coffee.

I was told by many that us UND women were some of the most go-with-the-flow ple they had met. This shocked me since for the most part, I think us Midwesterners come up with a plan and we stick to it almost to the exact second. When I was told that I had "radiating vibes" I instantly thought of Minnesota

Being in Indianapolis with women from across the country really did show those around us what it is like to only have 12 women representing North Dakota/ Minnesota. Honestly, whenever I walked into a room, it was all eyes, no smile and one big judgmental stare. It was not fun. However, if we would have had more Minnesotans/North Dakotans present. It would full of soft smiles and back to scrolling through

Tik Tok. It was in these moments that I really do love the charm of being surrounded by those raised by similar values and work ethic. Although it was only a weekend trip, I learned to love joys of noticing a neighbors car driving around the corner and doing the friendly wave. The joys of stopping mid-grocery shop in the seasoning aisle because you see someone you graduated with and you catch up. I do know for sure that I truly missed the aspects the soft smiles as you pass a stranger.

There is something about just walking around and seeing a soft smile. It could be at the mall when you're shopping with friends, at a coffee shop when you are so intently focusing on your chemistry homework or it could be a simple smile as you walk to your car. The fact that a simple smile can make or break a persons day shows that Minnesota



Photo courtesy of pixabay

for Dakota Student. She can be reached at megan.vogt@und.edu

Minnesota welcomes you with open arms!

Megan Vogt is the Opinions Editor-

Abortion

Madison Feltman Dakota Student

Some may know January 22 as the day Roe V. Wade was passed in the United States allowing women the freedom to choose whether or not to have an abortion, but as of last week, January 22 has a new name. On Tuesday President Donald Trump declared January 22 as National Sanctity of Human Life Day, as a way to bring to the effects of abortion and the toll it has taken on our country.

"Every person — the born and unborn, the poor, the downcast, the disabled, the infirm, and the elderly — has inherent value. Although each journey is different, no life is without worth or is inconsequential; the rights of all people must be defended," President Donald Trump said in a statement. "As a Nation, we must remain steadfastly dedicated to the profound truth that all life is a gift from God, who endows every person with immeasurable worth and potential."

Abortion has been widely practiced around the United States for many years and since its legalization in 1973 over 56 million abortions and counting have been performed in the United States. That all comes down to around 3,000 abortions a day. That is 3,000 babies that do not get the chance at life; that is 3,000 toddlers that do not get to learn how to walk; that is 3,000 children that do not get to learn how to sing the ABC's; that is 3,000 teen-

Be a voice for the voiceless



Photo courtesy of Unsplash

January 22nd is now National Sanctity of Human Life Day.

agers that do not get to pick out their first car; 3,000 adults who do not get to have a family.

As a proud member of the pro-life community, I find that it is a part of my duty to provide a voice for these 56 million individuals that have lost their lives. People tend to argue that before the second trimester or prior to hearing a heartbeat the fetus is merely a cluster of cells but scientific proof shows otherwise. The seven signs of life are classified as homeostasis, organization,

metabolism, growth, adaption, growth, response to stimuli, and reproduction. Now from conception on, the fetus is continually growing in the mother's womb and is able to present characteristics of homeostasis as it maintains a constant temperature in the womb through the placental membrane. The fetus is also organized once the egg and sperm unite to create a zygote at conception. The fetus just days after conception is also capable of maintaining a metabolism with

its maternal organism. I have already presented you with over half of the human signs of life that a fetus shows and it does not stop there. Studies have shown that a fetus is able to adapt to its environment by enabling the fetuses memory to music which also proves that the fetus is capable of responding to stimuli. Last but not least the fetus is not currently capable of reproducing but just like a three year old does not have the characteristic to reproduce, it someday will, showing that the fetus will some- I will continue to argue day too reproduce.

I choose to stand behind the option of adoption which allows the mother to safely give her child to a family who with their loving arms wide open will care and provide for the child, if the mother cannot. Going along with the long list of why some women choose to terminate their pregnancies I will continue to be a voice for the voiceless children as I fight to protect their life. After many argue extenuating circumstances

that despite the mothers pain the child is the one who will suffer as they are silenced and killed because no one asked them if the wanted to choose life. I am a voice for the voiceless and will fight as a part of the prolife movement, will you?

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Impeachment

Mason Dunleavy

Dakota Student

I've tried to stay away from this impeachment charade since my last article, but it continues to call my name. However, I'm not going to discuss a specific argument relevant to the impeachment. I don't think anyone needs more people telling them which side is right, so I'm going to point out the faults of this impeachment coverage through the eyes of a student journalist and why I think people do not care.

To start off, mainstream media (MSM) has ruined their reputation. Between Snapchat and

Twitter, there's nothing but propaganda from both sides through minute-long clips. No one can learn what's happening with an impeachment through a minutelong clip on Snapchat. MSM tarnished the oncerespected title 'journalist' through dishonesty and blatant biases.

Fox describes CNN, MSNBC, etc. as Fake News Media. CNN and the others describe Fox as a right-wing propaganda machine. When did people stop showing respect for other viewpoints? No wonder people can't have a civil discussion. Both sides say they champion facts but it's a who can yell the loudest battle. Also, why



President Trump is the 3rd US President to be impeached.



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are two radically different sides emerging from a single event? Half say President Trump is innocent of any crime worthy of impeachment, the other half say he committed multiple crimes worthy

of impeachment. Days ago, the Chairman of the House Judiciary Committee, Jerry Nadler (D-NY), said President Trump is a dictator. That is not the first time I have heard someone call Trump a dictator, some even compare him to Hitler. I have not experienced a dictatorship, but it's safe to say that if Trump was a dictator these people would not be in public view after saying those comments. Good Jerry is a strong champion of this impeachment, so it makes you wonder how credible he is when he makes such accusations

so freely.

impeachment process? Probably not. This impeachment process feels like a sitcom. Remember when the government took their jobs seriously? Everything is dramatized for political wooing and people eat it up. I can't tell which side is winning because both claim they have the facts. These people are earning ridiculous salaries and benefits, but they're arguing like children. Am I the only one that wants to see the receipt of the impeachment? Why are we paying these goons our hard-earned money when nothing beneficial

the live streams of the

ever happens? So, what side is winning? I think we are all losers. The public has a birds-eye view of the embarrassment unfolding by the minute. It is hard to be respected as a country when we are at

Have you tuned into war with each other. The

amount of time and resources wasted throughout this presidency with impeachment inquiries and partisan division makes me anxious for

our future. People say the world will end because of climate change, others are worried about tensions with Iran and other countries. A coronavirus is spreading like wildfire throughout China, while Australia lost hundreds of thousands of wildlife to a raging wildfire. And yet, we have to deal with this never-ending impeachment process.

Mason Dunleavy is the News Editor for Dakota Student. He can be reached at mason.dunleavy@und.edu

ARTS — COMMUNITY

Snowy Activities

Frost Fire Park and Ski Resort; the perfect getaway

Olga Kopp Dakota Student

Although the winter break is over, the winter season has just begun, and it is important to enjoy this season as much as we can.

Fortunately, we know how to make this season more enjoyable: go to the

Not many of you know that North Dakota has the Frost Fire Park and Ski Resort in Walhalla, about a two-hour drive from Grand Forks. People travel to Frost Fire Park and Ski Resort from different states. They enjoy the natural beauty of this wonderful resort which spread out along the Pembina River, just along the breathtaking panorama of Pembina River Gorge. Since this resort location is closer to Canadian border, many people from Canada come to enjoy the view and winter activities.

A couple from Winnipeg, Jeff and Chantelle Reznik shared their experience with the resort.

"We used to live in Calgary, so I have never been snowboarding before then. It is almost like seven years ago now. Since we were back to Winnipeg, not much snowboarding has been going on. It is pretty flat, so it is nice to get out to places like this," Jeff Resnik said. "Ski resorts that are nearby Winnipeg are smaller than Frost Fire ski resort. We'd rather take a drive and come here to enjoy awesome view and higher mountains. It is great here: snow is great, new chairlift is great. We are having lots of fun."

Chantell Reznik had visited Frost Fire Park before and although she doesn't remember a ton, she does recognize that there have been changes, and they were for the bet-

"I have been here ten years ago. I do not remember the details, but I can see the difference. Frost Fire did a great job on their updates. They used to have cold chairlifts without any foam seats. Now is way better. It is nice when you do not have to worry about freezing seats anymore," Chantell Reznik said.

Although Chantell Reznik had visited in the past, it was Jeff Reznik's first time at the resort. "This is my first time

here and I like it here. There are many beautiful trails with trees, and the landscape is beautiful overall. We are planning to come back here every other weekend to snowboard and just hangout with friends. An hour and a half driving is pretty much nothing when we

Child skiing down a slope

know that it will worth our time." Jeff Reznik said.

Pembi-Today, the na Gorge Foundation is a 501c3 nonprofit corporation that owns and operates Frost Fire Park. However, in the past, a local couple Richard and Judith Johnson were the owners of Frost Fire Park.

Richard dith Johnson purchased the property previously known as "Frost Fire Ski Area & Amphitheater" in 1976. They opened skiing the day after Christmas and added in the annual summer theatre musical in 1985. For over 40 years, Dick and Judith provided outdoor recreation fun for thousands of people over many years. In March of 2016, Richard passed away. Judith worked to keep Frost Fire going and formed a partnership with North Dakota Parks & Recreation. Meanwhile, a small group of people gathered to assist in finding a solution that would ensure Frost Fire activities and access to the Pembina Gorge recreation and hospitality would continue. This group formed the Pembina Gorge Foundation. The IRS granted 501c3 status (nonprofit) in January 2017. The mission of the Pembina Gorge Foundation is to preserve and enhance the experience of the Pembina Gorge while connecting people to positive, life changing experiences. The Foundation develops and supports historical, cultural, education, natural, interpretive and recreational opportunities in the Gorge, according to frostfirepark.org website.

Currently Natalie Gebur is a general manager of Frost Fire Park and Ski Resort. She has been working at Frost Fire Park and Ski Resort for ten months. She oversees the entire operation: skiing, restaurants, mountain biking in the summer, theater, and amphitheater.

"I enjoy working here. We are trying to make sure that people have a great time skiing and relaxing. Next year we are planning to update our snow making capacity to see if we can redo the lines on the hills. It would be nice to get new pumps so we can make more snow on the hills," Gebur said. "We also would like to update our lights, so hopefully we can be open longer throughout the day."

Frost Fire Park and Ski Resort has wonderful workers who takes care of ski gear, ski trails, chairlift, warming house, restaurant, and people's safety. There are around 12 workers in the winter season. It took them a month and a



Olga Kopp/Dakota Student

Picture on the chairlift at Frost Fire. for this winter season, and

they did a terrific job. It is definitely not easy to prepare for the season. Sometimes, there can be difficulties during the preparation.

"This year, the weather was an issue when we were making snow. We had some warm spells when we could not make snow for 14 days in a row. We had some mechanical malfunctions, but overall, we are glad that it turned out to be a nice place for people to enjoy their spare time," Gebur said. "It is nice seeing it back open because it has not been open for three years. It is nice seeing all those people who used to come here, coming back, and they are loving it, enjoying it. You hear all stories: 'I used to ski here 20 years ago,' or 'I used to bring my kids here,' or 'I learned how to ski here.' It is just so much fun seeing everyone coming back. We also have a huge Canadian crowd coming here every weekend. So, I am glad that people enjoy our ski

Steven Ouellette is a

hospitality manager at Frost Fire Park and Ski Resort. He is the one who is planning events for a bar, ski season, and summer comfortable seats that can theater. He is also assist a general manager by planning the schedule for winter and summer seasons, making rapports, planning weddings, and managing social media advertisement for the resort.

"I enjoy working here. There are many great volunteers and medical staff who are working here, and I enjoy working with all of them," Ouellette said. "I like getting to visit with everyone, and getting to meet different people from all over the place, and hearing their stories about when they used to come here 10-15 years ago when this place was open to what it is now; how they grew up here and how it changed their lives. This is my favourite thing about this

Frost Fire Park and Ski Resort is offering a variety of winter activities during the winter season. Many people from different generations are coming here to ski, snowboard, hike, and just have a good time at the

If you have never skied or snowboarded before, it is time for you to start! Frost Fire Park and Ski Resort has a beginner ski and snowboard hill, or "bunny hill." A magic carpet will lift you up on the hill so you will not have to worry about crawling all the way up. It is a safe and easy place for beginner skiers and snowboarders to learn. If you would like to learn how to ski or snowboard, you can take classes with an instructor: \$25 per 1 hour of training. Good news for active families - group lesson program

coming soon! You will definitely en-

joy spending time at the resort if you like to ski and snowboard. There is a brand new ski lift with lift you all the way up to the biggest hill in Walhalla, where you can choose your favorite trail to ski/snowboard on. You can breathe fresh air and observe beautiful

> resist taking a picture. It is not prohibited, so take as many pictures as you want! Currently, there are seven runs open include: Appleton Meadow, Chicory, Prairie Smoke, Lions Tooth Terrain Park, Yarrow, Spiderwort, Oxeye, and Harebell beginner magic carpet hill. Some trails are wide and open, others are narrow and steep with a trees on each side.

hills covered with snow

while riding the ski lift all

the way up. The panora-

ma of nature are incredi-

ble; you will not be able to

Frost Fire has a brand new gear at their ski rental shop. There are wonderful workers who can help you to get your ski/shoes size and the entire gear figure out. They provide a nice service to their visitors. If you have your own gear, you can bring it with and you will just have to pay for the lift ticket.

Every weekend, more and more people are coming to enjoy winter activities at Frost Fire.

"This weekend is beautiful weather for skiing. Usually, when the weather is nice like this, we have over 200 people each day," Gebur said.

There is something for everyone at Frost Fire Park and Ski Resort. You can take a break and relax inside the lodge enjoying a hot coco by a warm fireplace. You can watch skiers and snowboarders out the window while warming up. If you are not into skiing or snowboarding, you can hangout inside and play board games, or read a book.

Frost Fire Park and Ski Resort also has Howatt Hangar Grill and Lounge restaurant, a small cafeteria, and a bar where you can eat delicious food, and drink yummy beverages; plus you can eat free pop-

On Saturdays, you can enjoy live music played by different musicians.

"Come check us out. Come try our hill. Come, come, come. You will enjoy it," Gebur said.

Come and enjoy a wonderful weekend with your family and friends at Frost Fire Park and Ski Resort. You will not forget this incredible adventure!

Frost Fire Park and Ski Resort is located on 11950 County 55, Walhalla, North

Opening hours: Fridays, Saturdays, and Sundays: 9 am - 4.30 pm. February 17th (President's day): 9 am - 4.30 pm. March 7th-15th (Spring break): 9 am - 4.30 pm. Last Day March 23rd: 9 am - 4.30 pm.

You can join Frost Fire team by working or volunteering. Now, they are hiring EMTs, lift attendants, and outdoor workers who can groom trails and make sure that the ski resort is nice and safe for people to enjoy their time at the ski resort. Everyone is welcome to apply for any position.

You can find more information about Frost Fire Park and Ski resort at www. frostfirepark.org, Facebook page: frost fire park, Instagram: @frostfirepark, or

you can call 701-549-3600. Olga Kopp is an A&C writer for Dakota Student. She can be reached at

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Photo Courtesy of Pixaby

Travis' Corner:

Is it Worth A Watch?

A guide to Foreign films that are a must see!

Travis Anderson Dakota Student

It's a new year and that means my favorite season has arrived, Awards Season! Early this January, the 77th Annual Golden Globe Awards were held and normally acceptance speeches don't catch my eye. This was not the case this year. Parasite won Best Foreign Language Film and director Bong Joon Ho accepted this award.

"Once you overcome the 1-inch-tall barrier of subtitles," Joon Ho, director, said, through a translator. "You will be introduced to many more amazing films."

This got me thinking about my favorite foreign language films.

First is a film that was nominated alongside Parasite at the Golden Globes for Best Foreign Language Film, The Farewell. This film is in Mandarin and won Awkwafina the Golden Globe for Best Actress in a Comedy or Musical. The Farewell is a dramedy about a family dealing with a family member's cancer diagnosis. Awkwafina's performance brings needed levity to this film and is very effective in the dramatic moments. With subject matter as heavy as cancer, The Farewell



Photo courtesy of Wikimedia

Bong Joon Ho won a Golden Globe for Best Foreign Film.

knows how to utilize comedy to lighten the tone of

\$30 Lift Tickets

10am-8pm

\$45 Lift

\$16 Tubing

(2 hour session)

MONDAY

Friday Night Under the Lights, 4pm-8pm

\$17 Lift Tickets

\$14 Ski Rentals

\$22 Snowboard

Rentals

BUERA VISTA (SHEA

CHINDAY

Amélie is a French romantic comedy that was nominated for Best Foreign Language Film at the 2002 Academy Awards. In Amélie a young Parisian girl tries to make the world a better place and find love. This film has a very distinct aesthetic with its dream-like cinematography and whimsical color palette. The title character is surrounded by a cast of lovably quirky supporting characters. Amélie has a strong sense that these characters have existed in this world long before the story started and will continue to exist after

the movie ends. Fans of fantasy would likely enjoy Pan's Labyrinth, a Spanish film from director Guillermo del Toro. In Pan's Labyrinth a young girl in Spain during World War II is drawn into a magical world filled with magical creatures and monsters. The special effects in this film are impeccable. If you have seen a del Toro film, such as the Oscar winning The Shape of Water or Scary Stories to Tell in the Dark, he knows how to make a good monster. Pan's Labyrinth is a great place to start when watching foreign films because it is fast paced compared to the other films on this list.

Force Majeure finds comedy in a family skiing trip gone wrong. This film is a master class in awkward and cringe worthy comedy, and somehow it works. The comedy in Force Majeure is found in the mundane, family dynamics and awkward silence. Masculinity is also a large topic in this film, so Force Majeure is more than your average comedy. This film is also set to get an American adaptation starring Will Ferrell in early 2020.

Finally, without doubt the most interesting film I have ever seen, A Pigeon Sat on a Branch The Swedish film, Reflecting on Existence.

The story in this Swedish film is told mostly in tableaux and has a loose central plot, but is mostly a compilation of unrelated scenes. Everything from the directing, acting, costume design and make-up in this film break expecta-

So if you're looking to take Bong Joon Ho's advice and watch some foreign films, maybe start with this list.

Travis Anderson is an A&C Writer for Dakota Student. He can be reached at travis.anderson@und.edu

CATHRDAY

February 2020

SUNDAY	WIUNDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAIUKDAY
						Coffee and Crafts @ 9:30 am at The Ember
2	3	Spring Career Expo @ 12 pm at The Alerus Center	Stars Wars Trivia @ 8 pm at Brick and Barely	6	7	Art Crawl: World Tour @ 1 pm at Columbia Mall
9	Valentine Card- making Class @ 6:30 pm at Half Brothers Brewery	Coffee with Graduate School @ 10 am at Archives Coffee House	12	Love/Sick @ 7:30 at Firehall Theater	14 HAPPY VALEN- TINE'S DAY!	2020 Frozen Feet 5k/10k @ 9 am at Central High School
16	17	Ely's Ivy - Dine to Donate @ 11 am at Ely's Ivy	19	Adult Metalsmithing Workshop @ 6 pm at North Dakota Museum of Art	21 2020 Grand Forks State of the City @ 11:30 am at The Chamber	KISS @ 7:30 at The Alerus Center
WBB vs North Dakota State @ 2 pm	24	Career Conversations @ 10 am at The Chamber	26	27	28 MHKY vs Western Michigan @ 7:37 at the Ralph	29

Home Sweet Home For UND Basketball

Back-to-back wins at home end losing streak

James DeArman Dakota Student

For the University of North Dakota Men's basketball team there is no place like home. After a rough stretch of four straight loses, three of which coming away, the Fighting Hawks returned to the friendly confines of the Betty Engelstad Sioux Center for matchups with the bottom half of the Summit League. With wins against the University of Denver and Western Illinois, the Hawks showed that home is where the

In Thursday night's contest the Pioneers of the University of Denver traveled to Grand Forks to face an ailing UND desperate to end a four-game losing streak and keep pace in the Summit league. The Hawks first win since the start of the new year was lead by a career night from Kienan Walter. The senior from Vancouver, Wash. was feeling it from deep as he uncorked 12 threepointers, hitting the mark on six of them. Combined with his perfect shooting from the line left him with 25 points on the night, a career high.

UND leading scorer and workhorse, Marlon Stewart, had yet another great performance putting up 19 points as well as seven rebounds and seven assists. Hats came off for the

senior who became just the ment owned weapons ar-38th player in school history to score a career 1000 points.

The first half ended just the way coach Paul Sather would have drawn it up. The opposing Pioneers were just able to put up 22 points by the half time break and committed 11 turnovers to give the Hawks a 33-22 lead.

The second half was not as kind as the first. Denver came out shooting hot and stormed back to take a four-point lead after a 21-9 run where they shot 56 percent from the field. They were lead by their senior guard Ade Murkey who scored a season-high 29 points along with five rebounds.

The Hawks were saved this night by their long game as there were able to overcome a 36 percent shooting percentage from the floor by hitting 10 treys on the night and shooting an outstanding 28-30 from the charity stripe. An offensive barrage midway through the second half was enough to crawl back to the win 78-71. This broke their four-game losing streak and complete their season sweep of Denver.

On Saturday night's win against Western Illinois, Marlon Stewart took center stage yet again. The senior lived up to his hometown's history, Rock Island, Ill., home of the country's largest governsenal. Stewart brought out the cannons to put home 23 points and pull down the double-double with 10 rebounds. UND has found if you need a scoring outbreak look to the man from

Stewart wasn't the only 20 point scorer on the night as Center Philip Rebraca finished with 22 points on the night. In all, the Hawks had four players above 15 points in this balanced attack. Where the game was won was from the free throw line. UND continued their excellent shooting from the line and hit 26 of their 33 attempts as Western Illinois hit nine of only 10 attempted free throws on the night. Opening up the second half with a 13-0 run, the Hawks free throw shooting and disciplined basketball carried them to the 83-77 win.

After a winning week the Hawks move to 10-12 and 4-4 in conference play and 6-1 at home. The momentum from these wins will hopefully carry with them in their next two games against the two teams that sandwich them in the standings. UND will be back home on February 6 against Oral Roberts.

James DeArman is a sports writer for Dakota Student. He can be reached at james.dearman@und.edu



Filip Rebraca handles the ball for UND on Thursday night at home.

Caitlin Collins/Dakota Student

Eight Games Remaining in Conference Play

Boasting a better record than this time last year, the team goes into last eight games of season



well either."

Madison Overby Dakota Student

The University of North Dakota women's basketball team is just seven games into conference play and are sitting at fifth in the Summit League. They took on Denver here at the Betty Engelstad Sioux Center on Friday night and came up just short, falling to Denver 81-91. This loss boosted Denver in the Summit League rankings and they are now tied for fifth with the Fighting Hawks.

All you can ask for out of a conference loss is a couple key takeaways to get better for the next game. And on Friday, the Fighting Hawks got just that.

The two main things Head Coach Travis Brewster spoke to were the amount of fouls and boxing out the opposing of-

"Our defense let down and we didn't box out the shooters. Those are correctable errors," Brewster said. "We just have to keep our feet moving. We have to get back to basics and be fundamentally sound on defense."

Sophomore forward Jaclyn Jarot had a big game for UND with 18 points, but she agreed with Brewster that the team is going to have to come together on defense as well as offense in order to pull off wins in these conference games.

"We just stopped moving the ball," Jarot said. "Offense wasn't moving, and defense wasn't doing

Jarot has become a key player for the Fighting

Hawks. In the absence of

standout forward Lexi Kla-schedule before the Sumbo this year, adjustments mit League Conference have had to be made with- Tournament in Sioux Falls in the lineup and how the team plays the game. Last year, Klabo averaged 18.1 points per game for the

Hawks. "I've been playing a lot of post now," Jarot said. "We have people playing a ton of different positions. We have to learn how to move our feet and play more physical on the post without (Klabo)."

Jarot has more than stepped up in Klabo's absence. Last year, Jarot played in 29 games and ended the season with a total of 71 points. This season, with 20 games in so far, she has 189 points. Jarot is the second leading scorer on the team and is becoming someone that the Fighting Hawks rely on consistently to show up and carry a lot

of the weight. The points leader this season so far is no surprise, as she was a pivotal piece of the UND offense last year as well, senior Julia Fleecs. On Friday night, Fleecs carried the team with 21 points which included three three-pointers. Even with some uneven losses in the books, Fleecs is currently averaging 11.8 points per game.

Despite what the numbers show, Fleecs was not impressed with her own performance against Den-

"I just need to be smarter," Fleecs said. "There were a couple quick (fouls) that I didn't need to get and

that is on me. Can't blame anyone for that. It was frustrating." UND has eight con-

ference games still on the

which takes place from

March 7-10. Last year, South Dakota State went 15-1 during the year to win the regular season and followed up with a Summit League Conference championship. The University of South Dakota finished up the tournament as the runner-up, which matched their seed from

the regular season as well. UND came in with the sixth seed and upset No. 3 Denver 80-67 in the first round of play to make it into the semifinals. This rally was not enough to carry them to the final, as they were taken down by No. 2 South Dakota 84-61.

The next game on the schedule for the Fighting Hawks will take place on Saturday, Feb. 1 in Fort Wayne, Ind. against Purdue Fort Wayne who is currently 0-6 in conference play. After that, UND will return home to take on Oral Roberts in another Summit League matchup on Friday, Feb. 7 at the Betty Engelstad Sioux Center.

Madison Overby is the sports editor for Dakota Student. She can be reached at madison.overby@und.edu

Caitlin Collins/Dakota Student Megan Zander goes up for a shot on Friday night at the Betty against Denver.

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TOP 50 Best Workplaces of the Year

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