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Nick Nelson / Dakota Student

Sgt. Danny Weigel patrols University Avenue during his shift Saturday night.

Cameron Cloyd
Dakota Student

It’s 7 o’clock on a Saturday night. While everyone is primping for coming parties, fraternity events and general ridiculousness, Sergeant Daniel Weigel is getting ready for the night patrol. Going into it, there is limitless possibility. Every night has something different to bring. “Last night was pretty quiet because of the rain, but I bet it’ll be a little busier tonight,” Weigel said. Since Weigel has seniority, he oversees other officers and gets to patrol during a quieter time. The other officers run around the city, responding to most of the calls. If they need help, he comes in to assist them. In our brief time with Weigel, from about 8 p.m. to 11:30 p.m., there were only six incidents that he responded to in some capacity. It was quiet time for us, but there was plenty of time to hear his side of things. There is a certain peace that comes with cruising around Grand Forks at night. A night patrol starts off at the police station, where all the guys gather around to receive their briefing. They discuss any events that might be going on that night and any problems from the day shift. They talk about continuous problems and anything they need to work on from last week. Most of the challenge in police work is the flow of information. Each officer then gets their squad car ready. They need all their equipment; it’s important to make sure the car has enough gas, and of course, the sirens need to be in working order. There are two or three officers assigned to a car, so the level of preparation can be different each night. At the beginning of the patrol, Weigel drives out onto University Avenue. He looks around the street,

glancing at the sidewalks and watching the cars in front and passing by. Occasionally he runs the registration of a car in front of him, making sure people are keeping up to date. “I like to patrol around, obviously hitting campus,” Weigel said. “Sometimes we’ll get out of the car and do some walking patrol when it’s nice outside. Often, we will go inside some of the aviation and the athletic buildings to make sure no one is messing around inside. Don’t want all that expensive research stuff broken!” Most of the night is spent driving up and down University Avenue. We patrol the side streets that lead to the Ralph Engelstad Arena, the road behind the engineering buildings and the big quad. Weigel has been working here since 2011, after working for Walsh County, North Dakota. He grew up in Grand Forks, which is what brought him back. “Well, we don’t do it for the money,” Weigel said. “I do it because I can have an impact on someone. When I worked for the county, I interacted with people set in their ways. But the students on a college campus, most of them are just trying to have a good time. When I pull them over or fine them, I can send them on the right path.” Sometimes, Weigel said, they will just get out and talk to people. He’ll chat with some students, ask them how they’re doing. One time he caught someone playing Pokémon Go, sitting outside of Gamble in their car. He asked the guy if he had caught anything good. “I didn’t know what the hell he was talking about,” Weigel said, laughing. Many times, the officers can be seen chatting with people having a bonfire. They’ll even come in for some lunch at Wilkerson, sit with



Nick Nelson / Dakota Student

Sgt. Danny Weigel checks the equipment in his patrol vehicle prior to his shift Saturday evening.

students and have a good time. “Our ultimate goal is for everyone to be able to come up and say, ‘Hey, Danny, how’s it going?’ We want to be your resource. We want you to be able to talk to us.” We allowed some time for some shout outs, if he chose to give some. “Follow us on social media! But seriously, that’s a huge part of how we communicate with the community. It’s a fun way to show how our job is just as human as any other.” Another way that UPD stays connected with the campus community is through an app called “Circle of 6.” In it, users can select six friends that are emergency contacts. If a student feels uncomfortable, they can turn the app on. UPD can then see where they are. Whenever danger is felt, they can press a button to call either their friends or the police to their location. “Circle of 6 is great because it gets us that necessary information. We want to make everyone feel safe. Many students, especially young women, can get nervous. We need to know where they are so we can keep them safe.”

Later, we drive out to the Ralph Engelstad Arena where he explains that they will sometimes check the doors to make sure they’re locked. They will do the same to many local businesses too. Part of it is security; part of it is getting out of the car to stretch his legs. At one point, we drove to the airport. It’s just another place that needs to be surveyed. While most places like this don’t have trouble going on, it is a part of due diligence. Sometimes things can get a bit scary. Weigel explained that the opioid issues lately and in the past are concerning. People throw away their lives on those kinds of substances, and that is often where the danger comes for the UPD. “Substance abuse, be it alcohol or other drugs, is when our job can get scary. People do insane things to get drugs, and then even crazier things when they’re on them.” Car crashes can be grim, and events like the active shooter at Walmart will never leave Weigel. How could they? But he sticks with the job. “I got offered a job at the Sher-



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iff’s office. But I turned them down,” Weigel said. “I love working with college students.” Even though his shift ends at 7 a.m. the next day, it is still worth it. He enjoys patrol overall. He manages a busy life between patrol and his other work on the city council, representing Ward 1. He also has a four-year-old son and a wife at home. He doesn’t work every day, so he gets time for his family too. “After my night patrol is over, I’ll come home and get my son ready for school. I get my time with him, then I send him off. I sleep while he’s at school. Then I spend my evenings with family. I am very fortunate and I enjoy what I do.”



Fixation on weight loss often negatively affects confidence and self-image of women. Pixabay

Jill Morton
Dakota Student

Every little girl grows up watching Disney movies and seeing the beautiful princesses in their gorgeous dresses. And then every girl starts dressing up and wanting to be beautiful just like their favorite princess. These are just some of the early messages that young girls see about how important physical appearance seems to be in our lives. Body image issues affect almost everyone, especially women in high school and college. Some of my really skinny friends think they're fat and they watch their weight religiously. This was a lot worse for one friend in particular when she was in high school. But as she's grown up, she realized that she's actually quite fit and in

good shape. She doesn't worry as much anymore. But that's not the case for everyone. Once a person is fixated on their weight or any part of their body image, they usually

these is better or worse. But it's incredibly unfortunate because I know girls who have the whole "hourglass" thing going on who wish they were more straight up

me sad to think about. How many of my own friends think about their weight or their looks on a daily basis? That passing comment of 'ugh, I'm fat' but played off with a

"If anyone ever told me I wasn't pretty enough for something, I'd smack them across the face. "

Jill Morton, Opinion Writer

just get more and more obsessed with it. They don't necessarily snap out of it once they grow up, like my friend did. Sometimes, people don't realize they can't change their actual body type. 70 percent of women of average weight want to be thinner, according to the Park Nicollet Melrose Center. Some women happen to be curvier than other women who are just straight up and down. Neither of

and down. But then those skinny girls wish they had bigger hips. So it seems to be a lose-lose situation. Women never seem to be happy with what they have. More than 90 percent of girls ages 15 to 17-years-old want to change at least one aspect of their physical appearance, with body weight ranking the highest according to statistic-brain.com. This is way too high. It truly makes

laugh. How much does she truly worry that she is overweight even though she eats very healthy? I could barely believe this next stat when I found it. 40 percent of women stated they would consider cosmetic surgery in the future according to the same site mentioned earlier. These shouldn't be the things girls are stressing about. I blame the media for these issues. Studies show that the more re-

ality television a young girl watches, the more likely she is to find appearance important according to dosomething.org. I was lucky that my parents didn't really let me watch reality TV as a child. I was also lucky that social media wasn't a huge thing until I was in high school, so I wasn't as impressionable as I would've been if I were younger. But I was still told from a young age what "beauty" is. It's a tall, blonde girl with perfect skin. If you can't match that, you're not pretty enough for this society. It even starts with kids' toys, like the beloved Barbie. Girls can't possibly look like a Barbie. It wouldn't even look good because they're so unhealthily skinny. All in all, I think that there's way too much of an emphasis placed on looks. How you look doesn't really matter at all compared to how smart you are, how much effort you put into something or what your attitude is like. Individuals can control these aspects of their lives, but they can't control what they look like, so it seems rather unfair to judge someone for what they cannot control. If anyone ever told me I wasn't pretty enough for something, I'd smack them across the face. But if someone told me I was too negative, I'd try and fix my attitude because I can control that, unlike my looks. Girls shouldn't be taught to analyze and dissect every little thing that isn't "perfect," they should learn to love their bodies how they were made.

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Mobile Farmer's Market

Devon Abler
Dakota Student

There was an unusual sight on campus last Thursday in the quad outside of the Chester Fritz Library. The smell of kettle corn wafted through the air and lines of students wove in and out of a trolley that was parked on the lawn. The Mobile Farmer's Market visited the university campus for the first time. They have visited several public locations across the town of Grand Forks as a way to make fresh produce readily available to its citizens.

Student Government invited the Mobile Farmers Market to the University of North Dakota campus. Student Government wanted to provide students with a way to have fresh produce accessible to them without having to leave campus. Traveling off campus is difficult for students who have no access to transportation. Being able to experience one of the highlights of the Grand Forks community without having to leave campus is a wonderful way for students who live out of state to enjoy some of the things Grand Forks has to offer. The farmer's market has been a great addition to the Grand Forks community. Local farm-



Kyle Zimmerman / Dakota Student

Sponsored by Student Senate, the Mobile Farmer's Market offered fresh fruits and vegetables to UND students on Thursday, September 14, 2017.

ers from North Dakota and Minnesota come together to sell fresh fruits, vegetables, locally sourced honey, homemade baked goods, jam, soap and lotions. The produce at the farmers market is cheaper than produce at the grocery store and is sourced locally. This means that all proceeds the farmers make from the market goes directly to them instead of to transportation companies, stores and other business areas. This allows them to continue to provide fresh produce for a low cost. Jennifer Allen is a junior elementary education major at UND. When asked about her experience at the farmer's market, Allen

said, "I heard about the event through student involvement through the emails that they send to students. Student Involvement was providing \$7 vouchers for students to use at the farmers market." Brooke Riendau, the head volunteer for the Greater Grand Forks Farmer's Market, provided some information about the mobile shop. It travels around the city every Tuesday and Thursday. Brooke wrote a grant to receive funding for the trolley and has been amazed at the response from community. "When (the farmers) heard about the trolley project, they were more than willing to provide produce and products

for us. We have even partnered with two vendors that travel with us. (...) During this first hour, we had a flood of students coming through." Riendau said. Being able to purchase locally grown produce has allowed students to connect with local businesses and has allowed

businesses to show support to them. This was an event that drew many students from across the campus and gave them a break from the daily grind of classes. Although the day was spoiled by clouds and chilly weather, students still found their way to the quad. If there are stu-

dents who are interested in the Saturday farmer's market, there will be another event downtown in the market square beginning at 10 a.m. and ending at 1 p.m.

Devon Abler is a staff writer for Dakota Student. She can be reached at devon.abler@und.edu

Classifieds

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The Sweet Demons take down Moorhead

Teamwork wins the day in women’s rugby



Nick Nelson / Dakota Student

UND’s Katie Krepp (front) scrambles after the ball during Saturday’s rugby match against Minnesota State University-Moorhead. The Sweet Demons notched a hard-fought 26-10 victory at Jaycee’s Park.

Madison Overby
Dakota Student

There was a steady mist coming down on Jaycee Park on Saturday morning as the University of North Dakota women’s rugby team, the Sweet Demons, prepared to take on Minnesota State University-Moorhead, MSUM.

Although the weather was not necessarily ideal, there was still a good turnout of fans for the rugby match, wrapped up in blankets and huddled together along the sidelines. The teams both had full rosters and a lot of energy coming into the game.

UND had 23 girls on the roster for Saturday’s game and ended up playing everyone. In rugby, substitution works differently than in soccer. A player can only be subbed out once, so the players on the sidelines normally only get in the game if another player is hurt or needs to be sent out. That being said, with about 10 minutes left in the game UND ran out of subs because eight players had already been subbed out. They ended up continuing play after a short timeout.

In the beginning of the first half, there wasn’t a standout team. Possession was split fairly evenly

between the two teams. After about 30 minutes, there was a clear momentum shift in the direction of UND. Total morale of the team picked up and the score reflected that directly.

“Katie’s play where she broke through a line of girls and kind of carried the whole team with her was really a turning point in the game for us,” Amy Schroeder said of Katie Krebb, vice president of the rugby club.

Krebb was a key player in Saturday’s 26-10 win for the Sweet Demons over MSUM. Although Krebb was very hesitant to take recognition for this and



Nick Nelson / Dakota Student

UND’s Brooke Johnson breaks away from the MSUM defense during Saturday’s rugby match. The Sweet Demons ended the match with a 26-10 victory.

instead credited the entire team.

“Rugby is a sport where there can always be turnover, it can always be anybody’s game,” Krebb said. “When we have good defense, which we started to get better during the second half of the game, that’s when we really started gaining momentum.”

The rugby team at UND has already played four games at the All Minnesota Rugby Tournament just last weekend. Saturday’s game being their fifth of the season, both Schroeder and Krebb agreed they saw a lot of improvement on the field already in both teamwork and the basics

of the game.

“We had better defense and we really attacked; we have improved,” Krebb said. “We definitely played a lot better as a team.”

One thing that was very clear on the field was the immense amount the team relied on each other for physical and emotional support. Even from the sidelines, communication between teammates was heard constantly, encouraging and directing one another. Although there were standout plays, there wasn’t one player who did everything on the field. This goes to show how big of an aspect teamwork is in the sport of rugby.

Schroeder and Krebb also wanted to make another shout out to anyone that is interested in rugby to contact one of them or come out to a practice. There’s still time to join and the team has a large group of rookies this year who are just learning to play, so there isn’t any pressure to know a lot about the sport coming in.

The next home game will be this coming Saturday, Sept. 23 against North Dakota State University at Jaycee Park.

Madison Overby is a staff writer for Dakota Student. She can be reached at madison.overby@und.edu

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